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ABSTRACT

This annotated directory of family-based service programs is an updated version of a similar, earlier publication prepared in 1982. The programs described are those that responded to a survey of 2,400 agencies drawn from the mailing list of the National Resource Center on Family-Based Services. The decision to include programs which were unfamiliar to the Center was based on information supplied in the survey form, and on supporting information. The directory is arranged alphabetically by state and by program title within each state. The annotation provided for each program includes goal statement, background information, brief program description, client characteristics, and staffing, evaluation, and funding information. An index including agency and client focuses (such as juvenile justice, mental health, and populations) and type of agency (public or voluntary) is provided. Addenda to the directory will be published periodically to include programs that come to the attention of the National Resource Center. (LLL)

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# ANNOTATED DIRECTORY of SELECTED FAMILY-BASED SERVICE PROGRAMS

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CG 017997

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FAMILY BASED SERVICES

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# ANNOTATED DIRECTORY OF SELECTED
# FAMILY-BASED SERVICE PROGRAMS

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# INTRODUCTION

The past few years have witnessed the expansion of family based service programs in voluntary and public agencies nationwide. The impetus has come from several sources: federal and state legislation, particularly P.L. 96:272; the National Resource Center's efforts in assisting public agencies to implement preventive services; and the successes of pioneering family based service programs which demonstrated that intensive service, provided to families in their own homes and communities, could prevent unnecessary out-of-home placements.

This Annotated Directory of Selected Family-Based Service Programs is an updated version of a similar, earlier publication prepared in 1982. It is not an exhaustive listing of all family based programs. The programs described herein responded to a survey of 2400 agencies drawn from the Center's mailing list. The Center staff have had the opportunity to visit only a few of them. The decision to include programs with which we are not personally familiar was based on information supplied in the survey form and supporting information. Addenda to the directory will be published periodically to include programs which are in the early implementation stage now and other programs which come to our attention.

The Directory is organized alphabetically by state and by program title within each state. For easy reference, an index including agency and client focuses (such as juvenile justice, mental health, and adolescent populations) and type of agency (Public or Voluntary) is provided.

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Native Village of Tyonek
Tyonek, AK 99682

Eric R. Warren, Coordinator/Counselor
907/583-2622

**GOALS:** To provide crisis intervention for village members with emphasis on prevention of family fragmentation through individual and family counseling.

**BACKGROUND:** The program began in August 1982 to serve the Athabaskan bush village at Tyonek.

**PROGRAM DESCRIPTION:** Culturally-sensitive counseling, self-advocacy and parenting education services are provided to village residents. With the exception of a drug/alcohol counselor, there are no other services locally available, since the village is geographically remote and is accessible only by air. Gestalt family therapy techniques and crisis counseling are used with the average duration of services being 3 months. Client families receive approximately 8 hours of service a week, 3 of which are in-home. Staff is available 24 hours. Services are not time-limited, and families are not charged a fee.

**CLIENT CHARACTERISTICS:** Client families must be tribal members to receive services. Families are at subsistence level. Services involve the extended family. The primary problem areas tend to be related to excessive drug and alcohol usage. Referrals for service come from family members, friends, school personnel and the state worker.

**STAFF:** ICWA is staffed by 1 counselor/coordinator and 1 program aide. Training involves attendance at workshops and seminars outside the village with frequency dependent on the availability of funds.

**EVALUATION:** The program works with approximately 60 families in a year. No formal program evaluation is available.

**FUNDING:** ICWA is 100% federally funded.

Arizona Department of Economic Security
Administration for Children, Youth, and Families
5235 W. Glendale
Phoenix, AZ 85301

Mary Boutilier, Human Services Unit Supervisor
602/934-9538

**GOALS:** To resolve family problems, to prevent out-of-home child placement and to help parents regain or maintain their parental responsibilities.

**BACKGROUND:** The program is a pilot project of the Arizona Department of Economic Security's Administration for Children, Youth and Families and was begun in October 1983. It serves Maricopa County and is a specialized unit of the agency.

**PROGRAM DESCRIPTION:** The program offers voluntary, short-term family therapy immediately following referral from the protective services, whenever possible, to families of adolescents aged 13-18. The program also offers, through purchase of services, day support in the form of teen activity groups, therapy groups, psychological evaluations, parenting groups and parent aide supports to offer friendship to mothers along with help in parental self-development. Families chosen for service must be willing to receive counseling and must not exhibit overtly repetitive or dangerously neglectful or abusive behaviors. The program staff aim at 3-month closure. An average of 4 hours a week is spent with families, 2 of which are in-home.

**CLIENT CHARACTERISTICS:** The composition of the client-family cases is Caucasian, Hispanic and Black from lower and middle income and deprived groups. Problems tend to be adolescent rebellion, depressed parents and parents with low self-esteem.

**STAFF:** The program staff is composed of 3 Human Services Specialists with MSW's or experience in mental health, family counseling and therapy, and adolescent programs. Generally, 2 workers respond to all calls, with 1 assuming responsibility for case management. Training provided includes two weeks in child protective services areas.

**EVALUATION:** The program is collecting baseline data for evaluation purposes. Thus far, no placements or court petitions have been needed for families involved in the program.

**FUNDING:** The pilot project is being funded with money allocated to protective services. No specific dollar amounts were reported on the survey.

## FAMILY SERVICES PROGRAM

Valle de Sol, Inc.
1209 S. First Avenue
Phoenix, AZ 85003

Laura Castro, Program Coordinator
602/258-6797

**GOALS:** To prevent high-risk families from entering the sphere of authority of Child Protective Services.

**BACKGROUND:** Family Services is a pilot project which was initiated in July 1982. The program employs a socio-cultural model which is relevant to the needs of Black and Hispanic people.

**PROGRAM DESCRIPTION:** Individuals referred for child protective services for minor problems and who have had no previous referrals are eligible for service. Parenting skills classes, case management, and counseling to families who are at risk for entering the protective service system are offered by the Family Services Program. Development of support systems for parents through parenting classes, social activities and parties is an important element of the program. The average duration of service and the program's limit for service is 6 months, during which time families receive 4-5 hours weekly. As follow-up, parents are encouraged to attend Parents Anonymous support groups. The program serves 80 families a year.

**CLIENT CHARACTERISTICS:** The program's clientele are Hispanic, Black and low-income Caucasian families residing in South and West Phoenix. Sixty percent receive public assistance and an equal percentage are families headed by a single female parent. Poverty, lack of skills for employment, isolation and absence of support systems are problems which characterize these families.

**STAFF:** The Family Services Program is staffed by 2 counselor/parent trainers with 10-15 cases each, 1 case manager with 5-10 cases, 1 group leader guiding a group of 12, 1 parent trainer with 40 students, 1 student intern counselor with 2 cases, a director, and a secretary.

**EVALUATION:** A formal evaluation is available.

**FUNDING:** Funding for Family Services comes from state monies. The total program budget for FY 1983 was $119,000.

**IN-HOME FAMILY TREATMENT** **ARIZONA**

Arizona Children's Home Association
PO Box 7277
2700 S. 8th Ave.
Tucson, AZ 85725

DeeAnn Barber, ACSW, Director of Permanency Planning
602/622-7611

**GOALS:** To assist families through intensive family therapy to remain together when they are not responding to traditional treatment or when a child is being considered for placement.

**BACKGROUND:** The Arizona Children's Home Association began its In-Home Family Treatment (IHFT) program in March 1982 as a complement to its more traditional programs and as an alternative to breaking families apart for the purposes of treatment.

**PROGRAM DESCRIPTION:** Structural and strategic family therapy occurs with families from 3 to 6 hours a week for approximately 5-6 months. The program is of the agency's own design. Psychological evaluations and chemotherapy are provided when indicated. All therapy is conducted in the family's home. IHFT services are purchased by the public agency for families whose children are pending placement and who have exhausted other mental health services. The program also has a sliding fee scale. The identified client, usually a child, should have the potential for normal intelligence with moderate to severe emotional problems. At least one family member must express the desire to keep the family together, and no family member can refuse to consider this option. All members must be willing to sign a treatment consult statement.

**CLIENT CHARACTERISTICS:** Families in the program are predominantly Caucasian; 8% are Hispanic and 2% are Black. Seventy percent are low income. Forty percent are single-parent families; 20% are blended families. Children in the families served range between 3 and 16 years in age. Primary problem areas encountered are marital conflict, unmanageable child, substance abuse, physical and sexual abuse.

**STAFF:** Program staff is composed of 3 MSW family therapists who work with 5 families each at a time, 1 Ph.D. psychologist who provides 2 hours a week consultation and 1 ACSW program director who serves 1/3 time. Staff receive 1.5 hours of training a week by psychiatrists in methods of family therapy.

**EVALUATION:** No formal program evaluation has been done.

**FUNDING:** The program budget for FY 1983 is $117,462, representing approximately 7% of the total agency budget. Twenty-nine percent of program funding is state; 71% private.

## PARENT SUPPORT NETWORK FOR URBAN NATIVE AMERICAN FAMILIES ARIZONA

Parents Anonymous of Arizona, Inc.
2509 E. Fillimore St.
Phoenix, AZ 85008

Michele Keal, Executive Director
602/275-0555

**GOALS:** To develop a model comprehensive prevention service strategy for urban Indian families at risk of abuse and neglect.

**BACKGROUND:** Modeled after other Parent Aide programs and the Parents Anonymous framework, the Parent Support Network uses early intervention and prevention strategies for urban Native American families to reduce the incidence of child abuse and neglect. The program aims to clarify values of Indian culture and bring harmony into family life.

**PROGRAM DESCRIPTION:** Native American parent-aides work with the family to relieve stress, teach parenting skills and put the family in touch with community resources. A Native American Parents Anonymous group meets weekly to provide additional support services. Child care is provided at the group. Referrals are accepted on the basis of need, situation, and the availability of parent-aides. Clients receive 16 hours of service a week in-home, with no time limit to duration of services except that imposed by the availability of parent aides. Between August and December 1983 the program served 25 families.

**CLIENT CHARACTERISTICS:** Clients are low-income, Native American, urban residents in Maricopa County. Half are single-parent families. Lack of parenting skills, lack of resources, financial stress, isolation, and alcoholism are primary problems. Clients may be self-referred or referred by agencies.

**STAFF:** Four half-time parent aides each visit 5-6 families per week. Staff are available by phone on 24-hour basis. There is 1 full-time coordinator. Parent-aides receive 40 hours of initial training and additional weekly training in communication and parenting skills.

**EVALUATION:** There is no formal evaluation.

**FUNDING:** The program's $90,000 budget constitutes 63% of agency funds. Funding is 62% federal, 12% state, and 26% private, including in-kind donations.

## SUSPECTED CHILD ABUSE AND NEGLECT (SCAN) ARKANSAS

SCAN Volunteer Service, Inc.
PO Box 7445
Little Rock, AR 72217

Sharon Pallone, Executive Director
501/371-1310

**GOALS:** To reduce the potential for child abuse through parent education and support; to train volunteer lay therapists to work with families where abuse has occurred.

**BACKGROUND:** SCAN, a private, non-profit agency, was founded in 1972 to provide more intensive service to abusive families than was available in the community. The program, based on Erikson's work, helps parents enhance their parenting capabilities by fulfilling their own unmet needs for nurturance.

**PROGRAM DESCRIPTION:** A professional SCAN worker investigates reported cases of child abuse. After confirming the existence of or potential for child abuse, a lay therapist (a trained volunteer) visits 2-3 times per week to assist in problem solving, to offer parenting information and to help build the parent's self-confidence. As the parents get some of their own basic needs met, they become better able to meet their children's needs. Gradually, through the process of reparenting and education, the potential for child abuse is lowered. Eligibility for SCAN service is based on substantiated reports of child abuse and the presence of at least one child under age 12 in the home. The program serves 1450 families or 3300 children in a year at an average cost of $750 per family (per year). Families receive services from 1-2 years in duration, generally 8-10 hours each week.

**CLIENT CHARACTERISTICS:** The client population is predominantly low income; however, there is an increasing percentage of middle class parents with the increase in sexual abuse reporting. Racial composition is 80% Caucasian, 19% Black and 1% other. One third of the families served are headed by single parents. The program serves 15 of 75 Arkansas counties, including rural, urban and suburban areas. Poverty and high unemployment are characteristic problems experienced by these families.

**STAFF:** The program is staffed by 3 professionals with doctoral degrees, 10 with masters degrees, 30 with bachelors degrees, 250 volunteers, and 14 clerical workers. Average staff caseload is 12; volunteers work with 2 families each. The professional case manager and volunteer lay therapist provide services in teams. Staff training, provided by SCAN, consists of 36 hours per year for volunteers and 72 hours per year for professional staff.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** SCAN is funded with a combination of federal (51%), state (27%), and local and private monies (22%) and has purchase-of-service contracts with the Arkansas Division of Social Services.

## YOUTH BRIDGE, INC. ARKANSAS

209 W. Elm Street
PO Box 668
Rogers, AR 72756

Michael V. Lee, Executive Director
501/521-1532

**GOALS:** To promote the well-being of neglected, abandoned, or delinquent youth under the age of 18 and their families; to maintain therapeutic homes and services to prepare children for adjustment to community life.

**BACKGROUND:** Youth Bridge, Inc. was organized in May 1974 to serve youth and their families in 9 Arkansas counties. The 5 primary service areas are Outreach, Residential Treatment, Foster Care, Recreation, and Reintegration into the Community.

**PROGRAM DESCRIPTION:** The program's core services include outreach social work services; family, individual and group therapy; parenting education; group home care; therapeutic foster care; recreation and socialization. Social Casework, Structural Family Therapy, and Outward Bound Recreation are the primary theories of intervention used. Services are voluntary; clients must be willing to participate as a family to address/resolve problem areas. The average duration of services is 3-6 months. Outreach services average 1.5 hours per family per week, one-third of which are in-home. The program serves 250 families a year.

**CLIENT CHARACTERISTICS:** The ethnic composition of client families includes Caucasian, Black, and Native American. Most range from low to middle income and include a range of variations in family composition. The primary problem areas of families are disruption of the family and delinquent behavior.

**STAFF:** The program staff includes 5 MSW's, 12 BSW's, and 1 psychologist. The average caseload is 15 families. Services are provided by teams composed of MSW's and BSW's. Forty hours of training a year are provided by the Program Director in subjects related to family work. Staff also attend outside training opportunities when available.

**EVALUATION:** A formal program evaluation is available. Follow-up procedures include face-to-face and telephone contact 6 months following termination of services.

**FUNDING:** The FY 1983 agency budget is $504,090. Seventy-five percent of funding is federal; 12.5% is state and 12.5% is local.

Xanthos, Inc.
1205 Lincoln
Alameda, CA 94501

Don Bolce, Head Start Director
415/865-4500

**GOALS:** To enhance the quality of life for families and enable parents to meet their own needs.

**BACKGROUND:** Alameda Head Start has been operating since July 1975. It uses the home-based option available to all federally funded head start programs since 1973.

**PROGRAM DESCRIPTION:** Home-based head start is a comprehensive child development program for low-income families, which also works with parents in their homes around personal and educational issues. Families must live below the federal poverty guidelines, have children between the ages of 3 and 5 and reside in the City of Alameda to be eligible. It offers a nursery school experience for pre-school children, and weekly home visits which focus on parent's needs as well as education in health and nutrituion. Family counseling, referral to social services and parent support groups are also available through the sponsoring agency. Approximately 90 families are served annually by Alameda Head Start for an average length of 8 months. Cost to the agency per family is $2540.

**CLIENT CHARACTERISTICS:** Families served by the program are all low-income, and 50% are headed by a single parent. Caucasians comprise 40% of the clientele, Blacks 20%, Hispanics 20%, and Asians 10%. At least 10% of the children served are disabled.

**STAFF:** A total of 13 staff are employed by the program: 1 director, 1 home-based coordinator, 1 health coordinator, 1 teacher, 1 parent involvement coordinator, 6 family advocates (home visitors), and 2 teaching assistants. Service is provided by teams composed of several staff. Home visitors receive training in child development, assessment, health, and mental health issues.

**EVALUATION:** There is no program evaluation available.

**FUNDING:** Funding is 100% federally derived. The program has an annual budget of $239,858.

## EMERGENCY FAMILY CARE PROGRAM CALIFORNIA

Children's Home Society of California
2049 Grove St.
San Francisco, Ca 94117

Lou Fox, Program Manager
415/922-2803

**GOALS:** To prevent, postpone and reduce the number out-of-home child placements while concurrently improving family functioning through the provision of home-based services.

**BACKGROUND:** The Emergency Family Care Program began in November 1980. The service approach is case management within a family systems model.

**PROGRAM DESCRIPTION:** The program provides a range of supportive and emergency home based services -- available 24 hours a day, 7 days a week -- to San Francisco families under stress or in crisis situations. Short-term, intensive in-home services are provided by specially trained family care workers in conjunction with professionally trained staff. Family supportive services include: teaching effective parenting skills, modeling appropriate infant and child care, teaching household management, nutritional guidance and linking families with other community resources. Emergency services include: serving as parental substitutes when a parent is hospitalized or incarcerated, assisting with housekeeping tasks when a parent is temporarily disabled, and intervening when a child is at risk of abuse or neglect. The program accepts referrals from families, neighbors, relatives, schools, agencies, and organizations. Eligible families must be San Francisco city and county residents, have at least one child under 14 years of age, be in crisis and at risk of out-of-home placement, and have a consenting parent available. Follow-up procedures include home visits at 1 month, 6 months and 1 year following service provision. The average length of service is 3 months per family. Approximately 330 families are served per year by the program.

**CLIENT CHARACTERISTICS:** The program serves primarily public assistance recipients (85%). Racial/ethnic composition is 30% Caucasian, 30% Black, 25% Hispanic, 10% Asian, 5% other. Three-quarters of those served are single-parent families, whose primary problems are child abuse and neglect, social isolation, socioeconomic factors and family interaction problems.

**STAFF:** The program is staffed by one program manager, one clinical supervisor, 3 social workers, 14 family care workers, one program secretary, one program driver, and one relief social worker. Social workers have caseloads of 18 families; family care workers average 3 families at a time. Social workers and family care workers function in service teams. The agency sponsors staff training programs for both social workers and family care workers on such topics as nutrition, case management, cultural awareness, abuse and neglect dynamics, and infant care.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The Emergency Family Care Program is funded with 80% local and 20% private funds. The FY 1983 program budget of $415,000 represents 2.7% of the entire agency budget.

San Diego Center for Children
3002 Armstrong St.
San Diego, CA 92111-0017

Kenneth R. Heying, Program Manager
619/277-9550

**GOALS:** To strengthen and maintain families, to prevent family dissolution and out-of-home placement; to promote family self-sufficiency; to encourage families to develop support networks; to work with parents in discovering the best educational setting for their children in the community.

**BACKGROUND:** Family Based Services, in operation since May 1981, is a specialized program of the San Diego Center for Children, a residential treatment facility. Treatment is based on systems and brief family therapy theories.

**PROGRAM DESCRIPTION:** The Family Based Services program serves the total family experiencing difficulties with one or more members, which has children between the ages of 5-[illegible] living in the home. Intensive services are tailored to meet the special interests and unique circumstances of each family and may include: training in home management, parenting, budgeting and communication skills and family therapy. Families eligible for service must reside in San Diego County within 20 miles of the agency. There must be significant home and/or school problems to warrant intensive in-home treatment. The community must be able to provide an appropriate school setting for the child(ren). Families must be willing and able to pay a prescribed fee determined by a sliding scale. 26-30 families are served each year at a cost of approximately $3,000 per family. The average duration of services is 4 months, with a maximum of 6 months permitted. Weekly service averages 6 hours, 4 of which are home-based.

**CLIENT CHARACTERISTICS:** The client population is 60% Caucasian, 20% Hispanic and 20% Black. All socioeconomic levels are represented, with 60% of the clients having low incomes, 30% middle incomes and 10% high incomes. Problems experienced by these families include child abuse and neglect and aggressiveness, hyperactivity or emotional disturbance in the child(ren).

**STAFF:** The program is staffed by a half-time program manager, a full-time social worker (carrying 6 cases), a full-time family specialist (with 6 cases) and a psychiatrist who serves as a consultant. The psychiatrist, social worker and family specialist work together as a team in planning and delivering services.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The program is funded 100% privately through 3 sources: private contributions (United Way, grants, donations), insurance payments, and client fees based on a sliding scale. All families are required to pay a fee for service. The FY 1983 budget is $80,000, representing 5% of the total agency budget.

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**FAMILY DEVELOPMENT PROGRAM** **CALIFORNIA**

Visiting Nurse Association
Area Homemaker Service, Inc.
8123 Engineer Road
San Diego, CA 92111

Elizabeth Keith Allison, Director of Support Services
619/560-4901

**GOALS:** To provide parents with an opportunity to learn and use appropriate home management. child care and nurturing skills.

**BACKGROUND:** The Family Development Program has existed since 1964 and began as a county and federally funded demonstration project.

**PROGRAM DESCRIPTION:** Family development counselors work directly with parents and their children in their own homes, focusing on any of the following issues: infant and child care, child discipline and nurturing, nutrition, home management and maintenance, money management, use of community resources, home safety, and personal growth and development. Families in this program are generally unable to make use of traditional services or need additional assistance in translating information and support from one setting to another. Average duration of services is 8 months, with families receiving approximately 2 hours of help each week.

**CLIENT CHARACTERISTICS:** Families generally have low to moderate incomes. Primary problems faced by these families are income and lack of understanding about child development. Eligible families must reside in San Diego County.

**STAFF:** The program is staffed by 1 master's prepared counselor and 1 Bachelor's prepared counselor. Each carries a caseload of 25 families at a time. Counselors receive 2 hours weekly for peer supervision and are afforded time for attending workshops and conferences.

**EVALUATION:** There is no formal program evaluation available.

**FUNDING:** The program is funded 90% privately, 10% with local monies.

## MOTHER SUBSTITUTE PROGRAM

CALIFORNIA

Visiting Nurse Association and Homemaker Service, Inc.
8123 Engineer Road
San Diego, CA 92111

Elizabeth Keith Allison, Director of Support Services
619/560-4901

**GOALS:** To maintain family unity during periods of medical or emotional emergency and crisis.

**BACKGROUND:** The Mother Substitute program has existed since 1954, and began as a county and federally funded demonstration project.

**PROGRAM DESCRIPTION:** Mother substitutes are available 8 hours a day, 5 days a week to serve as auxilliary caregivers when parents are unable to provide full care and supervision for their children. To qualify for service, families must have no other caregiver available. Services are time limited, to a maximum of 4 weeks, and clients are assessed fees based on income. The average duration of service is 1-1/2 weeks, at 6.5 hours per week. Staff are available to families 24 hours a day in case of emergency.

**CLIENT CHARACTERISTICS:** Families generally have low to moderate incomes; 45% are single parent headed. Lack of extended family support during a medical emergency is the most frequent problem requiring intervention. All clients are residents of San Diego County.

**STAFF:** The program is staffed by 8 trained homemakers who receive 1-1/2 hours each month of education in various aspects of child care, child development, child abuse and neglect awareness.

**EVALUATION:** There is no formal program evaluation available.

**FUNDING:** The program is funded 90% privately, and 10% with local monies.

## ODYSSEY PROGRAM CALIFORNIA

Western Youth Services
204 East Amerige Avenue
Fullerton, CA 92632

Barbara Anderson, Project Director
714/871-5646

**GOALS:** To prevent runaway youth from being "on the streets" where they are vulnerable to exploitation and to reunite families through counseling by strengthening the family unit and reducing stress among family members.

**BACKGROUND:** The program began in 1974 as part of the local YMCA and included a crisis care project to provide individual and family counseling and a 24-hour hot-line and referral service. The program has since expanded to include youth advocate and intern training projects. Since the program began, 2,000 runaway youth have been reunited with their families.

**PROGRAM DESCRIPTION:** Youth 11 to 17 years old and their families are counseled using structural and strategic therapy approaches to help family members resolve the problems that result from dysfunctional family relationships. Counseling begins when the youth enters the runaway shelter and continues for 12 sessions following return home. Families whose problems cannot be resolved with time-limited counseling are referred to other community resources. Temporary placements up to 15 days in licensed foster homes are provided for runaway youth while counseling occurs to deal with the issues that led to the runaway episode, to reduce familial tensions and improve communications among family members. No services are provided in-home.

**CLIENT CHARACTERISTICS:** Seventy-eight percent of clients are Caucasian; 15% are Hispanic; 5% are Asian. Over half of the families served fall below the median income. Most are single-parent and blended families. Approximately 30% of primary problems presented involve child abuse; 45% are serious problems of a chronic nature, while 20% are related to a crisis between the youth and parent. More females than males are involved in counseling and the average age of youth involved in the program is 15.

**STAFF:** The program employs 3 full-time professionals and a master's-level intern. The program director/counselor and clinical coordinator/ counselor are licensed MFCC's. Caseloads average 6 families per counselor. Training for staff includes 1 hour a week in family therapy techniques.

**EVALUATION:** A program performance standards self-assessment instrument developed by the Youth Development Bureau (DHHS) is used to measure attainment of program goals and objectives. While reunification with family is the primary goal of Odyssey, approximately 80% actually return home. The remainder go to live with other relatives or friends, become emancipated or become wards of the court because of abuse or abandonment.

**FUNDING:** The budget for FY 1983 is $80,000, representing 8% of the total agency budget. Eighty-five percent of the program budget is funded by a grant from the Youth Development Bureau (DHHS). Fees are assessed based on the family's ability to pay, with a maximum $50.00 per counseling session.

## SITTER SERVICE FOR THE HANDICAPPED CALIFORNIA

Association for Retarded Citizens
5384 Linda Vista Rd., Suite 100
San Diego, CA 92110

Catherine R. Woods, Coordinator
619/574-7575

**GOALS:** To provide temporary, trained, in-home respite care to families with developmentally disabled members in an effort to prevent or relieve stress and maintain family stability.

**BACKGROUND:** The program was begun in April 1975 as a specialized unit of the Association for Retarded Citizens.

**PROGRAM DESCRIPTION:** This important support service is provided by 100 part-time respite care workers who are on-call to work with 3 families each at any given time. Evaluations and referrals for services are made by the Regional Center for the Developmentally Disabled, which contracts with the Sitter Service. The average assignment is 4 hours, all of which are provided in-home. Services are available 24 hours. A service contract with a family is valid for 1 year, after which service needs are re-evaluated.

**CLIENT CHARACTERISTICS:** Families include a developmentally disabled member who lives at home and who does not have an acute medical condition which would require nursing care from the respite worker. The program serves the greater San Diego area. Data on racial, ethnic or socioeconomic client characteristics are not gathered.

**STAFF:** The 100 part-time respite workers receive 30 hours of multi-media standard first aid training (American Red Cross), and training in behavior management, communications techniques, feeding, dressing and toileting techniques, recreation, and use of adaptive equipment.

**EVALUATION:** A program evaluation has been completed for the Sitter Service, which serves an estimated 500 families a year.

**FUNDING:** The FY 1983 budget is $122,982, which is contracted for with the Regional Center for the Developmentally Disabled, a state-funded agency. Clients are not assessed fees for service; however, parents sometimes reimburse the Regional Center for part of the service costs.

**YOUTH CRISIS SERVICES** CALIFORNIA

Interface Community
3475 Old Conejo Rd, Suite C-5
Newbury Park, CA 91320

Sara Radding, Director
805/498-6643

**GOALS:** To provide outreach crisis counseling for families with youth 10-17 years old and to provide short-term emergency shelter for runaway and homeless youth.

**BACKGROUND:** Youth Crisis Services, begun in 1977, is one of several programs offered by Interface Community. A part of the organization's philosophy, repeated in its youth services program, is the tenet that all systems--personal, family and community--have the potential for growth and change. Acting on this philosophy, the organization depends on the community for volunteers and support.

**PROGRAM DESCRIPTION:** Outreach crisis intervention is provided by teams of experienced counselors to assist youth and their families who are experiencing conflict. Counselors are available to work on a short-term basis in the family home or a mutually-agreed-upon location. "Cool homes" are also available for youth if the counselor judges a situation to be so volatile that effective counseling cannot take place or if a youth has run away from home or has been pushed out. During this limited placement, counselors work intensively with both youth and the family. Emancipation counseling is provided for youth who are considering becoming legally independent. In-home counseling averages 2.5 hours per call. Follow-up occurs one week after counseling to be certain that families have connected with referral services. Shelters are available 24 hours, with stays generally limited to 30 days. The program serves approximately 600 families a year in Ventura County.

**CLIENT CHARACTERISTICS:** The client population is approximately 70% Caucasian, 22% Hispanic, 2% Black, 2% Asian, 4% other, and ranges from middle to lower income. Families are primarily single-parent and step-parent. Primary problems tend to be communication, control, runaways, push-outs, and physical and sexual abuse.

**STAFF:** The Youth Crisis Services staff is composed of 3 crisis intervention coordinators, 1 program assistant/outreach coordinator, 1 placement coordinator, 1 emancipation/youth coordinator and 65 volunteer crisis counselors. Teams are composed of 1 senior crisis counselor and a counselor-in-training. Training for crisis counselors includes an initial 20 hours followed by 2-4 hours monthly in the following areas: crisis intervention, family systems, outreach procedures, placement procedures, role playing, child abuse, and more.

**EVALUATION:** A formal program evaluation is available. Clients are given the opportunity to evaluate the program and to participate in program reviews.

**FUNDING:** The program's FY 1983 budget is $245,000, 55% of which is locally derived, 40% of which is federal, and 5% of which is private.

## ADOLESCENT CRISIS TEAM COLORADO

Adams County Department of Social Services
7190 Colorado Boulevard
Commerce City, CO 80022

Stephen McGauran, Youth Services Supervisor III
303/426-1015

**GOALS:** To prevent unnecessary foster care and secure detention placement of adolescents.

**BACKGROUND:** The program is a specialized unit of the public social services agency. It was begun in October 1978 and is similar to the Sacramento, California 601 program.

**PROGRAM DESCRIPTION:** Using systems, communications and crisis intervention theories, adolescents and their families are provided with short-term family therapy followed by referral for on-going services to other units within the social services agency or to private and community-based resources. The average duration of services to families in crisis is 4 weeks. Eighty percent of families are referred by the police department.

**CLIENT CHARACTERISTICS:** Approximately 75% of families served are Caucasian; 20% are Hispanic, with the remaining 5% representing other minority populations. Families range from low- to middle-income, and an estimated 50% are single-parent headed households. The chief problems encountered are parent-child conflict, petty crimes, abuse, and runaways.

**STAFF:** The Adolescent Crisis Team employs 1 MSW supervisor, 3 MSW caseworkers, and 3 BA caseworkers. The caseload standard is 8.

**EVALUATION:** A formal program evaluation is available. The program serves approximately 1100 families a year.

**FUNDING:** The yearly program budget is derived from state (80%) and local (20%) funds.

## ADOLESCENT DAY TREATMENT PROGRAM COLORADO

Adams County Department of Social Services
7190 Colorado Blvd.
Commerce City, CO 80022

Christopher Bonner, Project Director
303/288-6638

**GOALS:** To provide alternatives to placement for adolescents through community-based day treatment and family counseling.

**BACKGROUND:** The program was begun in August 1980. Services are sponsored by the County Department of Social Services and provided by the Community Mental Health Center under a purchase-of-services arrangement.

**PROGRAM DESCRIPTION:** Core services provided include individual and family therapy emphasizing structural family therapy and strategic intervention, pre-vocational assessment and preparedness, collateral management, individualized academic instruction and group milieu therapy. All adolescents and their families are active social services cases which are staffed through the county's placement alternatives resource team. Adolescents must be considered "at risk" for placement and all in-district public school programs must have been exhausted before a family is accepted for services. Service duration ranges from 8-12 months with 2-3 months of follow-up. Including academic instruction, the adolescent receives a minimum of 23 hours of service plus family therapy once a week. Staff are available 24 hours. Services are time-limited (12 months) unless petitioned for an extension. No services are provided in-home.

**CLIENT CHARACTERISTICS:** Families served are 20% Hispanic, 80% Caucasian. Most families are low to low-middle income; many are single-parent families. Primary problem areas include delinquency with court involvement, chaotic family functioning, truancy, chronic alocholism, and poor parenting skills.

**STAFF:** The program is staffed by a full-time director, a full-time psychologist, 2 full-time therapists, 1 full-time liaison/therapist, 1 full-time child care worker, 2 full-time teachers, 1 full-time teacher's aide and 1 full-time vocational/recreational therapist. In-service training is provided by the agency.

**EVALUATION:** The program serves an estimated 38 families a year. A formal evaluation process is currently being developed which will include follow-up data.

**FUNDING:** The FY 1983 program budget is $208,000, which represents less than 10% of the total agency funding. Medicaid reimbursements total $55,000 to $75,000, with the remaining funding derived through the social services foster care allocation and the public schools.

## FAMILIES IN TREATMENT COLORADO

Chicago Creek Roads, Inc.
Rt. 1, Box 50
Idaho Springs, CO 80452

Steve Hochberg, Team Coordinator
303/825-8703

**GOALS:** To prevent out-of-home placement of children and to reduce the length of time that children spend in foster care.

**BACKGROUND:** Families in Treatment has existed since September 1982 as a specialized service of Chicago Creek Roads, Inc. The program uses systemic and strategic theories of family intervention.

**PROGRAM DESCRIPTION:** Intensive treatment is provided to families who either have a child or children in foster care or who are at imminent risk of having a child removed from home due to abusive behavior. Paraprofessional and therapeutic services are the core components of the program and are supplemented by psychiatric and brief placement services when needed. Families receive 6-8 hours of service weekly, and length of service ranges from 9 months to 1 year. Thirty families are treated annually.

**CLIENT CHARACTERISTICS:** Clients come from lower and lower-middle class populations, representing a variety of racial and ethnic groups. Physical and sexual abuse are often problems which prompt intervention.

**STAFF:** Two therapists and 2 paraprofessionals staff the Families In Treatment program, carrying caseloads of 14-20 families. A therapist and paraprofessional function as a team in serving each family. All staff participate in agency sponsored training, which covers systems theory and strategic family intervention.

**EVALUATION:** A formal program evaluation is presently being developed.

**FUNDING:** Funding for the program's annual budget of $70,000 comes from federal (20%) and state (80%) monies.

## INTENSIVE FAMILY TREATMENT TEAM

Adams County Department of Social Services
7190 Colorado Blvd.
Commerce City, CO 80022

David Blair, Supervisor
303/287-8831

**GOALS:** To provide an alternative to out-of-home placement; to improve family functioning, and to eliminate or reduce problematic behaviors.

**BACKGROUND:** The Intensive Family Treatment Team has been functioning since September 1980. It is based on the family therapy theories of Minuchin, Haley and others.

**PROGRAM DESCRIPTION:** Families in which a child is at risk for placement and who have exhausted all other community resources are likely candidates for the Intensive Family Treatment Team service. The focus of service is family therapy, but families are also referred for supportive services such as day care, lay therapy, and transportation, as needed. Service lasts an average of 9 months with approximately 2 hours of service per week.

**CLIENT CHARACTERISTICS:** A variety of racial and ethnic groups as well as all socioeconomic levels are represented in the client population. Family structures include intact familes, single-parent families, blended families, and living situations in which children may reside with other relatives or significant others. Families must reside in Adams County to be eligible for service.

**STAFF:** The program is staffed by 1 supervisor (MSW) with a caseload of 6; 1 mental health liaison worker (MSW) with a caseload of 8; and 4 MSW's with caseloads of 10 each. These workers function in teams to provide service.

**EVALUATION:** The program is formally evaluated by the agency.

**FUNDING:** The FY 1983 budget is $179,811.

**INTENSIVE FAMILY TREATMENT TEAM** COLORADO

Boulder County Department of Social Services
3400 Broadway
Boulder, CO 80203

Tom Valeski, Senate Bill 26 Coordinator
303/441-1000

**GOALS:** To prevent or shorten out-of-home placements of children by maintaining children within functional family systems.

**BACKGROUND:** The program has been operating since October 1980, initiated by the Boulder County Placement Alternatives Commission. It uses an eclectic family therapy approach to treatment.

**PROGRAM DESCRIPTION:** Family therapy is provided to families who are at risk of having a child placed out of the home to strengthen the family and prevent such placement from occurring. Two to 3 hours of therapy weekly, for an average of 9 months, characterizes the intensive nature of this program. The average cost to the agency per family is $1600, and an estimated 100 families are served annually. Since its inception, the program has been successful in maintaining children in their own homes and reducing the financial costs of substitute care.

**CLIENT CHARACTERISTICS:** Clients served by the Intensive Family Treatment Team represent a range of social classes and racial/ethnic groups. Child abuse or neglect, or family conflict around delinquency issues are primary issues.

**STAFF:** Six intensive family therapists with caseloads ranging from 10-15, 1 researcher, and 1 coordinator staff the program. Six hours each month are spent in case consultation with a contracted family therapist.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The program's annual budget of $160,300 is derived from 60% federal, 20% state and 20% local sources.

**INTENSIVE TREATMENT TEAM** COLORADO

Jefferson County Department of Social Services
8550 W. 14th Ave.
Lakewood, CO 80215

Kae Ecklebarger and Ken Couch, AH Placement Social Caseworker IV
303/232-8632

**GOALS:** To provide intensive services and treatment to motivated families in order to maintain children in their homes; to teach families to identify and utilize community resources in order to decrease the need for future social services involvement.

**BACKGROUND:** The Intensive Treatment Team (ITT) program has existed since November 1982 and is modeled after the Denver Department of Social Services Home Based Project. The program uses a combination of systems theory, gestalt, structural family therapy and behavior modification, with clients' involvement in all aspects of goal setting.

**PROGRAM DESCRIPTION:** ITT service is available to families residing in Jefferson County who are protective services clients. A 30-day initial assessment of referred child protective service clients focuses on motivation, cooperation, ability to complete specific tasks and potential for change. Service may include in-home individual, marital and family therapy, case management and coordination, resource information and referral, criminal and civil court involvement. Progress is monitored through a goal attainment scaling instrument. Services are generally limited to 9 months, and average 6-9 months for a family. Families receive, on the average, 6 hours of service a week, 3-4 of these in the home. During 1983, Intensive Treatment Team served 26 families, including 45 children. Fourteen children were returned home or kept from placement; 26 were returned home from foster homes, 4 from other placements; only 1 child was unable to return home after 5 months of intensive treatment. The actual cost savings far exceeded the agency's expectations. The program anticipates a recidivism rate of 20%, to be measured 2 years after case closure.

**CLIENT CHARACTERISTICS:** Client families are predominantly Caucasian, and range from lower to upper-middle incomes. Blended families and single-parent families comprise a large proportion of those served. Primary problem areas include child neglect/abuse, emotional abuse, isolation, alcoholism, disturbed children, marital stress and divorce.

**STAFF:** The program is presently staffed by 2 Caseworker IV's, each carrying a maximum of 8 families, 1 administrator and 1 case aide. As of July 1984, there will be 4 workers, 1 case aide and 3-4 volunteers. Funds are available for the staff to attend outside workshops and training programs, and twice monthly meetings are held for clinical consultation with a licensed psychologist.

**EVALUATION:** A program evaluation is available.

**FUNDING:** Intensive Treatment Team is funded 80% by state and 20% by county monies.

**LA PLATA COUNTY YOUTH HOME**

1073 Third Avenue
Durango, CO 81301

Stephen Schrader, Director
303/247-0782

**GOALS:** To reduce the number of children placed in residential child care facilities; to reduce the length of time children spend in out-of-home care; to return the children to their families whenever possible; to provide emergency shelter; and to enforce family involvement in treatment.

**BACKGROUND:** The Home is operated by the La Plata County Department of Social Services and opened in February 1980. The impetus for opening the facility was the rising need to treat adolescents and their families in the community as evidenced by the number and high cost of out-of-county placements.

**PROGRAM DESCRIPTION:** Youngsters who are admitted to the program must be in the temporary legal custody of the La Plata County Department of Social Services; they must participate in the Home's educational program, and the family should be willing to be involved in treatment. The Home offers short-term shelter and on-going family counseling. An individual treatment plan is developed with each child and his/her family which is geared toward meeting unique family needs. Weekend family visits are encouraged and problems in and outside the home are worked on in family therapy sessions averaging 2 hours a week. The Home uses a 5-level system based on behavior modification principles. Each resident is evaluated weekly regarding the progress made in attaining behavioral goals. Residents attend local public schools and are encouraged to take part in regularly scheduled activities. The average stay in group care is 1.7 months.

**CLIENT CHARACTERISTICS:** Families and youth are Hispanic (20%) and Caucasian (80%) and are generally involved with the courts.

**STAFF:** The Home has an MSW caseworker with a caseload of 15. Two social workers, outposted in the schools, work with the Home's residents. The Home also has a staff of group living specialists and a Director. Training is done through supervision, and staff attend periodic conferences and workshops offered in the state.

**EVALUATION:** A program evaluation was completed 1 year after the Home opened and is available for review. The evaluation indicated that children placed in the Home were returned to their families in 71% of the cases. Regular family involvement was achieved in 64% of the cases involved during the reporting period.

**FUNDING:** The FY 1983 budget is $150,000, exclusive of state-funded social workers. Funds are federal, state and local. The average cost per resident is $[illegible]10.00 a month. Families are assessed fees for service based on their ability to pay.

**LAY THERAPY** **COLORADO**

Adams County Department of Social Services
7190 Colorado Blvd.
Commerce City, CO 80022

Willa Schwartz, Social Services Supervisor
303/287-8831

**GOALS:** Prevention of out-of-home placement, prevention of child abuse and neglect, reduction of time children spend in out-of-home placements.

**BACKGROUND:** Begun in October 1980, the program is modeled after the Lay Therapy program at the National Center for Treatment and Prevention of Child Abuse/Neglect in Denver, Colorado. Through a consistent relationship with a nurturing, non-threatening adult, abusive parents learn that they are worthy of friendship and can begin to develop empathy for their own children.

**PROGRAM DESCRIPTION:** The Lay Therapy program is designed to provide an intensive emotionally supportive relationship to high risk abusive parents. The program uses parents from the community, carefully selected for their parenting and communication skills who function as part of a treatment team with the protective services worker and others such as nurses and mental health therapists, etc. The focus of the lay therapist's work is the weekly visit, of approximately 4 hours, in the home or out in the community, during which the lay therapist engages in a variety of activities with the client, primarily listening and sharing experiences and feelings about parenting and personal issues. The lay therapist may provide concrete services such as transportation, help with homemaking, and child care. The purposes of the lay therapists' activities are to help parents satisfy their own needs for attention and recognition through adult relationships, to find healthy outlets for feelings of anger, frustration and disappointment, and to help parents enjoy themselves and their children. The program serves approximately 32 families each month at a cost of $127 per family. Services are generally limited [illegible] 18 months with families being seen an average of 5 hours per week.

**CLIENT CHARACTERISTICS:** Clients are primarily Caucasian; 10% are Hispanic and 2% are Black. Lower income, including ADC families, comprise 60% of the service population, with the remaining 40% coming from middle income households. Child abuse, neglect, adolescents out of their parent's control, and social isolation are characteristic problems. Eligibility is determined by residence within Adams County and need; families must be receiving services from the agency, have documentation of an abuse/neglect or family conflict problem, and be considered high risk for out-of-home placement.

**STAFF:** The program is staffed by 6 lay therapists--2 are full-time with 8 clients each, the others are part-time with caseloads ranging from 3-6. The agency sponsors a training program for the lay therapists in such areas as child abuse and neglect, family dynamics, treatment resources and methods, agency policy and procedures, systems involvement, and parenting education.

**EVALUATION:** Program evaluation is conducted by the agency; Adams County has found the program to be cost effective.

**FUNDING:** The FY 1983 budget is $63,319, with 80% state and 20% county funds.

Family Service Delaware, Inc.
809 Washington St.
Wilmington, DE 19801

Patricia Ingham, Program Director
302/654-5317

**GOALS:** To eliminate or prevent abusive/neglectful parenting behaviors and develop capacities for adequate nurture and care of children.

**BACKGROUND:** The Parent-Aide Program Was initiated in November 1982 as a specialized unit of Family Services Delaware, Inc.

**PROGRAM DESCRIPTION:** The program's core service is intensive, individualized hands-on instruction by trained, professionally supervised aides who provide nurturing, supportive relationships for infant care, child development, behavior management, nutrition, homemaking, planning and organization, and problem-solving. Eligible families are active cases in the child protective service system who reside in New Castle County and accept the service willingly. Average duration of service is 4 months, with families receiving 10 hours of service weekly. An estimated 60 families are served annually.

**CLIENT CHARACTERISTICS:** All income levels are represented in the client population, and families include Caucasians, Blacks and Hispanics.

**STAFF:** Two professional social workers plan, administer and supervise the program and cases. Six to 8 parent aides are employed. The agency is designing a training program for parent aides, covering the dynamics of child abuse and neglect, child protective services, family dynamics, role of the parent aide, dealing with resistance, child development, parenting skills, and child care.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The Parent-Aide Program's budget of $34,090 is funded entirely with federal monies.

Children's Bureau of Delaware
2005 Baynard Blvd.
Wilmington, DE 19802

Sally Cantor, Coordinator
302/6581-5177

**GOALS:** To prevent or remedy abuse and neglect; to rehabilitate and reunite families; and to prevent unnecessary out-of-home placement.

**BACKGROUND:** The Preventive Services Program was begun in New Castle County in 1980 and expanded to include Kent and Sussex counties in October 1983. It operates in close coordination with the state agency, which supplies parent aides. The program was adapted from the Child Welfare League of America report A Second Chance for Families.

**PROGRAM DESCRIPTION:** The program provides casework and counseling, advocacy, job referrals and training, housing referral, and money management. It may also use psychological and psychiatric evaluations and treatment, medical evaluation of children, day care, transportation, and emergency financial assistance. One branch office is in an Hispanic area and has a bilingual staff. Average duration of services is 1 to 1.5 years, 3-9 hours per week; 1-3 hours a week are in-home. The original branch has served 31 families per year. There are no fees and no time-limit to services. Staff are available on a 24 hour basis.

**CLIENT CHARACTERISTICS:** Clients are 48% Caucasian, 36% Black, 16% Hispanic; 90% are on Aid to Families with Dependent Children, and most are headed by a single woman. Primary problems include parenting, housing, and meeting basic needs of children.

**STAFF:** One county has a coordinator, 2 half-time MSW's, and 1 half-time community worker who serve 12-14 active cases. The 2 new county programs use 1 MSW and 2 family aides.

**EVALUATION:** Programs are monitored and evaluated by the State agency. While there is no formal evaluation, the New Castle program has placed only 2 children in 2 years.

**FUNDING:** Ten percent of the total agency budget, or $110,000, comprises the FY 1983 budget. Work is done under contract to the state agency; funding is 75% federal, 25% state.

### FAMILY INTERVENTION PROJECT

**FLORIDA**

Alternative Human Services, Inc.
PO Box 13087
St. Petersburg, FL 33733

Jane L. Harper, Director of Client Services
813/526-1123

**GOALS:** To alleviate crisis episodes, maintain at-risk children with their families, strengthen family relationships, and encourage stable living conditions for children.

**BACKGROUND:** The program has been operating since December 1982, modeled after a pilot project funded by the state of Florida. Theories of intervention used include crisis intervention and structural and strategic family therapy. The program is a specialized unit of a multi-service agency.

**PROGRAM DESCRIPTION:** Service to the family as a whole unit is the focus of the program. Core services include assessment and family counseling, family life education, and parent-child support groups. Families must be referred by the state's Department of Health and Rehabilitative Services. Service duration ranges from 4 to 8 weeks. Services to families average 2 hours per week; in-home services are provided to families who cannot make office visits. Staff are available 24 hours. Follow-up occurs at 30-, 60-, and 90-day periods following termination of services.

**CLIENT CHARACTERISTICS:** Of families served by the program, 64% are Caucasian and 36% are minorities. Fifty-five percent of families have incomes below $10,000/year. Most families served are single-parent headed or blended. Primary problems center around communications issues, behavior problems and parenting skills. The geographic area served is Pinellas County.

**STAFF:** The program staff includes 2 master's level counselors with caseloads of 20 families each. Services are not provided by teams. Training sponsored by the agency includes a minimum of 7 hours per month for each counselor in family counseling theory and techniques and related subjects.

**EVALUATION:** The program has been formallly evaluated and serves 240 families a year.

**FUNDING:** The FY 1983 program budget is $45,000, representing 4% of the total agency budget. Funding for the program is provided by the state.

## HOMEMAKER SERVICE FLORIDA

Children's Home Society of Florida
3027 San Diego road
PO Box 10097
Jacksonville, FL 32247

Jean S. Price, Director of Social Services
904/396-4084

**GOALS:** To prevent and ameliorate child abuse and neglect and to improve family relationships so children can receive adequate care.

**BACKGROUND:** Service is provided under contract with the Florida Department of Health and Rehabilitative Services. Homemaker Service uses a team concept for therapeutic crisis intervention.

**PROGRAM DESCRIPTION:** Homemaker Service uses teams of social service professionals and homemaker staff to provide a range of in-home educational, role-model and support services for families and children referred by the Department of Health and Rehabilitative Services. The program provides assistance in locating other community resources such as housing, financial assistance, health care and educational and vocational services. Volunteers supply additional support when needed. Averate duration of services is 4-6 months; all service is in-home. The Homemaker Service serves about 181 families or 488 individuals a year.

**CLIENT CHARACTERISTICS:** Client families may be voluntary or court-ordered and are of all races, ethnic groups and economic levels. Parents lack adequate skills for daily living, parenting, and survival and may also be ill, poorly educated, drug users, unemployed or in erratic jobs, in poverty, with unmet emotional needs, and emotionally unstable.

**STAFF:** The program is staffed by 1 supervisor (MSW), social service professionals (Master's level or Bachelor's level with extensive experience), and Homemakers with experience in home management and child care. Homemakers have an average monthly caseload of 5 families.

**EVALUATION:** The state monitors the program annually. The agency is planning quarterly utilization review.

**FUNDING:** One program is funded by a mixture of federal, state and local monies; three others are 100% state funded. The total budget is $4.8 million, representing 44% of the total agency budget.

## FAMILY CRISIS SERVICES HAWAII

Family Court, First Circuit
PO Box 3498
Honolulu, HI 96811-3498

Norma D. Sparks, Supervisor
808/548-6377

**GOALS:** To prevent detention and further court involvement of children referred to the court for status offenses.

**BACKGROUND:** The program began in 1971 and was modeled after the Sacramento Probation program.

**PROGRAM DESCRIPTION:** Family Crisis Services works with children and families on the problems which brought them to the court, such as school, curfew, runaway, drugs, rules and friends. The family may also want help with marital problems, abuse or other issues affecting family members. Counseling sessions, which average 6 weeks, 3 hours per week, involve the child and as many family members as possible. Services are limited by legal requirement of the Family Court referral to 90 days. Services may be provided in-home.

**CLIENT CHARACTERISTICS:** Client families are predominantly Asian-American, Polynesian and Caucasian, and problem areas presented are marital problems, alcohol and drug abuse, immature and impulsive adolescent behaviors, and inadequate parenting skills. The geographic area served is the Island of Oahu. The criteria for selection of families for service include first-time offenders and status offenses.

**STAFF:** The program's staff is comprised of 1 supervisor and 4 social workers. All staff have at least 3 years experience post MSW and carry an average of 10 cases at a time. Graduate students are also involved in the program. The staff and students team to work with families. Teams are preferably male/female and of an ethnic mix that is representative of the family's composition. Staff receive 2 hours a week of training in family assessment techniques through section-sponsored workshops, community and university resources. Graduate students receive 16 hours a week in co-therapy, family assessment and counseling.

**EVALUATION:** Approximately 720 families are served in a year by the program. A formal program evaluation exists.

**FUNDING:** The program is 100% state-funded. Clients are not assessed fees for service.

## COMMUNITY YOUTH SERVICES

The Children's Home
2130 N. Knoxville
Peoria, IL 61603

Arlene Happach, Director of Youth and Community Services
309/685-1047

**GOALS:** To divert youth from the juvenile justice and child welfare service systems, making it possible for them to remain within their own homes and communities.

**BACKGROUND:** The Community Youth Services program is a service of the Children's Home of Peoria, a multi-service agency offering both residential and in-home services.

**PROGRAM DESCRIPTION:** Referrals to the Youth Services program come from all segments of the community, most frequently from schools, self/families, and the Department of Children and Family Services. The program views the entire family as the client, although there is an identified youth referred. Service begins with intake, with the program coordinator completing a family assessment which includes a determination of appropriate therapeutic intervention to meet the needs of each family. Three options follow family assessment: referral to the program's in-home counsel for intensive in-home intervention, referral to social service/mental health agency for more intensive therapeutic intervention, or referral to the youth services network panel (which is comprised of 11 representatives of public and private family and youth agencies). The network panel develops treatment plans for families experiencing severe dysfunction, with the goal of creating a "community treatment plan."

**CLIENT CHARACTERISTICS:** Clients served are between the ages of 6 and 18. Most families and youth in the program have multiple problems, with the major presenting problems initially identified as uncontrollable, runaways, and family conflict.

**STAFF:** One in-home counselor, 1 program coordinator, and the Director of Youth and Community Services staff the Comunity Youth Services program.

**EVALUATION:** No formal program evaluation is available.

**FUNDING:** The program is funded through the Illinois Department of Children and Family Services.

**THE FAMILY STABILIZATION INITIATIVE** **ILLINOIS**

Illinois Department of Children and Family Services
One North Old State Capitol Plaza
Springfield, IL 62706

Roland Kulla, Cook County Regional Administrator
312/793-6883

**GOALS:** To enhance the Department of Children and Family Services' planning efforts and level of services to families experiencing neglect.

**BACKGROUND:** The Family Stabilization Initiative is a new effort (February 1984) by the Department of Children and Family Services to respond to the needs of families experiencing neglect, who account for two-thirds of the region's protective service intake population. The pilot project acknowledges the strong correlation between poverty and child neglect. The Initiative recognizes and supports the use of communities as a central factor in effective intervention stabilizing neglectful families.

**PROGRAM DESCRIPTION:** The program is designed to provide emergency casework services to families where the Department has been awarded temporary custody of their children because of founded neglect allegations. The Department refers cases for service from geographic areas where there is a high incidence of temporary custody placements, and the agency initiates service within 48 hours of the temporary custody order. The agency provides the Department with a written assessment addressing the family's level of functioning, capacity to benefit from services, determination of whether or not the children can be returned home and recommendation to monitor the family through community based services. The service's goal is to enhance the parents' level of functioning and to allow the children to be returned home with the use of community based services to support and monitor the family's parenting skills. Four agencies in the City of Chicago will participate in the Initiative. Services are anticipated to last 45-60 days, at an estimated cost of $1000 per family. It is expected that families will receive between 7-10 hours of service per week, all in the home and community. Two hundred families are expected to be served in a year.

**STAFF:** In each of the 4 agencies, 2-3 social workers and 1 supervisor will provide services. Caseload will range from 7-10 families per worker.

**EVALUATION:** As this pilot project is in its early stages, no evaluation is available.

**FUNDING:** The Family Stabilization Initiative is funded 100% with state monies. The budget for FY 1984 is anticipated to be $300,000.

Hoyleton Children's Home
36 Loisel Village
East St. Louis, IL 62203

Lucky Hollander, Director of Community Programs
618/398-0900

**GOALS:** To attempt to keep children out of placement through intensive family intervention.

**BACKGROUND:** Hoyleton Comprehensive Family Services (HCFS) has existed since July 1977 and is a specialized component of the Hoyleton Children's Home.

**PROGRAM DESCRIPTION:** HCFS provides intensive social service to dysfunctional families and children, including children who may be emotionally disturbed, physically or borderline mentally disabled, and children from infancy to 19 years of age who are abused/neglected. All families are referred by the Illinois Department of Children and Family Services on a no-decline basis. The agency will serve all children except those diagnosed by a physician as actively psychotic, severely or profoundly mentally retarded, or children in institutional care who do not have a plan for returning home within 3 months or for moving to an alternative living situation within one month. One hundred families are served by the program each year. Services range from 6-12 months per family on the average, with some requiring more time. Four to 6 hours of weekly service, all in-home, are provided to each family.

**CLIENT CHARACTERISTICS:** The client population is 50% Caucasian, 50% Black. Socioeconomic status of families in the program is poor or working class (85%), and lower middle class (15%). 65% of the familes are headed by a female, single parent. Primary problem areas experienced include: child abuse/neglect, inadequate housing, adolescent parenthood and stressful adolescent/parent relationships.

**STAFF:** The program is staffed by 5 social workers, 1 secretary/advocate, and 1 director. Two of the social workers have 4-10 families, and 3 have 5-8 families and some supervisory responsibilities.

**EVALUATION:** There is no formal program evaluation available.

**FUNDING:** The program's budget of $126,000 represents 12.5% of the entire agency budget. 85% state and 15% private sources fund the program.

**IN-HOME SERVICE PROGRAM** **ILLINOIS**

The Children's Home
2130 N. Knoxville
Peoria, IL 61603

Arlene Happach, Director of Youth and Community Service
309/685-1047

**GOALS:** To prevent break-up of families experiencing problems with delinquency.

**BACKGROUND:** The In-Home Service Program provides intensive family treatment to multi-problem families within Peoria County.

**PROGRAM DESCRIPTION:** Youth referred to the In-Home Service Program are all wards of the Department of Children and Family Services, ranging in age from 10-18. This program deals most specifically with youth who are adjudicated delinquent, age 13 and under, and those whose behaviors place them in danger of temporary or permanent removal from their homes. Referrals are made by the Division of Child Protection, and contact with the Department is maintained weekly. The family is the basic unit of service--the in-home therapist provides family and individual casework, but also helps families meet other identified needs (recreation, advocacy, employment, etc.).

**CLIENT CHARACTERISTICS:** Service is restricted to youth aged 10-18 who are wards of the Department of Children and Family Services. Most adolescents served are adjudicated delinquents under age 13 and at high risk for out-of-home placement.

**STAFF:** One case manager and the Director of Youth and Community Services are responsible for the In-Home Service Program.

**EVALUATION:** There is no formal program evaluation available.

**FUNDING:** The program is publically funded through the Illinois Department of Children and Family Services.

## SATELLITE FAMILY INVOLVEMENT PROGRAM ILLINOIS

Kaleidoscope, Inc.
329 S. Wood
Suite 400
Chicago, IL 60612

Olivia Dundich, Program Director
312/733-1717

**GOALS:** To provide services aimed at maintaining a child in his/her family who might otherwise be placed in residential care. Secondary objectives are to build social, educational and emotional strength within the family unit with the outcome being self-sufficiency and appropriate use of community resources.

**BACKGROUND:** The program was begun as a specialized unit of this private, non-profit child welfare agency, and was modeled after John Brown's Canadian program which stresses unconditional care.

**PROGRAM DESCRIPTION:** The Satellite Program provides 80 hours per month of direct services to biological and psychological families, employing innovative treatment techniques to overcome resistance, regression and other impediments to the therapeutic process. Treatment approaches are individualized to address each family's unique problems and needs. Core services include individual, family and group counseling, and client advocacy as well as concrete services. The Satellite model uses an outreach framework; the primary role of the treatment staff is that of "extended family member." Sixty percent of the 80 hours of service per month are spent in face-to-face contact with families. In addition, many hours are devoted to advocating with collateral agencies (schools, courts, hospitals, public agencies), coordinating support services in the family's interest. Services may last 1-2 years. The program's admission policy mandates that all referrals be accepted regardless of severity. Discharge procedure involves a 70-day period at reduced hours to guarantee that the family maintains its functioning level with less intensive services.

**CLIENT CHARACTERISTICS:** The client families are 60% Black, 35% Caucasian, 5% other. Eighty percent of clients are at or slightly above poverty level. Family composition includes the full range of variations possible. Primary problem areas are neglect, abuse, incest, truancy, runaways, and chronic stealing. Most families have a long history of social services involvement. The geographic area served is Cook County (Chicago), Illinois.

**STAFF:** The Satellite Family Involvement Program staff includes a program director, a family worker supervisor, 4 family worker II's, 9 family workers, 4 social workers, a program nurse and activities coordinator. Services are provided by teams composed of the program director, a family worker II, 3 family workers, a social worker, nurse and activities coordinator. Each team serves 11 families. All positions are required to attend 20 staff development sessions a year (40 hours total) which focus on a variety of topics.

**EVALUATION:** A formal program evaluation is in the process of being developed.

**FUNDING:** The FY 1983 program budget of $500,000 is 100% state funded through a purchase-of-services agreement and represents 20% of the total agency budget.

## ALTERNATIVES TO RESIDENTIAL TREATMENT — INDIANA

Wells County Department of Public Welfare
Bluffton, IN 46714-2090

Virginia Fenstermaker, Social Worker
219/622-7689

**GOALS:** To prevent or delay institutional placements of children in need of service and to facilitate re-entry of these children into the home.

**BACKGROUND:** This program began in August 1982 to provide more intensive service for families experiencing problems which may otherwise result in out-of-home placement.

**PROGRAM DESCRIPTION:** Alternatives to Residential Treatment supports the theory that providing services to children in the home setting is the most humane and effective means of promoting long-term change in the family system. This program serves children in need of service and adjudicated delinquents. Wells County Department of Public Welfare refers cases to the child protection team. The program social worker, caseworker and team determine whether the case is appropriate for the program. The Wells County Department of Public Welfare then works toward obtaining a court order mandating participation by the child and family. The program social worker provides such services as liaison, advocacy, auxiliary support, and family counseling. The average length of service per family is 6-9 months. During treatment, 5-7 hours of service per week are provided, approximately 2 of them in the family's home.

**CLIENT CHARACTERISTICS:** Clients are primarily Caucasian and of middle and lower-middle incomes. Communication, lack of parenting skills, and acting out behavior are significant problems experienced by these families.

**STAFF:** One social worker with a Bachelor's degree in social work and experience in child protective services staffs the program. This program social worker is independently contracted with by the Wells County Department of Public Welfare.

**EVALUATION:** There is no formal program evaluation available at this time.

**FUNDING:** Funding is drawn 100% from federal monies. The FY 1983 budget was $5,000. The estimated cost to the agency is $1,000 per individual.

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## FAMILY COUNSELING OUTREACH INDIANA

Famiy Service Association of Indianapolis
615 North Alabama St.
Indianapolis, IN 64204

Arthur Weidman, ACSW, Ph.D., Director of Professional Services
317/634-6341

**GOALS:** To improve the quality of family life by providing quality family counseling to those families who might otherwise be unable to afford such services.

**BACKGROUND:** The Family Counseling Outreach program is one component of this 150 year-old multi-service organization, and was begun 40 years ago. The agency is accredited by the Council on Accreditation of Services for Families and Children and by the National Home Caring Council, Inc.

**PROGRAM DESCRIPTION:** Family Counseling is provided to families and individuals to solve a broad range of problems including marital conflict, child rearing, money management, unemployment difficulties, problems of aging and mental or physical health. Family crisis intervention is also provided. Specialized counseling services include the Child Sexual Abuse and Male Battering programs. Systems theory and structural family therapy approaches are most commonly used. One to two hours of counseling a week are provided in-home. Services are not time-limited.

**CLIENT CHARACTERISTICS:** Families are both Caucasian and Black and range from middle-income to poverty level. Families include both single- and two-parent families. Primary problems presented tend to involve marital problems and parent-child relationships.

**STAFF:** The Famiy Counseling Outreach program employs 24 Master's degree counselors, most of whom are MSW's. A formal training program for staff in family therapy theory and techniques is provided by the agency.

**EVALUATION:** A formal program evaluation for 1982 is available. The 1983 evaluation is in process. The program served 1386 families, or 2351 individuals, in the most recent reporting period.

**FUNDING:** The FY 1983 program budget is $339,750, representing 33% of the total agency budget.

The Stopover Agency
445 N. Penn St.
Indianapolis, IN 46204

Edie Olson, MSW, Program Manager
317/236-8700

**GOALS:** To prevent placement and facilitate reunification of adolescents who are victims of sexual and other forms of physical abuse and neglect.

**BACKGROUND:** The concepts upon which the program is based were borrowed from Syracuse University's Citizen Advocacy Model and the University of Iowa's Family Based Services Models.

**PROGRAM DESCRIPTION:** Family counseling, education and client advocacy functions are provided using program staff and resources in the community. Families are referred by the Child Protective Services Unit of the Marion County Department of Public Welfare following substantiation of allegations of abuse and neglect. Families are matched with volunteer family advocates who are recruited in the community and trained by program staff to alleviate isolation through befriending efforts. The average service duration is 9 months with a 2 year flexible limit. Families receive an average of 6 service hours a week, 3-5 of which are in-home. Approximately 30 families are served in a year.

**CLIENT CHARACTERISTICS:** Families served include adolescents aged 13-17. Approximately 63% of families are Caucasian; 37% are black. Half are single parents. More than half of the families have an employed member; the remainder receive public assistance. Primary problem areas include abuse, social isolation, unemployment and under-employment, history of tragedy and institutionalization.

**STAFF:** The Family Unity Program employs a Program manager, 3 casework/counselors and 1 volunteer coordinator (part-time). Some teaching is done. Caseloads range from 5 families per counselor to 3 families for the program manager. Staff training includes a minimum of 6 hours in home-based family-centered services, 8 hours in physical/sexual abuse, 4 hours in adolescent development and parent development and 32 hours of normalization and citizen advocacy.

**EVALUATION:** No formal program evaluation is available. However, Internal assessment is an on-going process and involves family (consumer) input.

**FUNDING:** The 1983 program budget is $108,495, representing approximately half of the total agency budget. Fifty percent is state money and 50% is privately funded.

Indiana University Developmental
  Training Center
2853 East Tenth St.
Bloomington, IN 47405

Gen Shelton, Coordinator
812/335-0872

**GOALS:** To demonstrate educational intervention strategies for developmentally disabled (including autistic) and "at risk" infants and preschoolers.

**BACKGROUND:** The program, which is a part of Indiana University, was begun in July 1975 to provide direct services in health, social work, special education, speech and language, occupational therapy, creative arts, and adapted physical education to developmentally disabled children and their families, and to provide a learning center for professionals and students in these fields.

**PROGRAM DESCRIPTION:** Home-based services are provided to families with children from infancy to 18 months old with classroom services for children from 18 months through pre-school. Interventions are based on a developmental approach using an interdisciplinary team. With home-based services, parents are trained as effective teachers, planners and advocates for their children. Parents meet and interact with each other and are helped to plan for their children's future needs and to become advocates for the legal and educational rights of their children. Through parent needs assessments, individual parent plans are developed for each family's involvement in the program. The average duration of services is 2 years. Families receive approximately 15 hours of service a week, 2 of which are in-home.

**CLIENT CHARACTERISTICS:** The program serves families representing the ethnic and socioeconomic characteristics of the semi-rural, university community in southwestern Indiana served by the program. The families served must have a child with a handicapping condition and be in need of intervention.

**STAFF:** The program has 14 staff members (10 full-time and 4 part-time) representing the following disciplines: special education, social work, speech and language, occupational therapy, nursing, adapted physical education, early childhood development and creative arts. These individuals combine their expertise through the use of interdisciplinary teams. On-going staff development activities are conducted through the Indiana University.

**EVALUATION:** The program is in the process of establishing a formal evaluation. It serves approximately 25 families a year.

**FUNDING:** Client families are assessed fees for service using a sliding scale fee structure. The program is 100% state funded.

Families, Inc.
101 W. Main
PO Box 130
West Branch, IA 52358

Michael D. Ryan, Director
319/643-2532

**GOALS:** To provide intensive home-based family-centered services to families as an alternative to out-of-home placement of children.

**BACKGROUND:** Families, a private non-profit agency serving 9 Iowa counties, has been operating since July 1974.

**PROGRAM DESCRIPTION:** Comprehensive home-based services utilizes theories and techniques of family therapy and family environmental support services to assist families experiencing severe problems to remain intact. A professional team of two experienced family therapists (1 primary, 1 co-therapist) is available to the client family 24 hours a day, 7 days a week. The treatment team establishes treatment directions in consultation with the family and the referring agency. Determination of eligibility for service rests with the Department of Human Services and Juvenile Court. Families at risk of having children removed from the home due to verified abuse or neglect, emotional and/or adjustment difficulties, or delinquency and substance abuse, are potential clients. Families requesting assistance may also receive services from Families, paying an hourly fee. Approximately 250 families, or 1250 individuals, are served by the program in 1 year, at an estimated cost of $3100 per family. The average duration of service is 4-5 months, with clients receiving 5 or more hours of service per week (most of these hours in-home). The agency's expectation is that 70% of families served will be able to accomplish many, if not all, of their goals.

**CLIENT CHARACTERISTICS:** Client population served is 95% Caucasian, 5% minority. Approximately 60% of the families depend on public assistance, 20% are low income and 20% middle to upper income. Sixty percent are headed by single parents, 40% by 2 parents. The primary problem areas experienced by these families are child abuse and neglect.

**STAFF:** Families is staffed by 20 part- and full-time family therapists, most of whom hold Masters degrees. Each professional serves 6-8 families. Administrative assignments, distrubuted among the staff, require up to 30% of their professional time. The agency sponsors staff training in such areas as home based service, family therapy, and sexual abuse treatment.

**EVALUATION:** Formal evaluation data is available.

**FUNDING:** Families is funded with 99% state and 1% local monies, through purchase-of-service contracts with the Iowa Department of Human Services. The FY 1983 program budget is $650,000.

## FAMILY AFTER-CARE PROGRAM IOWA

Four Oaks
1341 Bertram Road
Cedar Rapids, IA [illegible]401

Joan Vagts, Family Services Director
319/364-0259

**GOALS:** To prevent or reduce lengthy placements of children in residential treatment and foster care and to improve recruited families' long-term chances of success.

**BACKGROUND:** Four Oaks, formerly Boys Acres, is a residential treatment facility. The Family After-Care Program was begun in August 1982 as a continuation of the facility's comprehensive services to families which seek to involve families throughout all phases of treatment until the child's permanent placement goal is achieved.

**PROGRAM DESCRIPTION:** The four home-based components of the program are family therapy, parent skills training, family recreation and home management skills development. The program seeks to keep families in charge of their circumstances and to coordinate community services to support the family. Support to the family and to the Family After-Care team is provided when necessary by psychiatric, family therapy and specialized consultants. Referrals come from juvenile probation and the public social service agency, and include children at risk of out-of-home placement as well as those who need support for return home following placement. The average duration of service is 6 months. One and one-half hours a week per family are provided by staff in-home. Nineteen families were treated between August 1982 and December 1983.

**CLIENT CHARACTERISTICS:** The client population is 89% Caucasian and 11% Black and Vietnamese. Sixty percent are middle income, while 40% are lower income. Family composition ranges from 22% intact, 50% single, 33% adopted, 40% blended families and 5% only children. Primary problem areas are parenting and marital conflicts. Families reside in the state social service district 5; however, families come from other regions in Iowa as well.

**STAFF:** The program staff consists of 3 contract family therapists. Other professionals, such as specialized foster parents and residential treatment staff, team with therapists to work with families when indicated. Training for family therapists include 3+ hours a month of general child care and topics related to family support issues.

**EVALUATION:** No formal evaluation is available; however, follow-up information is elicited from families after treatment has ended.

**FUNDING:** The FY 1983 program budget is only $12,000, representing 4% of the total organization budget. The average cost per family is $881.42.

**FAMILY AND CHILD TRAINING PROGRAM** **IOWA**

Systems Unlimited
1020 William
Iowa City, IA 52240

Sheila O'Neill, Coordinator
319/338-9212

**GOALS:** To prevent or delay institutionalization by providing support services and training to developmentally disabled children and adults and their families.

**BACKGROUND:** Family and Child Training (FACT) was begun in July 1977 as a service of Systems Unlimited, Inc., which provides community based programs and services to developmentally disabled children and adults in 5 eastern Iowa counties.

**PROGRAM DESCRIPTION:** Families are referred by the local Department of Human Services without regard to income-eligibility. The Department of Health Service caseworker, the FACT case manager, and the parents develop an Individual Service Plan (ISP) for every individual. The plan includes goals, objectives, and methods of intervention to be used and is reviewed every 6 months. The FACT case manager meets with each family weekly during the first few months and monthly thereafter. The case manager is responsible for scheduling services and implementing the ISP. Services to the family may include behavior management training, assistance in planning therapeutic recreation and in implementing the recommendations of schools and other agencies, parent and family counseling, and miscellaneous services such as living skills development. FACT serves the total family including grandparents, siblings--even babysitters. The program is extremely flexible. Most work is done in the late afternoons, evenings and on weekends in the family's home. The focus is on maintaining the individual in the home rather than providing specific services. The duration of services is variable; however, families generally receive 4 hours of service per week, 3 of which are in-home.

**CLIENT CHARACTERISTICS:** Families served are 88% Caucasian, 9% Asian, and 3% Black, reflecting the racial/ethnic characteristics of the communities served. Families include at least 1 individual who is developmentally disabled.

**STAFF:** The FACT program is staffed by 1 social worker and 1 special education teacher with caseloads of 15-18 families each. In-home workers are contracted for on an hourly basis. Services are provided by teams which include a coordinator or case manager and part-time in-home workers with counseling by MSW's. Training is provided by the agency as needed.

**EVALUATION:** A formal program evaluation exists. The program serves approximately 40 families a year.

**FUNDING:** The FY 1983 program budget is $98,000. The average per hour cost for services to a family is $18.03. Funding is 85% state and 15% local. Clients are not assessed fees for services.

Lutheran Social Service of Iowa
3116 University Ave.
Des Moines, IA 50311

Lyn C. Lienhard, Director of Professional Services
515/277-4476

**GOALS:** To prevent out-of-home placement by providing services to the family and to hasten the return home of children in placement, reuniting the family.

**BACKGROUND:** Family Assistance and Support Team (FAST) service has been offered by Lutheran Social Service of Iowa since 1978. The program was developed by Lutheran Social Services and the Johnson County Department of Human Services.

**PROGRAM DESCRIPTION:** FAST serves families who meet any of the following criteria: a child is placed out of the home and the family needs to learn more effective parenting to have the child returned; a child is out of the home and supervised visits are necessary to assist in reintegrating the family; removal of a child from the home is imminent unless the family is offered supportive services; parenting education and problem-solving skills are needed to strengthen the family unit. Core services provided by FAST workers include parenting skills and home management skills training, crisis intervention, and service coordination to assist the family with multiple problems. Supplemental services such as day care, homemakers and visiting nurses are arranged when appropriate. FAST service is offered in 18 counties state-wide, through a purchase-of-service contract with the Department of Human Services. Local Department of Human Services offices screen all referrals. FAST serves approximately 54 families a year. Service duration averages 8.7 months, with 5.7 hours of service weekly.

**CLIENT CHARACTERISTICS:** Families served reside in rural, suburban and urban areas in Iowa. Approximately 15% of clients in urban areas are minority. Most families in the program are above or near the poverty line.

**STAFF:** In each local office, FAST is staffed by 1 MSW and 3 BA workers with an average caseload of 11. Each caseworker is allotted a staff development fund to attend programs that meet their individual needs. Most staff attend 2 programs a year, with these funds as well as 2 major agency training programs.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The FAST program has a purchase-of-service contract with the Iowa Department of Human Services. The cost per family for service averages $2,413.

The Young House, Inc.
105 Valley Street
Burlington, IA 52601

Jack Escorcia, Director of Treatment
319/752-4000

**GOALS:** To help families remain intact when a child is being considered for placement outside the home, to assist in reunification when a child is in placement, and to prevent re-placement.

**BACKGROUND:** Young House has been operating 4 residential programs for boys 12-18 since 1981, along with foster family and Big Brothers/Big Sisters programs. The agency has insisted on family involvement in these programs. The development of family-centered services in September 1983 was a naturally compatible adjunct to the agency's placement program.

**PROGRAM DESCRIPTION:** The program is modeled after Families, Inc. of West Branch, Iowa, and employs systems theory and strategic therapy (Haley, Satir, Weakland) in working with protective services families. The average duration of services is 4-6 months. Services are provided in the family's home, with staff available 24 hours. Families are referred from the probation office and the state Department of Human Services agency. At least one member of the family must be being considered for out-of-home placement.

**CLIENT CHARACTERISTICS:** The geographic area served is southeast Iowa, where the client population is predominantly Caucasian.

**STAFF:** Four family therapists work with 8-10 families. Two staff are assigned to each family. Three staff are bachelor's level with experience in the field. The fourth staff person has an MSW.

**EVALUATION:** The program is collecting baseline data. Outcome and cost data is expected to be available in September 1984.

**FUNDING:** A $10,000 seed grant was obtained to begin the program, followed by a purchase-of-services contract with the state Department of Human Services. All services are currently provided under purchase-of-service contract.

## FAMILY CRISIS INTERVENTION UNIT IOWA

Iowa Children's and Family Services
1101 Walnut
Des Moines, IA 50309

Donald R. Elly, Supervisor
515/288-1981

**GOALS:** To relieve immediate crisis and initiate an active follow-up plan of brief family therapy, to restore family esteem and equilibrium in family functioning, and to reduce recidivism and institutional dependence.

**BACKGROUND:** The Family Crisis Intervention Unit of this large, voluntary, multi-service agency was begun in October 1980, and was modeled after the Emergency Treatment Center of the Mental Health Research Institute in Palo Alto, CA.

**PROGRAM DESCRIPTION:** Team members are available 24 hours daily, 7 days a week for in-home crisis intervention, from a centrally located office. Unit staff respond to crisis calls from the police, community agencies, and individuals or families in the Des Moines area and encompass the entire spectrum of crisis situations involving families. Active, intensive follow-up is initiated and maintained by team members responding to the initial call. Follow-up includes direct family contact and coordination of present and future referrals to appropriate community agencies. This maximizes continuity of care and takes advantage of the considerable rapport developed between team members and people in crises at the time their need is most acute. Service duration is approximately 20 days with a 30 day limit. Hours per week per family averages 2.

**CLIENT CHARACTERISTICS:** Clients are predominantly Caucasian with some Black and Indochinese families, reflecting the racial/cultural characteristics of the service area. Most range between low and middle income. Child management, school truancy and children on the run constitute the primary family problems. Families are in crisis, by their own definition. One hundred and eighty-one families, or approximately 600 individuals, are served in a year.

**STAFF:** The program is staffed by 1 supervisor and 3 family crisis therapists. All staff have had graduate training, with an average of 7 years experience as counselor therapists. All staff participate in 4 hours a month of training based on on-going cases. Crisis therapists participate in an additional 4 hours a month of training in various case treatment topics.

**EVALUATION:** Formal evaluation data is available.

**FUNDING:** The program budget for FY 1983 is $135,000, representing approximately 4.5% of the total agency budget. Ninety-five percent of funding is locally derived, with 5% from private sources.

Iowa Children's and Family Services
1101 Walnut
Des Moines, IA 50309

Sharon Sinclair Graham, Director of Supportive Services
515/288-1981

**GOALS:** To help parents improve their parenting skills and become more responsive in meeting both the physical and emotional needs of their children.

**BACKGROUND:** The Family Homemaker program, a component of this large child and family multi-service agency, was begun in August 1975, and was modeled after the Comprehensive Emergency Services Program in Nashville, Tennessee. The program serves Polk County, Iowa, which includes the city of Des Moines.

**PROGRAM DESCRIPTION:** Homemakers support and reassure parents while teaching skills in money management, shopping, meal planning and preparation, household organization, child care and discipline, etc. Homemakers are responsible for providing service to families in accordance with the goals and objectives of the service plan outlined by the referring worker and for maintaining case records. Clients are referred from Child Protective Treatment Service, Family Counseling, the Family Violence Center, In-Home Treatment Counseling and the Family Crisis Unit, based on the referrant's appraisal of the family's need. The program serves 124 families a year. Average length of service is 5.9 months. Families receive about 3.5 hours of service a week, generally in-home.

**CLIENT CHARACTERISTICS:** Sixty-four percent of the families receiving services receive public assistance only; 31% receive public assistance and are employed; 5% do not receive public assistance and are employed. All clients are child protective service cases. Seventy-seven percent are Caucasian, 13% are Black. Sixty-five percent are single parents.

**STAFF:** The program staff includes 1 part-time director, 1 part-time supervisor, 7 full-time homemakers with an average caseload of 8 families each, and 1 part-time art therapy specialist. Homemakers work in teams with the referring workers. Training includes 4 hours a month in the following subject areas: child abuse, child neglect, incest, drawing personal boundaries, effective communication, improving writing skills, court testimony, parent training, child development, nutrition, time management and others.

**EVALUATION:** Formal evaluation information is available.

**FUNDING:** The program budget for FY 1983 is $169,000, representing approximately 6.2% of the total agency budget. Eighty percent of program funding is derived from a purchase-of-service contract with the state agency; 20% is locally derived. The cost of service averages $1,892.00 per family.

## FAMILY INTENSIVE IN-HOME TREATMENT — IOWA

Families of Northeast Iowa
PO Box 806
Maquoketa, IA 52060

Roger L. Reid, Executive Director
319/652-4958

**GOALS:** To provide intensive family therapy in order to prevent the breakdown of families and reunite family units that have already been broken.

**BACKGROUND:** This program has been in operation since April 1977 and is modeled after Families, Inc. of West Branch, Iowa.

**PROGRAM DESCRIPTION:** A combination of family and individual counseling, supplemented by homemaker assistance (available in 2 of the counties), is provided by a team of 2 or more family counselors. A 30-day assessment period is followed by 60-90 day or 6-12 month treatment, with 24-hour accessibility. Families are invited to call for additional help after case closure, and formal follow-up is provided through the DHS or juvenile court. Eligibility for service is based on residence (in Delaware, Dubuque, Clinton, and Jackson Counties) and on willingness to participate in family counseling. In addition, families must either be referred by the juvenile court or the Iowa Department of Human Services or agree to pay full costs if self-referred. The average duration of service is 8 months at a cost of $5,476 per family. Families generally receive 4-5 hours of service per week, 2-3 of which are provided in-home. Eighty-four families (or 372 individuals) are served by the program each year.

**CLIENT CHARACTERISTICS:** Clients served are predominantly Caucasian, representing a range of socioeconomic levels. The majority of families are 2-parent, with 2 or 3 children. Primary problem areas are child abuse and neglect, sexual abuse and child behavior problems.

**STAFF:** Twelve full-time and 2 part-time counselors (with 4-6 cases per worker), 1 supervisor, 1 director, 1 administrative assistant and 1-1/2 clerical workers staff the in-home treatment program. Counselors receive 10-15 hours of training in treatment methods. The supervisor and director also receive relevant training.

**EVALUATION:** A formal program evaluation does exist.

**FUNDING:** The Family Intensive In-Home Treatment program's budget of $420,000 represents 88% of the total agency budget. State and local funds comprise 95% and 5%, respectively, of the budget. The Department of Human Services has a purchase agreement with the agency. Homemaker Service (available in 2 of the counties) is funded by the Iowa Department of Health through a contract with the counties' boards of supervisors.

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## GERARD IN-HOME TREATMENT PROGRAM

Gerard Schools of Iowa, Inc.
PO Box 1353
Mason City, IA 50401

Linda Vold, In-Home Coordinator
515/532-3222

**GOALS:** To prevent unnecessary out-of-home placements, to reduce the length of placements, and to aid families in enjoying more satisfactory interpersonal relationships.

**BACKGROUND:** The In-Home Treatment Program of Gerard Schools, Inc., began in November 1978. This preventive program remains separate from the school's residential treatment programs for emotionally disturbed children. The program is based on the family systems work of Virginia Satir, Salvatore Minuchin and Jay Haley.

**PROGRAM DESCRIPTION:** In-Home Treatment is a comprehensive, integrated program focusing on the family in the context of its community. Family therapy, counseling, parenting education, development of natural support networks and intervention with community agencies and schools are among the features of this unified service program. Families who live within the 8-county area of northern Iowa are eligible for service if there is a child at risk of placement. The Department of Human Services' Foster Care Review Committee screens referrals. There is no fee for service. Clients are monitored through comprehensive goal and treatment plans which are reviewed every 10 weeks throughout service. The average length of service per family is 6-7 months, with 4 hours of in-home service per week. The estimated cost to the agency is $3800 per family. In fiscal year 1982-83, 64 families were served by this program. The agency reports that out of the 38 of these families who have terminated so far, 30 were successful in meeting treatment goals.

**CLIENT CHARACTERISTICS:** The population served by the program is 99% Caucasian and spans a range of socioeconomic levels. Some of the most significant problems experienced by clients include low self-esteem, scapegoating of a child, limited parenting skills, financial and marital difficulties.

**STAFF:** The program is staffed by one coordinator and 6 full-time in-home treatment workers with an average case load of 5-6 families. The agency's staff development program provides 8 hours of training per month in topic areas related to treatment, techniques specific to in-home work and related areas such as incest, alcohol and grief counseling.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The FY 1983 program budget of $149,000 comes from federal (60%) and state (40%) funds, through purchase-of-service contracts with Iowa's Department of Human Services.

Alternative Treatment Associates
PO Box 308
Postville, IA 52162

Neal D. Sheeley, Administrator
319/864-7122

**GOALS:** To strengthen and maintain families, prevent unnecessary placement of children, and facilitate and expedite return of children from placement.

**BACKGROUND:** Founded in 1979, Alternative Treatment Associates is a nonprofit corporation with a board of directors chosen from the five Iowa counties served. The program is modeled after Families, Inc. of West Branch, Iowa.

**PROGRAM DESCRIPTION:** Comprehensive home-based treatment is a single unified service for each family. Each family is assigned a minimum of 2 professional therapists who provide a formalized psychotherapy session at least once a week. One of these therapists is responsible for the additional intervention time required to provide service from intake through assessment, program planning and implementation, and termination. Most family sessions are scheduled in the evenings, and staff are available 24 hours a day for crisis situations. Families eligible for service have at least 1 child under age 18 at home, have had children placed out of the home or have children in danger of being placed in foster care, group homes, residential treatment or institutions. Referrals may come from the Department of Human Services or the court, with DHS screening the families to ensure that service is provided for those with the greatest needs. There is no fee for service. Approximately 27 families (with 45 children) are served per year at a cost of $3216 per family. The average length of service for a family is 5 months or 105 service hours. On a weekly basis, between 2 and 6 hours are spent per family, primarily in the family's home. Services are limited to 45 days of assessment and 6 months of continuous service.

**CLIENT CHARACTERISTICS:** The majority of clients served are Caucasian, reflecting the rural Iowa population. Clients comprise all socioeconomic levels, with 40% receiving or having received public assistance at some time. Seventy-one percent of families are intact, 18% are headed by a single parent, and 11% are blended. Delinquency is the most frequently experienced problem (48% of the families), with physical abuse/neglect and substance abuse found in 29.6 and 25.9%, respectively, of the families served.

**STAFF:** The program is staffed by 1 administrator/family therapist, 5 family therapists (1 assigned to each county served), and 1 administrative assistant. The family therapists generally have primary responsibility for 5 families. Therapists work in teams of two. The agency sponsors an ongoing staff training program in such topics as brief therapy, strategic therapy, paradoxical therapy, and Ericksonian therapy.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The agency's FY 1983 budget of $131,818 is funded with 82% state and 18% local funds. Home-Based Counseling Services utilizes 100% of the agency's budget.

Iowa Children's and Family Services
1101 Walnut
Des Moines, IA 50309

Linda M. Ross, Director of Home-Based Services
515/288-1981

**GOALS:** To prevent placement or re-placement of children outside the home, to facilitate return from placement of children in out-of-home care, to prevent involvement or re-involvement of children with the juvenile justice system, and to prevent negative dissolution of families because of social, emotional or environmental difficulties.

**BACKGROUND:** The program was begun in June 1977 as a component of this century-old children and family multi-service agency.

**PROGRAM DESCRIPTION:** Comprehensive, in-home family services include the following: Counseling, provided to the family as a unit using the family therapy modality. Individual pathologies are de-emphasized; efforts are made to keep the parent(s) in charge; strengths are identified and used in structuring solutions to family problems; resources in the family's community are identified and used. Teaching involves instructing parent(s) in various aspects of family and community relationships, including communication and parent training and behavior management techniques. Role modeling involves providing parents with opportunities to observe others performing tasks that are essential to maintaining a family. Family advocacy involves supportive intervention by the counselor in working with parents around specific environmental and social problems. It involves concrete help rather than counseling. Approximately 220 families were served in FY 82-83. Services are time-limited to 6 months; families receive 6 hours of service a week, 3 of which are in-home.

**CLIENT CHARACTERISTICS:** Ninety-five percent of families are on the lower socio-economic status scale; 50% are single-parent families, and 98% are Caucasian. Primary problems include child management, abuse, neglect, substance abuse, truancy and delinquency. Families tend to have multiple problems and to be socially isolated.

**STAFF:** Four program supervisors, 2 assistant program supervisors and 25 in-home family counselors staff the program. The 25 counselors carry an average of 5-7 cases. Supervisory staff carry 1-4 cases. Staff training is budgeted for and is a regular part of the on-going program.

**EVALUATION:** The program has on-going evaluation data available.

**FUNDING:** The annual budget is $745,000, representing 25% of the agency total. Eighty-two percent of program funds come from the state, 9% local and 9% private. The agency services 35 counties in Iowa through 6 offices.

## IN-HOME TREATMENT SERVICES IOWA

Lutheran Social Service of Iowa
3116 University Ave.
Des Moines, IA 50311

Lyn C. Lienhard, Director of Professional Services
515/277-4476

**GOALS:** To prevent the removal of children from their families and to reunify families in which children have been placed out of the home.

**BACKGROUND:** In-Home Treatment was initiated in 1979 after core staff attended an in-home training event in Iowa City, Iowa.

**PROGRAM DESCRIPTION:** In-Home Treatment Service includes a variety of therapy types: family, individual and marital, in addition to service coordination. Most help is offered directly in the family's home. Families eligible for this service are at risk of having a juvenile removed from home or may be at risk due to neglect/abuse or because a child is being returned home from foster care. Services are offered in 18 offices throughout the state. The Local Department of Human Services screens all referrals to ensure that intensive in-home treatment is warranted. In-Home Treatment serves 200 families each year, at an approximate cost of $1,664 per family. Service duration averages 6 months, with 5.7 weekly hours of service to a client family.

**CLIENT CHARACTERISTICS:** Since the program is offered statewide, populations served reside in rural, suburban, and urban areas throughout Iowa. Approximately 15% of urban families served are minorities. Families in the program live above or near the poverty line.

**STAFF:** Statewide, In-Home Treatment is provided by 5 MSW's and 23 BA's, with an average caseload of 5-6 families. Staff development funds are allotted to each worker to attend programs that meet their own needs. Generally, staff attend 2 training programs each year in addition to 2 major training programs sponsored by the agency.

**EVALUATION:** A formal evaluation is available.

**FUNDING:** The In-Home Treatment program has a purchase-of-service contract with the Iowa Department of Human Services.

## SEVENTH STREET SCHOOL IOWA

Christian Home Association
Council Bluffs, IA

Carol Johnson, Program Coordinator
712/325-1924

**GOALS:** To maintain youth who are considered "chronically disruptive" in their own homes, schools, and communities through personalized academic and treatment plans.

**BACKGROUND:** Seventh Street School was established to demonstrate that adolescents who exhibit disruptive behavior in school in combination with family and community problems can be maintained at home if provided with structured, coordinated and integrated educational/social services. Operating at full enrollment since August 1981, it is a coordinated program of the Christian Home Association, the Council Bluffs Public Schools, and the Pottawattamie County Department of Social Services.

**PROGRAM DESCRIPTION:** The Seventh Street School is a combined education-day treatment program for youth experiencing identified school, community and/or family problems and at risk of out-of-home placement. To improve social behavior and self-discipline, to allow the student to return to the public school or secure employment, and to improve family functioning and strengthen family relationships, the program combines 5 closely integrated facets: 1) vocational and academic instruction, 2) individual and group counseling, 3) individual and group activities, 4) family counseling, and 5) a summer program to prevent regression in academic and social skills. Students are referred through the public school system and are candidates for the program if they are considered to have a behavior disorder likely to result in out-of-home placement. The program uses a family systems approach and considers family involvement in treatment essential. Treatment goals are generally accomplished within 18-24 months. Annually, the program serves 19 families.

**CLIENT CHARACTERISTICS:** Clients are residents of Council Bluffs and Pottawattamie Counties, and are predominantly Caucasian, with some Hispanic-American families represented. They range from lower through middle income; and 75% are female-headed single-parent familes. School behavior problems, poor social skills, poor academic performance, asocial types of behavior and low self-esteem are significant problems experienced by the youths served.

**STAFF:** Program staff includes 1 coordinator, 1 family therapist, 2 teachers, 2 teacher aides, and a part-time principal. Service is provided in teams which also include a vocational counselor consultant and referral person.

**EVALUATION:** The program's evaluation reveals that it has been successful in maintaining youth at home and averting out-of-home placement. A formal evaluation is available.

**FUNDING:** Funding comes from a variety of sources, including the Council Bluffs School District, Christian Home Association, Pottawattamie County Department of Human Services, Education Agency 13 and the Youth Services Bureau of the Iowa Department of Human Services. The FY 1983 budget was $128,162.

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**FAMILIES OF WYANDOTTE COUNTY** **KANSAS**

Community Service Center
2048 N. 5th St.
Kansas City, KS 66101

Regina Barger, Program Coordinator
913/371-3148

**GOALS:** To prevent placement and re-placement of children, shorten lengths of placement, avert further deterioration in dysfunctional families and strengthen individual functioning and family relationships.

**BACKGROUND:** In October 1979, the Community Service Center initiated the Families of Wyandotte County program to provide intensive, comprehensive home based services to families at risk of abuse and neglect.

**PROGRAM DESCRIPTION:** The program is based on the idea that parents who abuse or neglect their children have been deprived in their own childhood (and lack the experience of parent-child bonding). The Families program seeks to create situations in which parents can obtain that bonding experience, reduce their preoccupation with their own needs and be able to parent their own children. The Families staff serve as models of adequate parenting through their own parenting of the abusing mother or father. Home based counseling, weekly support sessions, parenting classes, parent/child observation and individual therapy are the core services provided. These are supplemented by transportation and day care when needed. Participation in the program requires a minimum of 15 months. Families receive 10-15 hours of service per week, half of them in the home. To be eligible for service, families must reside within Wyandotte County and be involved with the protective services division. There is no formal follow-up by the program, but clients are invited to re-establish contact if the need arises. The program serves 50-60 families or 129-40 individuals per year.

**CLIENT CHARACTERISTICS:** Families served by the program are 60% Caucasian and 40% Black. Ninety-five percent of the clients are recipients of ADC, with the remaining 5% either employed or disabled. The majority of families (85%) have 4 children in the home; 5% have 1 or 2 children; 10% have 5 or more. Deprivation and neglect, failure to thrive, physical abuse, poor self-esteem and experiences of abuse or neglect are primary problems faced by client families.

**STAFF:** Families is staffed by 3 full-time female therapists and one part-time male therapist. Full time therapists carry 11-15 cases per month. The male therapist conducts the parenting group and has case responsibility for 7 male clients.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The FY 1983 program budget of $85,000 is funded 100% with state monies through a purchase-of-service contract with the Department of Social Services.

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## FAMILY SUPPORT CENTER — KANSAS

United Methodist Youthville, Inc.
1600 Rush
Salina, KS 67401

Mick G. Klein, Coordinator
913/823-1539

**GOALS:** To prevent out-of-home placement; to provide after-care for youth leaving placement; to reduce family disruption and strengthen the family group; and to provide primary prevention services through education and enrichment programs.

**BACKGROUND:** The program, modeled after Iowa Home Based Services and PACT of Wayne State University (Michigan), was begun in January 1983 as a pilot project of the Youthville organization. Services are targeted primarily to families with adolescents.

**PROGRAM DESCRIPTION:** The core services provided by the Center are family counseling, family life education, shelter for runaways and short-term foster care. Workers advocate for youth and their families with other formal systems in the community and contract for home management and surrogate brother/sister program support. Family counseling is based on family systems, behavioral and cognitive theories of therapy. The program also takes advantage of Kansas Social and Rehabilitation Services Family Support Worker Program for parent-aide support. The average duration of services is 3 months, with extensions up to one year. Families receive an average of 2 hours of service a week from the program, all of which are in-home. Staff are available 24 hours. Fifty-six families are served in a year.

**CLIENT CHARACTERISTICS:** Only 1% of client families are minorities; the caseload is predominantly Caucasian and represents all socioeconomic classes and variations on family composition. The primary problem areas presented are child abuse and neglect, school problems, family conflict, and court involvement.

**STAFF:** The Family Support Center has 7 employees: 2 secretaries, 3 Bachelor's level social workers, 1 coordinator for runaway youth services, 1 Master's level marriage and family therapist, who also administers the program. The average caseload is 8-10 families. Teams are used, particularly when responding to crisis calls. They are composed of a man and a woman. Training, thus far, has been on-the-job supervision, although a formal training program is being developed.

**EVALUATION:** No formal evaluation information is available. Follow-up procedures have been adopted and consist of telephone contacts 1 month, 6 months, and 1 year following termination.

**FUNDING:** The FY 1983 program budget is $147,065, representing approximately 5.8% of the total organization budget.

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## FAMILY SUPPORT WORKER PROGRAM KANSAS

Department of Social and Rehabilitation Services
Division of Youth Services
2700 W. 6th St.
Topeka, KS 66606

Anita Reilly-Brisco, Family Services Specialist
913/296-4210

**GOALS:** To prevent the unnecessary out-of-home placement of children/youth and to reunify children separated from their families.

**BACKGROUND:** The Family Support Worker Program began in July 1979 as a pilot project and was implemented state-wide in 105 counties in September 1982.

**PROGRAM DESCRIPTION:** Paraprofessionals work in partnership with social workers serving families with children who are at risk of abuse or neglect. Sometimes there is a court order that Family Support Worker services be provided to a family. In-home modeling/teaching to develop skills in parenting, homemaking, problem solving, and budgeting are core services provided by the Family Support Worker. The program purchases services from private vendors to provide for therapy, transportation, day care, psychological evaluation, and intensive home-based service. Service is geared towards short-term intervention, with case plans developed for a 6-month to 1-year maximum. Average duration of service is 6.2 months; 1,086 families with 2,740 children were served in FY 1983.

**CLIENT CHARACTERISTICS:** Families served represent a range of racial and ethnic groups, Blacks being the largest client group. Approximately 60% of families receive public assistance. Parenting skill deficits, financial problems, behavioral/developmental problems with a child are the primary problems requiring service.

**STAFF:** Statewide, 123 Family Support Workers are employed by the program. These paraprofessionals work in teams with the social worker who has case responsibility for a family. Family support workers receive 24 hours of training.

**EVALUATION:** The agency conducts a formal evaluation.

**FUNDNG:** Funding comes from 57% federal and 23% state monies. FY 1983 expenditures were $689,135, representing 2% of the agency budget.

Community Health and Counseling Services
43 Illinois Avenue
Bangor, ME 04401

Gail Wagner, Early Childhood Coordinator
207/947-0366

**GOALS:** To effectively address the varying needs of families with young children 0-12 years old who need mental health service.

**BACKGROUND:** The program was begun in September 1980. The agency is a licensed Mental health facility by the State of Maine. It is accredited by the National Homecaring Council and is Medicare/Medicaid certified for Home Health/Mental Health Services.

**PROGRAM DESCRIPTION:** The program provides a therapeutic preschool for children 3-6 years old who are experiencing problems in their social, emotional, and cognitive development, with regular home-based services provided weekly. A community support program is also provided which offers in-home counseling services to families in need. Services include a parents' support group, effective parenting training, disciplinary techniques, and formal family counseling. An on-going counseling program for both individual children and their families provides support for continuing problems as well as crisis situations.

**CLIENT CHARACTERISTICS:** Families with children between infancy and 12 years of age are served, and all socioeconomic levels in the service area are represented.

**STAFF:** The programs available within Early Childhood Services rely on an interdisciplinary team approach with 1 clinician serving as the primary contact person/case manager. Programs are staffed by highly skilled educators, counselors and community support workers. A consulting staff consists of a psychiatrist, psychologist and a special education consultant.

**EVALUATION:** No program evaluation is available.

**FUNDING:** The program is funded through multiple sources, including federal, state, local, and private monies.

**HOMEBUILDERS FAMILY SUPPORT SERVICES** **MAINE**

Families United of Washington County, Maine
26 Main Street
Machias, ME 04654

Francis Fuller, Program Director
207/255-3366

**GOALS:** To provide support for families in crisis or transition in order to prevent placement of youth or other forms of family break-up.

**BACKGROUND:** This is one of 5 HomeBuilders programs established in the State of Maine with the support of the Director of the Office of Children's Services. Modeled after HomeBuilders (TM) of the Behavioral Sciences Institute, it seeks to help families identify their own needs and goals and to build networks of supportive relationships while developing internal skills. The Families United HomeBuilders program began providing services in March 1981.

**PROGRAM DESCRIPTION:** The program provides home-based team-delivered family counseling, client advocacy, case coordination, education and referral and sponsors parent support groups. The program operates on the theory that families are most ready to work for change and to learn new ways of interacting with one another just following a crisis or rapid change in circumstances. HFSS offers 9 weeks of counseling, 2 hours a week per family, in-home. Staff is available 24 hours. One 3-week extension can be offered when necessary and when contracted for with the family. Families may be accepted for treatment when family break-up threatens, when they are willing to accept in-home counseling, or when more traditional services have not been used or were not useful. Follow-up is accomplished by case conferencing following closure with a repeat evaluation after 6 months. The program serves 27 families a year.

**CLIENT CHARACTERISTICS:** Six percent of families are Native American; the remainder are Caucasian. Families are residents of the poorest county in the northeast quarter of the United States, according to survey respondent. Forty percent are single parents. The primary problem areas identified are law violations, parental violence against children, communication, over-closeness, blocked developmental progress, alcohol abuse and role reversals.

**STAFF:** The program is staffed by two counselors, a woman and a man who team with one another to work with 5 families at a time. Sixty hours of training in time-limited, home-based family counseling and support is provided for counselors. Staff also participate in 60 hours of support group involving counselors from the other four HomeBuilders programs in the state. Another 20 hours of special topics such as infant mental health, sexual abuse and alcohol abuse are also offered.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The program's FY 1983 budget is $80,032, which represents 58% of the total agency budget and is derived from a purchase-of-services agreement with the State Department of Mental Health (Children's Services).

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## FAMILY THERAPY INSTITUTE OF MARYLAND

5850 Hubbard Drive
Rockville, MD 20852

Jay Haley, Director
301/984-5730

**GOALS:** To provide quality psychotherapy services to the whole age range from young children to the elderly in the whole range of life's difficulties, from mild to severe; to provide quality training and accreditation for therapists in the short-term, strategic, problem-solving approach; and to offer case consultation to practitioners.

**BACKGROUND:** The Institute was begun in 1976 under the direction of Jay Haley and Cloe Madanes, who have authored numerous books and articles on strategies of psychotherapy, family therapy and strategic family therapy.

**PROGRAM DESCRIPTION:** The clinic offers short-term, strategic therapy to families and individuals over a 10-12 week period. The number of hours spent with families in a week varies, based on their individual needs and circumstances. Training programs offered by the Institute include Intensive and Apprenticeship Programs, Winter and Summer Programs and a Case Consultation Program for practitioners. The Institute also has an accreditation program in strategic therapy for therapists, supervisors, and affiliated institutes.

**CLIENT CHARACTERISTICS:** The program serves clients and practitioners of all races and classes and provides both local and out-of-town consultation. There is no limiting criteria for acceptance of clients; however, specific criteria must be met for the accreditation program.

**STAFF:** The program staff is comprised of co-directors, a clinical director, 8 therapists, 6 clinical consultants and a community relations professional. The Institute has a live supervision training program to train professionals in the field in working with all manner of families and family problems.

**EVALUATION:** There is no formal program evaluation.

**FUNDING:** All funding is from private sources. Clients are charged fees for service, determined by a sliding scale on the basis of income.

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## PARENT AIDE PROGRAM MARYLAND

Family Service Agency/Big Sisters
of Washington County, MD, Inc.
Suite 208
138 E. Antietam St.
Hagerstown, MD 21740

Roger A. Ruddick, Executive Director
301/733-5858

**GOALS:** To provide emotional support and guidance to a parent on a one-to-one basis to help them overcome isolation, develop new resources and assist the parent in adopting new child-rearing practices.

**BACKGROUND:** In response to a substantial need for professional counseling for low and middle income residents, this agency was founded in 1960. During the 1970's a Big Sisters program was initiated; during the 1980's the Family Life Education and Parent Aide Programs were added.

**PROGRAM DESCRIPTION:** Parent aides provide 4-6 hours per week of direct, regular contact with the family served--either in the home or by phone. Program emphasis is on shared activities in an atmosphere of supportive friendship. Meeting the needs of the parent for nurture and friendship improves the chances of healthy relationship development between parent and child. Parent Aides are supervised by licensed social work staff in the Family Counseling Program.

**CLIENT CHARACTERISTICS:** Families are referred by Washington County Protective Services. Agency clients are 96% Caucasian, 4% Black and other. They are middle and low income, and 42% are single parent families.

**STAFF:** Volunteer parent aides are matched with 1 family at a time, and commit 4-6 hours weekly to work with that family. A comprehensive training program is designed to provide the Parent Aide volunteer with an understanding of child abuse and neglect and the skills necessary to establish a trusting relationship with the parent they serve.

**EVALUATION:** No formal evaluation is available.

**FUNDING:** Programs of the Family Service Agency/Big Sisters of Washington County, Maryland, Inc. are funded through a combination of state and private sources.

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## SERVICES TO FAMILIES WITH CHILDREN — MARYLAND

Baltimore City Department of Social Services
1510 Guilford Avenue
Baltimore, MD 21202

Brenda Ayers, Program Chief
301/234-3065

**GOALS:** To make available to families with children a wide range of in-home counseling, educative and functional services that will preserve, support and strengthen the family unit.

**BACKGROUND:** The Services to Families with Children (SFC) program is a specialized unit of this large urban public social services agency. The program is designed to serve income-eligible, voluntary client families.

**PROGRAM DESCRIPTION:** Family and individual counseling services and group work services are provided to assist with family problems relating to parenting, family relationships, home management, health, housing, education and employment. Program social workers use a task-centered casework approach employing methods and techniques in crisis intervention and group work. Cases are categorized in one of 4 priority levels, according to the degree of family dysfunction and risk for dissolution. Services are goal-oriented and time-limited up to 12 months. The program works with approximately 600 cases a month.

**CLIENT CHARACTERISTICS:** Eighty-five percent of client families are minorities; 10% are Caucasian. Families must be income-eligible, receiving Aid to Families with Dependent Children, SSI, or have a gross income that doesn't exceed 80% of the state's median income adjusted for family size. Family problems include parent/child conflict, poor coping behavior and adjustment problems with children. Parents range in age from 18 to 50 years old and reside within the geographic boundaries of Baltimore City.

**STAFF:** The program staff is comprised of a program chief, a program specialist, 3 unit chiefs, 4 line supervisors, and 17 social service workers. Workers' caseloads average 30 families at a time. SFC workers team, when appropriate, with protective services and foster care workers and homemakers. All staff receive 75 hours of training.

**EVALUATION:** A formal program evaluation has been done. Follow-up is done with families at 30 days, 3 months, 6 months, 9 months, and 12 months.

**FUNDING:** The FY 1983 program budget is an estimated $2 million, representing 2% of the total agency budget. Funding is derived from federal and state sources.

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Cambridge Family and Children's Service
99 Bishop Allen Drive
Cambridge, MA 02139

Sandra Wixted, Director
617/661-4700

**GOALS:** To provide mediation services to families in crisis to avoid further court involvement and unnecessary child placement.

**BACKGROUND:** Begun in May 1981, this program was designed to provide an alternative to the court and legal systems for adolescent status offenders and their families. It has served as a model for many other parent-child mediation services.

**PROGRAM DESCRIPTION:** The project operates as an independent agency and depends on voluntary participation from family members. Employing the principles of mediation in which a neutral third party assists family members in working out their differences, trained staff and community volunteers encourage family members to reach agreement with one another on the change they want to make and course of action they want to take. Three community people, representative of the community in race, age and educational background and called "panel members," assist family members in working toward agreement. Program staff work with the family before, during and after agreement is reached. The average duration of services is 3.5 months. The average number of hours of service a week to a family is 5. Services are not provided in-home.

**CLIENT CHARACTERISTICS:** The program serves cities and towns surrounding Boston. The client population is 12% Black, 5% Hispanic, 3% Portuguese, and 60% single-parent families. Primary problem areas presented include out-of-control adolescent behavior, runaways, truancy, and some protective cases involving adolescents.

**STAFF:** The program staff consists of a director and assistant director, with supervisory oversight by the deputy director of the Massachusetts Advocacy Center. There are 2.5 case coordinators/mediation convenors and 50 volunteer mediators. Volunteer mediators receive 32 hours of training in alternative dispute resolution (mediation) theory, principles, process and skills. Case coordinators receive 40 hours of training in mediation theory, systems theory, community resource liaison and advocacy activities.

**EVALUATION:** The Children's Hearing Project serves 125 families a year. Follow-up occurs monthly for 2 months following the initial 6 weeks. A formal evaluation is available.

**FUNDING:** The FY 1983 budget was $93,000, representing 12% of the agency total. Seventy-five percent is state funded, 25% private.

38 Union Square
Somerville, MA 02143

Sheila Botein, Project Director
617/623-8402

**GOALS:** To provide in-home evaluation and support to families with a child under 3 years old who has special needs, including medical problems.

**BACKGROUND:** Neighborhood Support Systems for Infants (NSSI) was begun in 1976 as a national demonstration project of the Bureau of Education for the Handicapped.

**PROGRAM DESCRIPTION:** NSSI is a home-based program in which core mothers implement individualized programs of developmentally-geared activities with mother and baby. Developmental evaluations using the Bayley Scale of Infant Development and the Sewell Early Education Developmental Program are done in the home at 4-month intervals. Parents are helped to deal effectively with difficult behavior, feeding problems, etc., and are helped in teaching their children and in encouraging their development. The duration of services is 12-15 months. The average number of hours of service per week is 2, all of which are in-home.

**CLIENT CHARACTERISTICS:** Families are 80% Caucasian, 10% Black and 10% Hispanic and are at the lower socioeconomic level. Half of all families served are single parents. Fifty-sixty percent of parents have not completed high school. The primary presenting problems are related to parenting. Service priority is given to low-income families and to families required by court order to participate in the program.

**STAFF:** NSSI's staff is composed of 3 case managers, an occupational therapist, pediatric nurse practitioner, early childhood educator, 3 core mothers (paraprofessional home visitors) and 1 administrative assistant. Services are provided by teams composed of a case manager and core mother. All core mothers receive 1 year of training in human growth and development and 1 semester of counseling for non-counselors. Additional training is provided based on staff needs. Bi-weekly group supervision meetings with a senior social worker also occur.

**EVALUATION:** No formal program evaluation exists.

**FUNDING:** The FY 1983 program budget is $130,000, 20% of which is federal, 60% state, and 20% local. The average cost per family per year is $2,000. Clients are not assessed fees for service. The program is a consistently used and valued support service, yet continues to have difficulty obtaining steady financial support, according to the program spokesperson.

**TRI-CAP HEAD START** **MASSACHUSETTS**

TRI-CAP, Inc.
22 Mountain Avenue
Malden, MA 02148

Joyce K. Sebian, Program Director
617/321-4072

**GOALS:** To support the family unit while helping parents develop parenting and self-advocacy skills for themselves and their children.

**BACKGROUND:** The program was begun in 1980 and was modeled after the Home-based Head Start Demonstration Project.

**PROGRAM DESCRIPTION:** Tri-Cap Head Start provides comprehensive health, social, nutrition and education services to low-income families in Everett, Malden, and Medford, MA. Families of pre-school children receive individualized attention and support by a Home-Visitor. The average duration of services is 37 weeks, with 15-20 hours of service provided in-home. Parents participate twice a month in parent support groups while their children participate in pre-school groups. Workshops and field trips are also a planned part of program activities.

**CLIENT CHARACTERISTICS:** Families must be income eligible with children between 2.9 and 5 years old. Families must also be residents of Medford, Malden or Everett, MA. The ethnic origin of families served includes Italian, Spanish, Irish and Greek. Families include both two-parent and single-parent homes.

**STAFF:** The program staff includes 7 Family Advocates with caseloads of 10 families each; 2 teachers, a social service/health coordinator, an Education-Special Needs Coordinator, an Administrative Assistant and a Program Director. Family Advocates and teachers team twice a month to run the preschool classroom. Training for staff includes one week of orientation, a once-a-month staff training day, and a monthly education group which includes skills development in nutrition, health, education, special needs, and social services.

**EVALUATION:** Program evaluation is available, based on feedback elicited from parents and staff using a survey questionnaire.

**FUNDING:** The program budget for FY 1983 is $199,290, 100% of which derives from the Department of Health and Human Services (Federal). In-kind services include the facilitators for the parent support groups and workshops.

## CRISIS INTERVENTION PROGRAM

Kent County Juvenile Court
1501 Cedar St. NE
Grand Rapids, MI 49503

John G. Weiks, M.A., Supervisor
616/774-3749

**GOALS:** To provide immediate counseling services for crises; to prevent placement in detention and formal court involvement for status offenders, and to maintain them in their own homes.

**BACKGROUND:** Acting on studies showing that children who previously have been admitted to secure detention because of status offenses or misdemeanors do not require a severe detention setting, the Kent County Juvenile Court designed their crisis intervention program in August 1977. The program design was selected because its effectiveness was proven in an extensive project at the Sacramento County Juvenile Court, Sacramento, California.

**PROGRAM DESCRIPTION:** In the Crisis Intervention Program, youngsters and their families receive immediate counseling from a specially trained probation officer. The modes of intervention used are short-term treatment based on crisis and systems theories; coordination of community services, temporary emergency housing and transportation are also provided. Crisis intervention and short-term family counseling is limited to 8 weeks; however, the average duration of services is 4-6 weeks, with sessions averaging 1-2 hours per week per family. Longer term needs are met through referral of clients to other community services. The geographic area served is Kent County, Michigan.

**CLIENT CHARACTERISTICS:** All ethnic groups represented in Kent County are served. Families are primarily from middle and lower income groups and have a youngster between the ages of 11 and 17 who is a status offender or who has committed minor violations of the law. The program serves an average 500 families a year.

**STAFF:** The program includes 5 staff: a supervisor, 3 full-time counselors and a full-time secretary. Caseloads average 29 per month for counselors and 10 per month for the supervisor. Training provided is as follows: 60 hours of training for the secretary, which includes management of aggressive clients; 40 hours for counselors and supervisors in family systems theory, violence in urban families, short-term family therapy, working with learning disabled, and incest assessment and treatment.

**EVALUATION:** A Formal program evaluation is available.

**FUNDING:** The FY 1983 program budget is $145,628, representing 2% of the Juvenile Court budget. Fifty percent of funding is state derived; 50% is local. The average cost per family served is $285.00.

## FAMILIES UNDER STRESS

MICHIGAN

Community, Family and Children Services
100 Hastings Street
Traverse City, MI 49684

Michael J. Sullivan, ACSW, Unit Supervisor
616/947-8110

**GOALS:** To provide an alternative to placement for adjudicated youth using intensive outreach family therapy.

**BACKGROUND:** The program, begun in April 1977, is a specialized unit of this voluntary, non-profit, multi-service agency which serves three rural northern Michigan counties.

**PROGRAM DESCRIPTION:** The core services of the Families Under Stress program are 3-generational family assessment, intensive family therapy, multi-agency service coordination and aftercare services. Support services include parent groups, youth groups and alcohol and drug awareness groups. The primary theory of intervention employed is Bower's family systems theory. Referrals for services are made by the local probate court and department of social services with criteria being high risk of placement and willingness of family to participate in the program. The average duration of services is 6-9 months. Families receive from 1-4 hours of service a week, 50% of which are in-home. Staff are available 24 hours. Services are not time-limited. The program serves 150 families per year.

**CLIENT CHARACTERISTICS:** Families are both Caucasian and Native American and represent all socioeconomic classes. Fifty percent of families are intact; 50% are single parent or reconstituted. Primary problem areas include juvenile delinquency, child abuse and neglect, and incest. Families tend to have a multi-generational history of family disruption.

**STAFF:** The program staff is comprised of 3 clinical social workers and 1 half-time case aide. Staff training sessions have been conducted with Murray Bowen and Michael and Kathleen Kerr. Annual training programs in family systems theory are also provided. In addition, staff have been trained at the Georgetown Family Center, Midwest Institute of Alcohol Studies, Family Institute of Chicago and the Johnson Institute.

**EVALUATION:** A formal program evaluation is available. Baseline data is collected using a monthly monitoring inventory. A 6-month telephone follow-up is made following termination of services. Periodic follow-up is also done using a survey instrument.

**FUNDING:** The FY 1983 program budget is $154,000, which represents 23% of the total agency budget. Fifty percent of the budget is state funded and 50% is local. The program has purchase-of-services contracts with the Department of Social Services and the Probate Court. A portion of funds is made available through Michigan's Children's Trust Fund.

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## PARENTS AND CHILDREN TOGETHER (PACT) MICHIGAN

Wayne State University
160 Old Main
Detroit, MI 48202

Dorothy Kispert, Director
313/577-3519

**GOALS:** To shorten and prevent foster care placements.

**BACKGROUND:** The program was established in June 1977 by the Wayne County Department of Social Services and is affiliated with the Family and Consumer Resources Department of Wayne State University. It is modeled after the Lower East Side Family Union in New York.

**PROGRAM DESCRIPTION:** Parents and Children Together (PACT) is a short-term, in-home, family-based service program for high risk families in Wayne County. The program also provides training to graduate students who plan to work in human services and evaluates the effectiveness of the intervention approach. In-home counseling and parent groups are the primary service components. These are supplemented by supportive services including: transportation, donations, home repairs and moving, child care, 24-hour answering service and a multi-disciplinary team for case consultation. Eligible families reside in Wayne County and meet the following criteria: children are at risk of placement or are returning from foster care within 6 months; clients are not alcoholic or drug dependent (who have not sought treatment); no violent person lives at home; no history of severe abuse of a sadistic nature is present; no chronic psychosis in a family member; clients want the child(ren) returned or want to prevent placement; clients are not severely mentally retarded. Families must participate in the program willingly. Clients are interviewed at 90 and 180 days after case closure to determine the status of the target child(ren). In fiscal year 1982-3, 340 families (with 1104 children) were served. The average length of service is 7 months, at a cost of approximate $2500 per family. Seventy-five percent of all service hours are provided in the family's home.

**CLIENT CHARACTERISTICS:** Clients served are predominantly Black families (72%). Caucasians constitute 25%. The majority of families (85%) are headed by an unemployed parent and live on public assistance. Primary problem areas experienced by families are child abuse and neglect, lack of parenting, home managment and budgeting skills, lack of knowledge of development and nutrition.

**STAFF:** The program is staffed by 3 supervisors, 20 PACT counselors (who are graduate students with caseloads of 8-10 families), and 2 parent group leaders with group size of 10-16 individuals.

**EVALUATION:** The program has published its evaluation results. Ninety-five percent of the children at risk for placement remained at home, and 31% of the children in foster care at the beginning of service were returned home.

**FUNDING:** The PACT program is funded 50% by the State of Michigan and 50% by Wayne County, through a purchase-of-service agreement.

## THE PARENT-TO-PARENT PROGRAM

MICHIGAN

High/Scope Educational Research Foundation
600 N. River St.
Ypsilanti, MI 48197

Dr. Judith L. Evans, Vice President for Programs and Research
313/485-2000

**GOALS:** To provide support systems for families with young children; to promote children's intellectual and emotional development in the family setting; to support family strengths and enhance parenting skills; to encourage families, over time, to participate in and contribute to their community; to make other community services responsive to families' needs.

**BACKGROUND:** The Parent-to-Parent Program was developed in 1974 after the Foundation's Infant Education Project (1967) demonstrated that families welcomed home visitors. The Parent-to-Parent model utilizes parents from the community as trained paraprofessionals and has been replicated in over 18 communities in the Midwest and New England.

**PROGRAM DESCRIPTION:** The Parent-to-Parent Program works within a community framework to establish a low-cost, locally based family support network. The Parent-to-Parent model is based on the belief that parents can provide effective support to one another. The peer support concept unites community volunteers with parents in need. Volunteers and parents share similar backgrounds, but the volunteers bring different or more extensive experience to their partnership with parents. Through the process of implementing this model, community members become increasingly responsible for the program's operation, with the result that it becomes an integral part of the community's resource system. On the average, families receive service for 1 year with 1.5 hours weekly. Annually, 20-40 families are served at a cost of $1,200 per year each.

**CLIENT CHARACTERISTICS:** The Parent-to-Parent model has been implemented in different types of communities and in various geographic regions. Populations served include adolescent parents, parents with disabled children, families at risk of child abuse and neglect, Native American families, and families participating in Head Start programs. The community agency that is adopting the model determines the target population to be served.

**STAFF:** Parent-to-Parent program staff at High/Scope Education Research Foundation include 1 full-time supervisor, 1 half-time secretary, 1/10-time administrator, and 10-15 home visitors, who carry caseloads of 2-3 families each. Home visitors receive 60 hours of pre-service training in such topics as self-awareness, child development, providing support to parents, and knowledge of community resources/linkages. These workers also receive 2 hours of in-service training bi-weekly.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** Most of the program's funding is derived from private sources. The FY 1983 budget was $30,000.

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## PREVENTIVE SERVICES FOR FAMILIES MICHIGAN

Department of Social Services
PO Box 30037
Lansing, MI 48926

Barbara Ditzhazy, Program Manager
517/373-8534

**GOALS:** To prevent the occurrence of child abuse and neglect in "high-risk" families; to improve family functioning; to increase the family's ability to recognize the need for help, identify and use community resources effectively.

**BACKGROUND:** Preventive Services for Families has been operating since June 1981. Three-year demonstration projects (special family services projects) in 9 Michigan counties were expanded to serve the entire state.

**PROGRAM DESCRIPTION:** Families identified as "high-risk" for child maltreatment or family break-up are eligible for preventive services. Referral priorities are, in order: unsubstantiated protective service cases, closed protective service cases, closed foster care cases, and others. Caseworkers assist families in identifying problems and needed resources, motivating and connecting families with resources. Case management, counseling, education and training, homemaking, family planning, money management, seeking housing, information and referral, crisis intervention and volunteer service are among the services that might be integrated into a service plan with the family. Approximately 4,000 families are served annually, each receiving 2 hours of service per week.

**CLIENT CHARACTERISTICS:** Clients in the demonstration projects were predominantly Caucasian, with 31% Blacks, 1% Native Americans, and 4% Hispanic families. Ninety to ninety-five percent of preventive service families receive public assistance and 94% are headed by a female parent. Primary problems experienced by client families include emotional difficulties, inadequate housing, poor parent/child relationships, lack of income, and social isolation.

**STAFF:** One hundred and three workers with caseloads of 30 families (the maximum permitted) and 10 supervisors are responsible for the Preventive Services program. It is estimated that 15% of those in need of this service are being served.

**EVALUATION:** There is no formal evaluation available yet; development of an evaluation is in process.

**FUNDING:** The program's $2,570,000 budget is derived mostly from federal funds.

## FAMILY ASSESSMENT PROGRAM

Freeport West, Inc.
1-27th Avenue, SE
Minneapolis, MN 55414

Carl Wicklund, Program Supervisor
612/338-8348

**GOALS:** To provide a thorough assessment of families of juveniles who are committed to the State Commissioner of Corrections; to determine the appropriateness of home placement of juvenile parolees; and to plan, facilitate, and maintain a successful home placement with family and community at least 2 months prior to parole.

**BACKGROUND:** This program is being piloted by Freeport West, Inc., and began in October 1983, with funds provided by the Criminal Justice Program of the State of Minnesota. The program is patterned after the Home Based Family Centered Services Model.

**PROGRAM DESCRIPTION:** The Family Assessment Program focuses on the family system and its environment as primary resources in support of the parolee and his/her reacclimation to the community following institutionalization. Services to each family are as complete, comprehensive and intensive as are necessary to effect problem resolution and to strengthen and maintain the family, and are based on the program's assessment process. This process identifies both strengths and deficits in the family and opens them to discussion. Service duration is 2-3 weeks, with assessment done in-home.

**CLIENT CHARACTERISTICS:** Client families include an adolescent for whom return to family and community following institutionalization is a possibility. Clients served reside in a 5-county area. The program anticipates work with 40 families a year.

**STAFF:** The program includes one full-time family therapist and one part-time program supervisor. A staff training program is being developed.

**EVALUATION:** Baseline data is being collected for evaluation.

**FUNDING:** This pilot project is funded at $49,000 for the first year, representing 16% of the total agency budget. One hundred percent of the budget is federally funded.

## FAMILY COUNSELING PROJECT

MINNESOTA

Ramsey County Juvenile Probation
  and Parole Division
1021 Marion Street
St. Paul, MN  55117

Jim Hayes, Branch Supervisor
612/489-8053

**GOALS:** To strengthen family systems and avert placement of youngsters referred to the court.

**BACKGROUND:** The Program was begun in May 1983 to reduce costly juvenile placements. It is based on the premises that a youngster's delinquency cannot be separated from conflict, pain and self-defeating patterns of behavior within the family and that families can and will use help to improve their relationships with support, education and counseling on family issues.

**PROGRAM DESCRIPTION:** The Family Counseling Project is a condition of probation ordered by the court for status offenders and some juvenile misdemeanants and felons. The alternative to participation is child placement. Counseling is offered to whole families, with individual counseling offered under some circumstances. Weekly family group counseling sessions are also scheduled, which all families attend. Duration of the court-approved counseling plan for each family ranges from 3 to 6 months.

**CLIENT CHARACTERISTICS:** Status offenders (truants, runaways and out-of-control juveniles) when petitioned into court, may, when adjudicated, be assigned to juvenile probation for supervision. Families of youngsters so assigned may be accepted into the project if family conflict/dysfunction is documented, if the current offense is related to family issues and would otherwise result in placement, and if the juvenile is not severely emotionally disturbed. The program is available to some adjudicated juvenile felons and misdemeanants. Most referred juveniles are between 13 and 18 years old.

**STAFF:** Two family counselors work in teams with the Division's probation officers, conducting individual and group family counseling. Parole counselors are trained in juvenile corrections and family counseling.

**EVALUATION:** Preliminary evaluation data is available.

**FUNDING:** The program operates on the money required to support the personnel involved, roughly $85,000 per annum, an amount diverted from the county's child placement funds by the County Board of Directors.

## FAMILY FIRST - AN ENRICHMENT PROGRAM

MINNESOTA

Beltrami County Social Services
Box 688
Bemidji, MN 56601

Gail Hendershot, Program Director-Social Worker
218/751-4310

**GOALS:** To assist families to obtain or maintain a supportive, nurturing environment for all family members.

**BACKGROUND:** The program has existed since October 1981 as a specialized component of the Beltrami County Social Services Department.

**PROGRAM DESCRIPTION:** Core services provided include assistance with and teaching of child care skills, money management, housekeeping and home management, child development, communication skills, and building parent's self-esteem through friendship and supportiveness. Families are usually accepted into the program if there is no history of psychotic behavior, and if the parent needs support and seems open to the home-based approach. Average duration of service is 6 months, with each family receiving 4-10 hours of weekly service (75% of these hours in the home). Parents are encouraged to join support groups upon case termination. Approximately 16 families are served annually.

**CLIENT CHARACTERISTICS:** Clients are Caucasian and Native Americans of primarily low socioeconomic status. Seventy-five percent are families headed by a single parent. Child neglect and chemical dependency are frequent problems experienced by families served.

**STAFF:** The program director-social worker and 2 paraprofessional family workers (with caseloads of 7 families each) staff the program. A team approach to treatment is used, including the program director and family worker and any other person involved in providing service to the family (such as a probation officer or school representative). Paraprofessionals are involved in a state-wide pilot training project.

**EVALUATION:** No formal program evaluation is available.

**FUNDING:** County monies are used to finance the program, which has an annual budget of approximately $18,000.

**HI-RISK** **MINNESOTA**

Todd County Social Services
212 Second Avenue South
Long Prairie, MN 56347

Frank Sandelin, Social Service Supervisor
612/732-6181

**GOALS:** Prevention of out-of-home placement, reunification/restoration of family unit and functioning.

**BACKGROUND:** The Hi-Risk program was begun in 1980 to serve families in Todd County, Minnesota in which less that 25,000 people live.

**PROGRAM DESCRIPTION:** Hi-Risk provides assessment, counseling, home-management, child protection and crisis-shelter services to 6 to 12 families per year whose children are considered "at risk" or have special needs. A family service aide may provide a role model and education to families, and a family therapist is consulted for cases of incest or sexual abuse. The fee schedule is determined by family size or special population group. Average length of service is 6 months, 4-6 hours a week, mostly in-home. Staff are available 24 hours and service is not time-limited.

**CLIENT CHARACTERISTICS:** Client families are Caucasian and low income. Problems include employment, finances, emotional immaturity, alcohol, mental illness, etc.

**STAFF:** The Program is staffed by two child protection workers, 2 family service aides, and a consulting family therapist. Family service aides receive 80 hours of training in health, safety, child development, parenting, self-esteem, household management, communication and stress.

**EVALUATION:** There is no formal evaluation.

**FUNDING:** The program budget is $30,000 per year, which is about 3% of the agency's total budget. Funding is 50% local, 25% federal, and 25% state.

## IN-HOME SERVICES MINNESOTA

Dakota County Social Services
900 W. 128th St., Suite 152
Burnsville, MN 55337

Mary Pederson, Program Coordinator
612/890-0240

**GOALS:** To improve family functioning and prevent placement of children out of the home, and to reunify families who have been separated.

**BACKGROUND:** In-Home Services began in March 1981 as one component of Dakota County's Placement Alternatives Program. This initiative developed out of concern for the rising costs and sometimes questionable value of removing children from their own homes.

**PROGRAM DESCRIPTION:** In-Home Services provides trained paraprofessional Family Service Aides to work with families in their own homes to help resolve problems in many aspects of daily living. This program recognizes that for many families, problems are often rooted in the day-to-day difficulties of maintaining a household: budgeting and money management, household chores, shopping, and preparing children for school. Family Service Aides spend approximately 2 hours per week with the family for 4-6 months. Families residing in Dakota County with children under age 18 who are at risk of being placed out of the home are appropriate for referral. Families who have children already in placement can be referred if involvement in the program will shorten the child's placement or increase the likelihood of a successful return home. Referrals are screened by the Intake Group of the Placement Alternatives Program, which makes an eligibility determination and decides which service(s) are most appropriate. Families are all voluntary and set their own goals with the Family Service Aide.

**CLIENT CHARACTERISTICS:** Families in this program represent many racial and ethnic groups and social classes. Many are single-parent families.

**STAFF:** Eight paraprofessional Family Service Aides staffed the In-Home Program in 1983, each carrying 8 cases. Teams comprised of a social worker and Family Service Aide and other involved workers provide service. On the job, experientially based training is available on an on-going basis.

**EVALUATION:** A formal program evaluation of the entire Placement Alternatives Program is available.

**FUNDING:** Funding is derived primarily from county monies. The FY 1983 budget for the entire Placement Alternatives Program was $457,368.

## IN-HOME THERAPY

MINNESOTA

Sioux Trails Mental Health Center
1407 S. State
New Ulm, MN 56073

Robert C. Butler, Director
507/354-3181

**GOALS:** To prevent out-of-home placement of children.

**BACKGROUND:** In-Home Therapy treats families which are too dysfunctional to benefit from the Center's regular out-patient therapy program. The In-Home Therapy staff does a 30- to 45-day evaluation to determine whether the family may benefit from in-home treatment.

**PROGRAM DESCRIPTION:** The In-Home Therapy program provides help with nutrition, money management, parenting skills, health assessment and educational/vocational counseling. The program also draws on personnel from public agencies to complete the treatment team, depending on a given family's needs. The average duration of service is 4-6 hours per week over 6-8 months. The program attempts to follow families' progress for one year after discharge. Forty families are served each year.

**CLIENT CHARACTERISTICS:** Clients are Caucasian, small town or rural residents with below-average education. Seventy percent are single-parent families. Families must be residents of a 3-county catchment area and be referred by social or court services.

**STAFF:** There are 5 in-home therapists with Master's degrees in Social Work or Clinical or Community Psychology. Caseloads are 6-7 families.

**EVALUATION:** A 1 year follow-up of families is currently being conducted.

**FUNDING:** The program budget is about $100,000 per year, which is 10% of the agency budget. The Center charges the referring agency $20/hour for all related service, direct and indirect.

## INTENSIVE IN-HOME TREATMENT PROGRAM MINNESOTA

Lutheran Social Service
Box 477
Fergus Falls, MN 56537

William A. Metcalfe, Program Coordinator
218/736-7549

**GOALS:** To be an effective alternative to out-of-home placement by providing intensive home based services to families at risk of having a child removed from the home.

**BACKGROUND:** The program began in October 1981, and is based on an ecological systems approach.

**PROGRAM DESCRIPTION:** The Intensive In-Home Treatment Program strives to develop and enhance family relationships and functioning, using such methods as family therapy, individual and marital therapy, parent education and training, community resource mobilization, supportive counseling, client and family advocacy, crisis intervention and intense availability. Families served live within a 9-county area in west-central Minnesota and are referred through their local county department of social services. Two criteria for eligibility are that the family must have at least 1 child under age 18 who is at risk for out-of-home placement and that the Intensive In-Home Treatment Program staff must have adequate time to effectively serve the family. Approximately 75 families per year are served by the program at a cost of $3300 each. The average length of service is 5.8 months, consisting of 5 hours of in-home service provided each week.

**CLIENT CHARACTERISTICS:** Families are primarily Caucasian with middle to lower incomes. Approximately 2/3 are two-parent families and 1/3 are headed by a single parent. Problems represented include delinquency, child abuse and neglect, sexual abuse and adolescent conflict.

**STAFF:** The program is staffed by 6-7 workers, who carry a caseload of 5-6 families. All staff have Masters level education with significant experience in the field.

**EVALUATION:** A formal program evaluation is being developed.

**FUNDING:** The program budget of $250,000 represents a small percentage of the entire agency budget. County departments of social services fund the services through purchase-of-service agreements.

## INTENSIVE SERVICES MINNESOTA

Dakota County Social Services
900 W. 120th St.
Suite 152
Burnsville, MN 55337

Barb Klatt, Supervisor
612/890-0240

**GOALS:** To improve family functioning and prevent out-of-home placement by providing intensive family counseling.

**BACKGROUND:** Intensive Services (IS) is one component of Dakota County's Placement Alternatives Program. Implemented in February 1981, the Placement Alternatives Program was designed to address the increasing costs of substitute care and concern for the effects of family separation.

**PROGRAM DESCRIPTION:** IS provides intensive, short-term (3-4 months) counseling to the entire family, with service delivered primarily in the family home. Very low caseloads (4-6) for IS workers enable them to spend a greater amount of time with seriously troubled families than social service workers are usually afforded. The main component of IS is family counseling (usually a 1-2 hour meeting at the family's home), but IS workers also offer educational and informational services in such areas as parenting, chemical dependency, sexuality, and advocacy to help families secure other services which they may need. The Intake Group of the Placement Alternatives Program screens all referrals to determine if IS is appropriate for the family. From that point, an IS worker is assigned, and service provision begins, starting with a family assessment.

**CLIENT CHARACTERISTICS:** Families served by IS are experiencing severe problems which are likely to result in imminent out-of-home placement. Dakota County residence is required for eligibility. Forty-six percent of families served are 2-parent families. The most frequently cited problems experienced by IS families include family communication and parenting.

**STAFF:** Seven social workers and 1 supervisor staff the IS program. Teams of 2 workers are often formed to serve particular families.

**EVALUATION:** A formal program evaluation of IS and the entire Placement Alternatives Program is available.

**FUNDING:** County monies provide most of the program's funding. The Placement Alternatives Program's FY 1983 budget was $457,368.

## INTENSIVE SERVICE UNIT - HOME-COMMUNITY TREATMENT MINNESOTA

Hennepin County Community Services
A-1600 Government Center
300 South Sixth Street
Minneapolis, MN 55487

Michael Waisanen, Unit Supervisor
612/348-6948

**GOALS:** To teach parents effective techniques in managing children's behavior and to improve the quality of parent/child relationships.

**BACKGROUND:** The program, which began in April 1982, is based on a combination of the Home and Community Treatment Model developed by the Mendota Mental Health Center (Madison, Wisconsin) and a Behavior Management Program developed by Dr. Russell A. Barkley (Medical College of Wisconsin). The program is strongly based in behavioral theory.

**PROGRAM DESCRIPTION:** Families are visited weekly for observation of family interaction. Contracting is done for specific behavioral changes followed by training in implementing the service plan to achieve desired change. Written materials, coaching, and role playing techniques are used in the process. Supportive services such as homemakers, day care, and respite care are also available. Follow-up involves "booster" sessions at one and three months after termination of services. Eighty families are served in a year. On the average, services last from 9 to 12 months and 1.3 hours are provided weekly, in the family's home.

**CLIENT CHARACTERISTICS:** Clients represent a range of racial and socioeconomic groups. Problems in parenting are the most significant. Parents are inconsistent, overwhelmed, or lacking parenting skills, and their children are out of control, displaying abusive and non-compliant behaviors, severe tantrums, and extreme activity.

**STAFF:** One supervisor, 6 social workers and 1 case aide make up the program staff. Services are provided by teams consisting of 2 social workers, the case aide and a consulting psychologist. Each team has responsibility for 16-24 cases. The agency sponsors a training program for all staff, with subject areas varying each quarter.

**EVALUATION:** Data is being compiled , but no formal evaluation has been completed.

**FUNDING:** The FY 1983 program budget of $350,000 is funded with 40% federal, 30% state and 30% county monies. It represents 2.3% of the total agency budget.

## INTENSIVE SUPERVISION PROJECT

MINNESOTA

Ramsey County Juvenile Probation
and Parole Division
1021 Marion Street
St. Paul, MN 55117

Jim Hayes, Branch Supervisor
612/489-8053

**GOALS:** To provide an alternative to placement that will enable selected youngsters to remain in their own homes while experiencing levels of supervision, accountability and consequences that approximate those provided in placement.

**BACKGROUND:** This project was begun in May 1983, largely to reduce excessive placement costs for adolescent offenders who do not pose a significant danger to themselves or the community. It is not viewed as a substitute for but as complementary to traditional juvenile probation. A Family Counseling Project operates alongside the Intensive Supervision Project and is also reported in this directory.

**PROGRAM DESCRIPTION:** The program provides a structure with attendant consequences for deviation from the intensive service requirements to adolescent felons and misdemeanants in their own homes. Through a combination of realistic, strict expectations accompanied by firm, fair, short-term consequences to each youngster's behavior, counselors teamed with probation officers work with youngsters and their families daily over a phased 6-month period. Parents are offered counseling, role models and support throughout the intensive supervision process. Phase I is short-term, secure detention, followed by home detention (Phase II) and maintenance (Phase III).

**CLIENT CHARACTERISTICS:** Families include adjudicated delinquent felons and misdemeanants with one or more offenses in court record, where the current offense would otherwise result in placement and who are not severely emotionally disturbed. Intensive supervision must be court ordered.

**STAFF:** The 4 professional staff were hired from the state's "community correction worker" roster and are experienced in juvenile corrections work. Counselors work in teams; there are no individual caseloads. Each of the 2 branch offices in which the intensive supervision projects are located handle 20 families at a time. Counselors are given opportunities to attend conferences and seminars; however, training is conducted on-the-job by supervisory staff.

**EVALUATION:** Data is currently being collected for evaluation purposes by the county program evaluation unit; interim data is available.

**FUNDING:** Money equal to the amount required for program personnel has been diverted from the county's child placement funds to support the Intensive Supervision Project. The amount per annum is roughly $150,000.

## MELD'S NEW PARENTS

MINNESOTA

Minnesota Early Learning Design (MELD)
123 E. Grant St.
Minneapolis, MN 55403

Ann Ellwood, Executive Director
612/870-4478

**GOALS:** To strengthen families by providing information and support to young parents in a 2-year, peer self-help group format.

**BACKGROUND:** The MELD Program began in 1973 through a grant from the Lilly Endowment and offered services to five groups of new parents in Minneapolis. In 1978 the program expanded to Wisconsin and New Mexico and has since been replicated in 16 states and Australia. Special curricula for serving adolescent parents and Hispanic parents have also been developed.

**PROGRAM DESCRIPTION:** MELD is based on the belief that there is no one right way to parent. The program provides parents with information and support to increase their competence and confidence as parents. Groups, led by parent group facilitators, meet one evening every 2 weeks for 2 years. Sessions focus on various stages of growth, beginning with late pregnancy. MELD serves any parent who requests parent education, providing they receive counseling or treatment elsewhere for serious problems that the program cannot address. Teen-aged parents receive 2.5 hours of service per week; adult parents receive 1.5. A fee is assessed to participants based on income. All of the replication sites combined serve approximately 1000 individuals annually at a cost of $100 per person.

**CLIENT CHARACTERISTICS:** The MELD program serves a variety of client populations, spanning racial and ethnic groups, family structures and special populations. The agency replicating the program determines the target population to be served.

**STAFF:** MELD is staffed by 3.5 site coordinators and numerous volunteer parent group facilitators. Site coordinators receive 80 hours of training and volunteers 40+ hours in the MELD philosophy, group dynamics, team development, curriculum, outreach, and problem solving.

**EVALUATION:** A formal evaluation of MELD has been conducted.

**FUNDING:** The annual budget of $375,000 is derived primarily from private sources.

**HOME BASED HEAD START AND FAMILY SUPPORT TRAINING CENTER** NEBRASKA

Panhandle Community Services
4502 Avenue I
PO Box 1469
Scottsbluff, NE 68361

Pat Nichols, Family Support Training Center Coordinator
308/6353089

**GOALS:** To enable parents to become more effective; to help children achieve their potential; to help families function independently.

**BACKGROUND:** Head Start began in 1967; Family Support Training is a continuation of the Child and Family Resource program which began in 1973.

**PROGRAM DESCRIPTION:** The program is based on a preventive orientation, viewing early intervention and parental support as means of preventing further family dysfunction. Core services provided include weekly home visits, weekly group experiences for preschool children and parents, health screening and immunizations, and developmental screening for preschool children. Eligibility is based on federal income guidelines, the presence of at least 1 child under age 5 in the home, child and family needs, and family interest in participating. Fortyfive families, all residents of Scotts Bluff County, are served by the program annually, and service averages 1 year in length. On a weekly basis, each family receives about 3.5 hours of service.

**CLIENT CHARACTERISTICS:** Families are lowincome and include Caucasians, Native Americans, and Hispanics. Primary problem areas are developmental delays in children, inadequate parenting skills, social service needs, and limited education and experience.

**STAFF:** In addition to the Family Support Training Center Coordinator, staff include an Infant and Toddler specialist and assistant, supervisor/teacher, and 6 aides (home visitors and teacher aides). Initial and ongoing inservice training are provided to all staff.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The Home Based Head Start and Family Support Training Center is 100% federally funded.

The Friends Program, Inc.
PO Box 1331
Concord, NH 03301

Dianne Martin, Executive Director
603/228-1193

**GOALS:** To facilitate change in multi-problem, court-referred families to avoid out-of-home placement and keep families intact.

**BACKGROUND:** The program is a component of the Friends Program, Inc. and was begun in September 1982. It is modeled after the Homebuilders Program. The program serves a population area constituting 30,000.

**PROGRAM DESCRIPTION:** Using an in-home, systems approach, professional counselors work with families around their individual needs. Families must be willing to participate in family counseling and are referred by the court. Profiles and assessments are conducted and forwarded to the court. Counselors work with families in coordinating all needed support services such as schools, probation, mental health, juvenile services, attorneys, welfare and housing. The program serves 18 families constituting an average of 90 individuals a year. Families receive 10 hours of service a week, of which 5 hours are in-home. The average duration of services is 6 months. Staff are available 24 hours and no time limit is placed on service delivery.

**CLIENT CHARACTERISTICS:** Families are Caucasian, low-income and largely single-parent. Breakdown of the family unit is the primary problem characteristic. All families have been involved with the District Court.

**STAFF:** The program includes 3 counselors, 2 full-time and 1 part-time, each carrying caseloads of 4 families. Training is provided by the New Hampshire Homebuilders Association and involves a 5-day (40 hours) training session. Consultation services for clinical supervision are purchased by the program.

**EVALUATION:** No formal program evaluation is available; however, the program is involved in the New Hampshire Homebuilders Association data collection project.

**FUNDING:** FY 1983 Budget is $89,927, representing 41% of the total agency budget. One hundred percent of funds are locally derived.

## FAMILY LIFE CENTER

NEW JERSEY

Family Service Association of Atlantic County
4000 Black Horse Pike
W. Atlantic City, NJ 08232

Ellen Anderson, Program Supervisor
609/652-2377

**GOALS:** To intervene in the cycles of child abuse and neglect, build support systems, develop positive self-concepts, teach child development and parenting skills, provide therapeutic day care for abused and neglected children, and strengthen famiy life by providing a supportive setting for parents with problems which affect their children's rearing.

**BACKGROUND:** The Family Life Center was established in 1975 as a community based treatment program for protective service families. Until 1980, referrals were taken only from the New Jersey Division of Youth and Family Services. Since then, referrals are also accepted from other agencies and from families themselves. The program is based on the belief that protective service families lack a supportive network of relationships, resulting in isolation and family dysfunction.

**PROGRAM DESCRIPTION:** The Family Life Center is a comprehensive treatment program for protective service families. The time each family spends in the program is determined by need. On the average, children spend 5 days a week, 6 hours a day, while parents spend 2 days a week, 6 hours a day. Treatment sessions for parents consist of group therapy, couples therapy, art therapy, parent skills class, and basic education and home management classes. Treatment is provided in groups, led by a male and female co-therapist, in order to promote a positive social network and establish guidelines for appropriate social behavior, and to confront the problems of child abuse or neglect. Families must reside in Atlantic County and must be able to attend sessions at the center two days a week. The diagnostic team must also determine that the family is appropriate for the program. Transportation to and from the center is available daily. Service duration ranges from 6 months to 2 years, and 52 families are served each year at a cost of $5,380/year per family.

**CLIENT CHARACTERISTICS:** The client population is 75% Black, 25% Caucasian, and 95% low income. The majority of the families served are headed by a single parent with 1-3 young children. Child abuse/neglect, lack of parenting skills, social isolation and low self-esteem are primary problem areas.

**STAFF:** The Center is staffed by a program supervisor, a social worker (MSW) who works with 25 families, one head teacher and 6 teacher aides, a cook, kitchen helper, art therapist, and part-time social worker who handles initial intake and diagnostic evaluations. The agency sponsors a staff training program of structural family therapy for social workers, basic social work skills and child development for teaching staff and supervisory seminars for the program supervisor.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The Family Life Center is funded 100% with state monies. The FY 1983 program budget of $280,000 represents 25% of the total agency budget.

## SCAN NEW MEXICO

839 Paseo de Peralta
Suite N
Sante Fe, NM 87501

Rosalyn Malysiak, Director
505/982-8686

**GOALS:** To prevent child abuse through the provision of in-home services.

**BACKGROUND:** SCAN New Mexico was implemented in November 1981 and is modeled after the SCAN Arkansas program. Family systems theory and the "reparenting" model form the basis for this service design.

**PROGRAM DESCRIPTION:** Volunteers visit the homes of abusive or potentially abusive families approximately 8 hours weekly to decrease social isolation, provide nurturance, limit-setting, guidance and support to parents. Parent groups, family therapy, and 24-hour crisis service are used as needed, and each case is coordinated by a Social Services Division social worker, SCAN supervisor, volunteer, and other personnel from agencies serving the family. The program serves 40 families or 160-180 individuals annually at an agency cost of $225 per month for a family. Service length ranges from 6 months to one year, with follow-up interviews at 3 months, 6 months, and 1 year following case closure.

**CLIENT CHARACTERISTICS:** The client population is predominantly Hispanic (66%), with 10% Native American and 33% Caucasian families. Most families have low incomes, and all have at least 1 child under the age of 12 who is at high risk for abuse. Child abuse, marital conflict, isolation, low self-esteem, and a history of parent(s) being abused or poorly parented as children are characteristic problems of SCAN families.

**STAFF:** An executive director, assistant director, and office manager staff the SCAN program. Paraprofessional workers are volunteers recruited from the community. Social workers from the Social Service Division coordinate cases with the SCAN workers. All SCAN staff go through an initial 5-day training program, and ongoing staff development through continuing education workshops conferences occurs.

**EVALUATION:** A formal program evaluation has been written.

**FUNDING:** Funding comes from state monies through a purchase-of-services agreement with the state Social Services Department. The 1983 program budget was $84,000.

BAKER HALL PREVENTIVE SERVICES NEW YORK

Baker Hall, Inc.
150 Martin Road
Lackawanna, NY 14218

Michael Lucow, Clinical Coordinator for Preventive Services
716/8279671

**GOALS:** To prevent family disruption and expedite return home for children in substitute care.

**BACKGROUND:** This program began in June 1983 as a specialized unit of Baker Hall, Inc., a residential treatment facility, to serve families identified by the Erie County Department of Social Services as being at high risk for foster care placement. Structural/strategic family therapy is the major framework for service delivery.

**PROGRAM DESCRIPTION:** The agency views the family as the unit of service. Technically, under the New York State Child Welfare Reform Act of 1979, the child at risk is the target for mandated preventive services, and service is geared to achieve one of the following goals: prevention of foster care placement; prevention of replacement; or return home from foster care. Caseworkers and Home Resource Workers team to provide services to families. Caseworkers conduct assessment and perform individualized, family and group counseling as well as casework and supervision. Home Resource Workers provide direct supportive services (such as modeling parenting skills) under supervision of the caseworker. An estimated 120 families are expected to be served annually, with 2.54 hours of weekly service over a 6 month period. The Department of Social Services authorizes service for 6 months at a time.

**CLIENT CHARACTERISTICS:** Clients are predominantly lower to lower/middle income, with a large percentage of unemployed parents. Approximately 20% of client families are Black and a large percentage are Catholic families (due to the community's population and the agency's affiliation with the archdiocese). Many families are headed by a single parent, or blended. Issues include truancy, physical and sexual abuse, substance abuse, running away, and ungovernable behavior.

**STAFF:** One clinical coordinator supervises activities of the Preventive Services program and does some direct service as well. Six caseworkers and 6 Home Resource Workers are organized into teams, each of which is responsible for 20 cases.

**EVALUATION:** The agency will soon be developing a program evaluation.

**FUNDING:** The program is funded 100% through a purchaseofservice contract with the Erie County Department of Social Services.

CENTER FOR FAMIY LIFE IN SUNSET PARK NEW YORK

St. Christopher's Home
345 43rd St.
Brooklyn, NY 11232

Sister Mary Paul, DSW, Director of Clinical Services
212/788-3500

**GOALS:** To sustain families in the care of their children, to help them develop personal and social competencies, and to provide opportunities for growth and development and alternatives to institutionalization or foster care.

**BACKGROUND:** The Center was begun in November 1978 after a period of exploration and study in this Brooklyn neighborhood of 98,000 residents. Analysis of demographic data, school indicators, community development surveys, reports by schools and police, and discussions with citizens, agency service providers, professionals and community groups led to a commitment by St. Christopher's Home, a non-profit, voluntary agency, to open the Center as a neighborhood program of intensive, family-centered services.

**PROGRAM DESCRIPTION:** The program has the combined features of a family agency, a settlement house and some guidance clinic functions. Services offered to families and individuals include family-centered counseling services, family life education, foster grandparents program, infant/toddler/parent program, therapeutic play programs and activity groups, a job placement program, school-based services for families and children and community development activities. Interventions are based on a family systems perspective. Families receive an average of 2 hours of service a week in-home, although there is considerable variance in service hours, since family members may be involved in several programs at a time. Services are not time-limited and range from 30 days to 3 years.

**CLIENT CHARACTERISTICS:** Families served are 80% Hispanic, with remaining families from other ethnic groups. Most are low-income, single parent or reconstituted households. Primary problem areas are parent-child conflicts, behavioral disorders and marital conflicts.

**STAFF:** Staff includes a project director, director of clinical services, case supervisor/intake coordinator, community developer, group services specialist, director of volunteers, bilingual social workers, family therapists, family workers, a part-time psychiatrist, a clinical psychologist, and numerous volunteers. Training includes weekly conference sessions and training in a range of subject areas. Staff attend local workshops and conferences.

**EVALUATION:** A program evaluation is in progress in conjunction with the Child Welfare Reform Act and the State Council of Children and Families, with which the center has purchase-of-services agreements. The center serves an estimated 600 families and 1400 individuals a year.

**FUNDING:** The program does not accept or receive categorical funding, believing this would contribute to dysfunctional "specialization." Funding is 80% from state and local sources and 20% private.

**CHILD ABUSE PREVENTION** NEW YORK

Family Dynamics, Inc.
225 Park Avenue South
Suite 735
New York, NY 10003

Arlene Griffithe-Allen, Intake Worker
212/783-6666

**GOALS:** To sustain families at risk of dissolution because of child maltreatment by providing a full range of services for both parents and children.

**BACKGROUND:** The Child Abuse Prevention Program began in 1979, to address the problems of child abuse in New York City. The program uses an ecological model emphasizing the ethnic origins of families served. Assessment theory and practice draws from the creative and innovative work of Murray Bowen, Ann Hartman and Carol Meyer.

**PROGRAM DESCRIPTION:** Family Dynamics provides a variety of integrated services including a 24-hour hotline, small parent-training groups, individual and family counseling, and a crisis nursery. Families using the nursery or parent-training groups also participate in counseling. Eligible families reside in Central Brooklyn and are at risk for dissolution based on a documented history of child maltreatment. There is no fee for service.

**CLIENT CHARACTERISTICS:** Families served by the program are all low income and primarily female headed, with several children. Eighty-five percent of the clients are Black and 10% are Hispanic. Child maltreatment is the predominant problem for which families receive service.

**STAFF:** The program is staffed by 3 executive officers, 2 supervisors, 8 social worker/caseworkers (with an average caseload of 9 families) and educators/nursery teachers.

**EVALUATION:** Approximately 175 families are served annually at a cost of about $1,100 per individual. The average duration of service is 9 months. A formal program evaluation is in process.

**FUNDING:** The program budget of $400,000 is derived from private sources (70%), supplemented with 15% federal and 15% local funds.

## EAST BRONX FAMILY SERVICE CENTER NEW YORK

Leake and Watts Children's Home
1760 Westchester Avenue
Bronx, NY 10472

Monte Gray, ACSW, Project Director
212/824-1870

**GOALS:** To prevent placement of children in foster care by strengthening family functioning.

**BACKGROUND:** The East Bronx Family Service Center was begun in August 1979 under sponsorship of the Leake and Watts Children's Home, a 150-year-old, non-profit, child-caring agency.

**PROGRAM DESCRIPTION:** The program works with the family as a whole, taking into account the family's environment and particular pressures. Along with family counseling, individual, group and marital counseling are offered, as are play therapy and aid and advocacy for families in negotiating their needs with other community agencies. A range of supportive services is also offered, including emergency food and clothing, legal advocacy, recreation programs and classes for adults in English as a Second Language. Homemaker services are coordinated with the Bureau of Children's Services for New York City. The average duration of services is 9 months. Families are generally seen 2 hours a week with an average 1 hour in-home.

**CLIENT CHARACTERISTICS:** An estimated 67% of the families served are Hispanic; 32% are Black, and the remaining 9% are of other ethnic origins. Sixty percent of families are receiving Aid to Dependent Children and other entitlements. Families are predominantly single-parent households. Among the primary problems presented by families are acting-out adolescents, poor family communications, truancy and psychological problems.

**STAFF:** The Center's staff includes a project director and assistant project director, 4 MSW social workers with caseloads of 13 families each, 4 BA level social work assistants with caseloads of 10 families each, and 1 family worker with a caseload of 8 families. All direct service workers receive 4 hours per month of training in a variety of subject areas.

**EVALUATOIN:** A formal program evaluation exists. The program works with 160 families a year.

**FUNDING:** The FY 1983 program budget is $350,000, representing approximately 5% of the total agency budget. The average cost of services is $2,000 per family or $863 per individual. Ninety-nine percent of funds are locally derived, with the remainder from private sources.

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## HISPANIC FAMILIES MENTAL HEALTH PROJECT NEW YORK

Spence Chapin Services to Families and Children
3 East 94th St.
New York, NY 10028

Linda Nessel, Project Director
212/369-0300

**GOALS:** To maintain the healthy development of Hispanic children whose parents are psychiatrically ill, to prevent foster care placement when the parent is hospitalized, and to maintain the family unit, fostering the Natural Support System.

**BACKGROUND:** The program is a pilot project of this large multi-service social service agency and was begun in October 1983.

**PROGRAM DESCRIPTION:** Family therapy is provided in the home with special emphasis on issues unique to the Hispanic family. Project staff work with the extended family and non-kinship supports, including non-traditional community resources such as spiritualists, bodega owners, social clubs and churches. Specially trained emergency homemakers are used when parents need to be hospitalized, and staff are responsive to psychiatric crises 24 hours. The staff are also prepared to accompany clients to other agencies when their services are needed. Families receive, on average, 4 hours a week of services, 3 of which are in-home. The program expects to work with 20 families in the first project year.

**CLIENT CHARACTERISTICS:** Families are Hispanic, reside primarily in East Harlem, are low-income, and at least one member suffers from a mental illness and has been hospitalized in the past 5 years. Traditionally, clients are considered "difficult to engage," and at least one child in the family is identified as not mentally ill.

**STAFF:** Staff are bilingual and include a part-time Project Director, an MSW supervisor and paraprofessionals. All staff receive 2 hours a week training in family therapy provided by an Hispanic therapist plus 1 hour a week supervisory case review, planning and coordination.

**EVALUATION:** Baseline information is being collected, but a formal evaluation is not yet available.

**FUNDING:** The pilot project's first year budget is $80,000, 80% of which is state derived, 20% private.

**INTENSIVE FAMILY SUPPORT** **NEW YORK**

Hillside Children's Center
1183 Monroe Avenue
Rochester, NY 14620

Leslie Kurlan, Program Director
716/461-4810

**GOALS:** To prevent placement of children in foster care, to prevent further disintegration and disruption of family life, and to strengthen the family unit.

**BACKGROUND:** The Intensive Family Support program of this multi-service, voluntary, non-profit agency was begun in 1976.

**PROGRAM DESCRIPTION:** A combination of counseling and direct intervention-advocacy with the child and family in both the family and community living environments is the primary focus of this program. Services are usually offered in the family's home, as often as needed. Program staff use an eclectic array of intervention strategies. Supportive services include parenting skills education, client advocacy, after-school activities for children, as well as help with obtaining concrete services such as housing, food, clothing, etc. Client-family participation criteria includes risk of out-of-home placement and willingness to participate in the program. The duration of services is 6-8 months. Families receive 2-3 hours of service per week, two-thirds of which are in-home. One hundred and forty-three families were served by the program in 1983.

**CLIENT CHARACTERISTICS:** The program clients are estimated to be 80% Caucasian and 20% minority families, representing a cross-section of socioeconomic levels. Family composition varies. The primary problem areas noted among families served are parent-child conflict, school problems, abuse and neglect. The geographic area served is Monroe County, New York.

**STAFF:** The Intensive Family Support program is staffed by 7 MSW social workers with caseloads of 10-12 families and 1 program aide who works as adjunct to the social workers (average caseload 10). Staff training involves 3 hours per week on issues in clinical practice.

**EVALUATION:** A formal program evaluation is not available.

**FUNDING:** The FY 1983 program budget is $262,000, representing 3.0% of the total organization budget. Eighty-nine percent of funds are derived from the state through a purchase-of-service agreement. Eleven percent is private.

## INTENSIVE PREVENTIVE SERVICE PROGRAM NEW YORK

Special Services for Children - NYC
80 Lafayette St.
New York, NY 10013

Harry Wildfeuer, Director of Treatment Services
212/433-2748

**GOALS:** To prevent abuse or maltreatment of children and unnecessary foster care placement, and to strengthen family life.

**BACKGROUND:** This program began in October 1980 in the Brooklyn Field Office. Based on the positive experience of the demonstration program (success in preventing out-of-home placement), the program was expanded to the other four field offices in New York City.

**PROGRAM DESCRIPTION:** The Intensive Preventive Service Program is delivered directly by Special Services for Children to families in which a child is at "high risk" of placement or where a child has been placed on an emergency basis and it has been determined that intensive counseling and other services might prevent placement or make discharge possible within 90 days. Treatment focuses on engaging clients therapeutically around areas and issues which cause them pain and/or interfere with their effective performance of parental functions while supporting their strengths and maintaining respect for their values, goals and preferences. The caseworker helps the client focus on mutually agreed upon goals, supports the client's efforts and achievements, provides consistent, firm but sympathetic limits, and shows concern about and offers help with internal as well as external stresses. Family interaction and individual children's developmental needs are assessed during treatment. The program serves 748 families or 2300 individuals annually, with an average length of service of 18 months. Families receive approximately 2 hours of service per week, almost all in-home.

**CLIENT CHARACTERISTICS:** All clients are referred from the agency's protective/diagnostic units, which have assessed the situation and determined that children are at high risk for placement. Clients are predominantly minority families, 80% Black and Hispanic, and are primarily supported by public assistance programs. Families are frequently experiencing multiple problems and have histories of chronic problems in functioning. The entire city of New York is served by the program, through five borough offices.

**STAFF:** Intensive Preventive Services is staffed by 65 caseworkers and 13 unit supervisors, about half of whom hold MSW degrees. The agency offers staff training in such topics as family therapy, working with adolescents, working with mentally ill people and human sexuality.

**EVALUATION:** There is no formal program evaluation.

**FUNDING:** The FY 1983 budget is $1,800,000 derived primarily from federal funds (75%) and supplemented with state and local funds (12.5% each).

**PARENT AIDE COMMUNITY EFFORT OF ERIE COUNTY** NEW YORK

Allentown Community Center, Inc.
111 Elmwood Avenue
Buffalo, NY 14201

Sabina Zolte, Project Director
716/885-6400

**GOALS:** To restore, strengthen and preserve the family unit through the provision of home-based paraprofessional services.

**BACKGROUND:** The Parent Aide Community Effort of Erie County (PACE) began in April 1979, modeled after the Suspected Child Abuse and Neglect (SCAN) program of Arkansas.

**PROGRAM DESCRIPTION:** Volunteer paraprofessionals (parent aides) offer abusive families friendship, emotional support and availability, transportation, recreation, informal parenting education and concrete help in such areas as budgeting, home management, meal planning, job training and education, and accessing community resources. A parent aide is available on a 24-hour basis, making approximately 2 home visits per week (with additional telephone contact) to families who are also receiving professional services for their child abuse/neglect problems.

**CLIENT CHARACTERISTICS:** The client population is 65% Caucasian and 35% Black. Eighty percent receive some form of public assistance, and 74% are headed by a single parent. Primary problem areas are financial stress and child neglect. Many clients experienced abuse or neglect themselves as children.

**STAFF:** PACE is staffed by 1 project director, 1 case coordinator, 20-25 volunteer parent aides and 1 secretary. Parent aides receive orientation training in such areas as the dynamics of healthy family functioning, the child protective service system, multi-problem families, relationship building, setting limits, record keeping, and community resources.

**EVALUATION:** The average duration of services for participating families is 12 months. 6 hours of service per week (4 of which are provided in-home) result in a cost of approximately $1,500 per family to the agency. In one year, 43 families or 104 individuals are served by the program. Though there is no formal follow-up procedure, 80% of the parent aides maintain informal contact of varying duration (1-2 years) with their client families following termination.

**FUNDING:** The program budget of $65,000 is funded by local (85%) and private (15%) contributions. PACE has a purchase-of-service agreement with the Erie County Department of Social Services.

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## PARENT AIDE PROGRAM

Ostego County Council on Child Abuse and Neglect, Inc.
PO Box 731
Cooperstown, NY 13326

Diana Young, Coordinator
607/432-4906

**GOALS:** to provide trained volunteers as supportive friends to parents of children at risk for maltreatment and/or foster care placement.

**BACKGROUND:** The Parent Aide Program has been operating since March 1979. It is based on the Natoinal Center on Child Abuse and Neglect's model for parent aide programs and a similar program in Schenectady, New York.

**PROGRAM DESCRIPTION:** The Parent Aide Program is a community based service that offers parents in need friendship and support. Trained volunteers model effective parenting and problem-solving, help build the parents' self-esteem, reduce social isolation, and help parents get involved in community networks. Parents eligible for this program are active child protective service cases or preventive services referrals with the Department of Social Services or are referrals from other agencies and are at risk for child maltreatment, repeated maltreatment, foster placement, or lengthy continued stay in foster care. Parents voluntarily accept the service, and must be residents of Otsego County. Fifteen to 20 families are served each year, at a cost of $700-1000 per family.

**CLIENT CHARACTERISTICS:** Otsego County is a rural county in Central New York State, serving predominantly a Caucasian population of lower socioeconomic classes. A large number of families are headed by a female single parent. Primary problems include poor parenting skills, social and geographic isolation, and depression.

**STAFF:** The Parent Aide Program is staffed by 1 half-time coordinator who supervises 8-15 aides. Five new aides are trained yearly in such topics as child and family development, child abuse and neglect dynamics, alcoholism, communication skills, social service law and resources.

**EVALUATION:** A formal program evaluation has been conducted.

**FUNDING:** The program budget of $12,000 is derived half from private sources and the remainder through state and local funds.

**PARENT AND CHILD EDUCATION PROGRAM** **NEW YORK**

Bronx Psychiatric Center
1500 Waters Place
Bronx, NY 10461

Carolyn Goodman, Program Director
PHONE

**GOALS:** To prevent family break-up or assist in reunification by helping mothers deal with their own emotional and social needs and become aware of and attend to their children's needs; to prevent/remediate developmental delays in young children.

**BACKGROUND:** Parent and Child Education Program (PACE) has been operating since 1968 and is located in the southeast Bronx. Treatment is based on meeting mother's emotional needs, children's developmental needs, and engaging mothers in supportive networks.

**PROGRAM DESCRIPTION:** PACE is a partial hospitalization/competency skills program for women experiencing emotional difficulties and seeking a treatment program for themselves and their young, high-risk children. Most participants are low income women who have histories of psychiatric treatment and who had emotionally deprived or abusive childhoods. Children, who may be living in foster care, range from 2 months to 4.5 years of age. The PACE entry program, focusing on parent/child interaction in a preschool setting, meets one day a week and serves as an orientation and assessment period. A four day per week core program consists of a combination of day treatment and education for the mothers, preschool activities for their children and opportunities for experiential parenting education. A 24-hour hotline for crisis situations and an open-ended follow-up support group are also available. Approximately 90 families are served annually and service lasts 6 months to a year or longer.

**STAFF:** The program is staffed by a program director (Ph.D.), deputy coordinator (social worker), part-time psychiatrist, 2 teachers (master's degrees in Special Education), 3 paraprofessional aides, 2 part-time dance therapists, and 2 clinical workers. Staff function as an interdisciplinary team, and receive extensive training.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** PACE is funded entirely by New York State's Office of Mental Health, with Medicaid providing some reimbursement.

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## PINS MEDIATION PROJECT

105 E. 22nd St.
New York, NY 10010

Margaret L. Shaw, Esq., Project Director
212/949-4929

**GOALS:** To determine whether community-based mediation could work with the status offender population, and to provide a model for legislative reform.

**BACKGROUND:** Sponsored by the Children's Aid Society of New York, the PINS Mediation Project was developed in early 1981 to provide community-based mediation and, where appropriate, back up social services to status offenders and their families. The concern is that the court process is both inappropriate and ineffective in a large proportion of status offender cases.

**PROGRAM DESCRIPTION:** The program serves families in the boroughs of Manhattan, Bronx, Brooklyn and Queens in New York City. In mediation, parent(s) and child participate in 4 sessions with a neutral third party (a lay person recruited by the Project from the community and trained in mediation skills and techniques) who helps them come to a mutually agreeable resolution to the problems presented. The mediator is not an arbitrator; his/her role is to help the parties communicate with each other, reframe issues, identify overlapping areas of interest and come to agreement on specific behavior in problem areas. Social workers may assess family needs after mediation and, if appropriate, offer advocacy or short-term counseling or referral for follow-up services.

**CLIENT CHARACTERISTICS:** Status offenders (10-18 years) and their families. are served. The largest proportion of families served are Black, followed by Hispanic and Caucasian. Approximately 600 families are involved in the program per year.

**STAFF:** The program employs a project director, a mediation coordinator, a clinical coordinator/mediation supervisor, 3 mediation supervisors, 4 court liaisons and clerical staff. There are 45-50 volunteer mediators who receive stipends and a travel allowance.

**EVALUATION:** Two research studies have been conducted, the most recent report published Decemeber 1983. The latest study draws on a sample of 153 families referred to the program from November 1, 1981 to October 31, 1982. Both studies confirm that mediation is a viable alternative to the Family Court for status offenders and their families.

**FUNDING:** Funding comes through matching grants from the New York City Youth Board, the Foundation for Child Development, the Robert Sterling Clark Foundation, the New York Community Trust and the Children's Aid Society.

CHEROKEE CHILD AND FAMILY SERVICES NORTH CAROLINA

Cherokee Boy's Club
PO Box 507
Cherokee, NC 28719

Gilliam Jackson, Director
704/497-9101

**GOALS:** To strengthen Cherokee families and assist in the preservation of Eastern Cherokee culture.

**BACKGROUND:** The program was organized in June 1982 with the cooperation of the Cherokee Boys Club and the Cherokee Childrens Home. The CCFS grew out of the Indian Child Welfare Act of 1978 and is the product of many years work by reservation service providers.

**PROGRAM DESCRIPTION:** CCFS provides a range of services to tribal-affiliated families, including family counseling and therapy, client advocacy through casework services, adult-role model volunteers for youth, parenting skills development and services coordination. Both long-term and brief psychotherapy and crisis intervention theory are used to help families resolve their problems and cope with their circumstances. Staff are available 24 hours. Seventy-five percent of service hours are provided in-home.

**CLIENT CHARACTERISTICS:** Client families are members of federally recognized Indian tribes and represent all socioeconomic levels in the western North Carolina area. All presenting problems are dealt with except severe psychosis and alcoholism.

**STAFF:** The program is staffed by 5 workers with 20 cases each. Teams composed of a caseworker, volunteer coordinator and family therapist work with individual families. Training is available depending on the needs of the individual worker.

**EVALUATION:** No formal program evaluation is available. The program serves approximately 100 families a year.

**FUNDING:** The program's FY 1983 budget is $160,000, representing 20% of the organization's budget. Ninety percent of funding is federal, 8% is state; and 2% is local. Clients are not charged a fee for service.

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## FAMILY, INFANT, AND PRESCHOOL PROGRAM

Western Carolina Center
200 Enola Rd.
Morganton, NC 28655

Janet C. Weeldreyer, Coordinator of Community Resource Services
704/433-2674

**GOALS:** To prevent institutionalization of developmentally disabled children, to develop and demonstrate innovative techniques for promoting family integrity, to evaluate effectiveness of interventions, and to train service providers in effective interventions and techniques.

**BACKGROUND:** Family, Infant and Preschool Program (FIPP) was begun in 1972 as an outreach program of the Western Carolina Center, a regional facility serving handicapped persons in the western rural part of North Carolina. Based on ecological social network theory, the philosophy is that a working partnership with families can best serve the needs of special children.

**PROGRAM DESCRIPTION:** Services are comprehensive, home-based, and family-oriented, and include assessments of needs by a team of professionals from education, nursing, pediatrics, physical therapy, psychology, social work, speech, and language. Based on the assessment findings, the team works with family members to develop a family and child intervention plan which may include mediating changes in the roles, functions and responsibilities of persons important to families of handicapped children, helping families establish supportive networks of services and relationships, and encouraging them to share their experiences with families whose children have similar handicapping conditions. FIPP provides respite care services, a baby sitting training course, positive parenting classes, a library of resources, and publishes a quarterly newsletter to inform families of program activities and provide a forum for sharing the views and concerns of parents. Average service duration is 30 months. Services to families average 2 hours a week, 1 hour of which is in-home. Staff are available 24 hours. Services are not time-limited.

**CLIENT CHARACTERISTICS:** Client families are largely Caucasian and are rural residents. Most are lower income, two-parent families with children who are handicapped or at risk for developmental delays.

**STAFF:** The program has 40 staff members who are organized into interdisciplinary teams of special educators, psychologists, medical personnel, communications specialists, physical therapists, and social workers. Caseloads average 12 families. Training is provided by the program and is geared to individual training needs.

**EVALUATION:** A formal program evaluation is available. FIPP serves approximately 175 families a year. Intensive follow-along is now being developed to assure that discharged families are receiving services offered by other community agencies.

**FUNDING:** The FY 1983 program budget is $750,000, 30% of which is federal, 66% state and 4% private. Fees to families are charged for assessments and respite care only and are based on a sliding scale fee structure. The average cost to the agency for services to a family is $2,800.

## LAY THERAPIST NORTH CAROLINA

SCAN America, Inc. of North Carolina
11 Fayette St.
Winston-Salem, NC 27101

George Bryan, Executive Director
919/748-9028

**GOALS:** To reduce the probability of child abuse and neglect, keep families together whenever possible, offer information and support to high-risk parents.

**BACKGROUND:** The Lay Therapist program, modeled after SCAN Services, Inc., has existed since October 1981 in North Carolina. The approach combines techniques and theories in re-parenting, modeling, teaching, behavior modification, and systems theory.

**PROGRAM DESCRIPTION:** Volunteers are trained to provide support, education and modeling to parents who are at high risk for child abuse or neglect. Highest priority families are self-referred parents who are not involved with other social service agencies. Supplemental services offered include parent groups: Parents Anonymous and a Women's Incest Survivors Group. Services usually last one year, with parents receiving 4 hours each week in-home. Families are contacted at 6 months and 1 year after termination. Approximately 53 families or 198 individuals are served each year, all residents of Forsyth County.

**CLIENT CHARACTERISTICS:** Client families are all experiencing problems with child abuse or neglect, with physical abuse the most prevalent. More than half of the parents served are married. Forty-five percent are unemployed families, and most families live on low incomes.

**STAFF:** One executive director, an assistant director, a clerical/bookkeeper, and 30 lay-therapists staff the program. Each volunteer has one to three cases at a time, and visits each family at least twice a week. Lay therapists receive a monthly sum of $25. The agency sponsors a training program for staff and lay therapists, covering topics pertinent to their respective roles.

**EVALUATION:** A program evaluation is available.

**FUNDING:** The program's budget of $87,509 is derived entirely from private sources.

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## IN-HOME INTENSIVE TREATMENT SERVICES NORTH DAKOTA

Cass County Department of Social Services
PO Box 3106
Fargo, ND 58108

Rainer Lobitz, Protective Services Supervisor
701/241-5750

**GOALS:** To prevent placement of children whose families are in crisis and to encourage and allow self-sufficiency of families within their own environments.

**BACKGROUND:** The program, which is a specialized unit of the public agency, was begun in December 1982.

**PROGRAM DESCRIPTION:** Core and core-support services provided by the program include family counseling, homemakers, day care, parent education and job-finding. Families receive 2-6 hours of service weekly, half of which is provided in-home. Staff are available 24-hours.

**CLIENT CHARACTERISTICS:** Families served are Caucasian and Native American of varying income levels. The majority of families are single-parent headed. The primary presenting problems include lack of or inadequate housing, financial difficulties, substance abuse, physical neglect and abuse.

**STAFF:** The program is staffed by 2 caseworkers with 9 active cases of varying service intensity. Training is provided by the program supervisor.

**EVALUATION:** No program evaluation has been done.

**FUNDING:** The FY 1983 budget is $57,579.

**FAMILY SERVICES** OHIO

Lucas County Childrens Services Board
2500 River Road
Maumee, OH 43537

Ruth J. Baumann, Administrator of Family Services
419/891-3200

**GOALS:** To provide services which will prevent family breakup and if placement is needed, to minimize the length of time in placement.

**BACKGROUND:** This program began in September 1983, when the entire agency adopted the family centered service approach. Lucas County created its own service model, with consultation from the National Resource Center on Family Based Services.

**PROGRAM DESCRIPTION:** Families experiencing problems with child abuse and neglect are engaged in a service plan to prevent out-of-home placement (or to facilitate family reunification). A Service plan designed to meet the needs of each particular family may include, in addition to family counseling, supportive services such as day care, transportation, or psychological services. The Lucas County Family Services program also employs Family Guides who work with parents in developing day-to-day living skills: home management, parenting techniques, seeking housing , advocating in the Community, budgeting, meal preparation. Family guides team with caseworkers in providing preventive services to families.

**CLIENT CHARACTERISTICS:** The client population is approximately 60% Caucasian and 30% Black. Families who receive this service are experiencing problems with child abuse or neglect or social services dependency. To be eligible for the program, families must be Lucas County residents.

**STAFF:** There are 55 family caseworkers on the staff, with an average caseload of 22 families. Six full-time family guides are also employed by the program and work with approximately 15 families each. The agency provides a staff training program for family guides and social workers, covering such topics as: home based family-centered service, child abuse investigation, sexual abuse treatment, differential diagnosis and adoption.

**EVALUATION:** No program evaluation is available at this time.

**FUNDING:** The program budget of $8,914,000 is funded through 18% federal, 9% state, and 73% local monies.

**HOME BASED FAMILY CENTERED SERVICES** **OHIO**

Franklin County Children Services
1951 Gantz Rd.
Grove City, OH 43123

Selma Harrison, Program Coordinator
614/275-2701

**GOALS:** To strengthen and maintain families, prevent family dissolution and placement of children outside the home, and reduce family dependence on the social service system by promoting family self-sufficiency.

**BACKGROUND:** The Home Based Family Centered Services program began in June 1983, based on the National Resource Center on Family Based Services model. The program uses family systems, ecological, and reality-based approaches to service provision.

**PROGRAM DESCRIPTION:** The program provides time-limited (6-12 months), in-home, intensive services to families in cases where a decision has been made to place a child in Franklin County Children Services' paid placement. The program is used as a growth-producing alternative to substitute care, focusing on the family (rather than the identified child) as the service recipient. Counseling and family therapy, coordination, advocacy, teaching and training parents, nurturing and re-parenting needy parents, in-home assessment and planning are core components of service and are supplemented with protective day care, homemaker service, day treatment, emergency and psychological services as needed. Families at risk of out-of-home placement can participate when the following criteria are met: the child is assessed as being able to safely remain at home, the family voluntarily agrees to the program, there is no court order to remove the child, the home meets or can be upgraded to meet standards of health and safety, and the family resides within Franklin County. Anticipated average length of service is 6-9 months for a family.

**CLIENT CHARACTERISTICS:** Client population is comprised of Caucasian, Black, bi-racial, and Native American families of lower, working, and middle class socioeconomic status. Single-parent families headed by a mother or father, intact families, and living arrangements between non-relatives exemplify the range of family types served by the program. Physical and sexual abuse, neglect, dependency, school truancy, unmanageable behavior, poor emotional and social functioning, developmental problems, and marital discord are primary problems experienced by families.

**STAFF:** Teams composed of an MSW social worker, family specialists (paraprofessional or BA/BS) and team supervisor provide treatment. The average caseload is 25 families. The agency sponsors a staff training program which covers an overview of home-based family-centered services, child protective service, child abuse, permanency planning, crisis counseling, multi-problem families, and the art of separation and placement.

**EVALUATION:** A formal program evaluation will be available within the next year.

**FUNDING:** Funding for the program comes from local (80%) and private (20%) sources (The Columbus Foundation). The FY 1983 program budget was $214,598.

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## SAFE LANDING YOUTH SHELTER

39 West Cuyahoga Falls Ave.
Akron, OH 44310

Richard A. Kohut, ACSW, Director
216/253-7632

**GOALS:** To provide immediate assistance to both young people and their families in time of crisis.

**BACKGROUND:** The agency was opened in September 1978 and is a private, non-profit organization governed by a 10-member Board of Directors and a 15-member Advisory Board. The regulatory agent for Safe Landing is the Summit County Community Mental Health Board.

**PROGRAM DESCRIPTION:** This 24-hour residential program for troubled youth between the ages of 10 and 18 provides individual, group, and family counseling, linkages to other community services, placement planning, aftercare services, 24-hour crisis phone counseling and 24-hour non-residential drop-in counseling. All counseling is crisis oriented and short-term. Crisis intervention is designed to provide for the immediate assessment and amelioration of the presenting problem with attention given to both the individual and the family as a unit. Treatment strategies are developed by the professional mental health counseling staff and consulting psychologist and include reality and relationship-based intervention.

**CLIENT CHARACTERISTICS:** Clients are predominantly Caucasian (85.5%), with the remainder divided among Black and Hispanic. Problems range from adolescent adjustment and situational conflicts to depression and severely dysfunctional behavior. Youth come on their own initiative or are referred by their families, a community agency, juvenile courts and the police department. Approximately 1800 families are seen in a year.

**STAFF:** The agency's staff includes 2 full-time and 2 part-time group life supervisors, and 1 volunteer coordinator. Training for volunteers and interns is 24 hours over 6 sessions and includes counseling skills, feedback, communication, listening, non-verbal behavior, and working in and with groups.

**EVALUATION:** No formal program evaluation is available.

**FUNDING:** The FY 1983 agency budget is $205,000, approximately 49% of which is federal, 40% state, and the remaining percentage is yet to be discovered.

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**CHILD WELFARE PROGRAM** **OKLAHOMA**

Cherokee Nation of Oklahoma
PO Box 948
Tahlequch, OK 74465

Martha A. Vaughan, Child Welfare Coordinator
918/456-0671

**GOALS:** To reduce the incidence of child abuse and neglect among Cherokees and to provide services to prevent separation of parents and children.

**BACKGROUND:** The Child Welfare Program began in October 1980. Its theoretical approach is primarily reality therapy.

**PROGRAM DESCRIPTION:** Individual and family counseling, legal counseling, court intervention service, and parent aide services are core components of the child welfare program and are designed to assist families in remedying problems which may result in family separation. Cherokee families, or Indians of other tribes who are referred by their tribe, are eligible for services. Families must have minor children. For court intervention services, clients must be registered members of the Cherokee Nation of Oklahoma. Fourteen counties of northeastern Oklahoma are served by the program. Occasionally, service is offered in other areas. One thousand one hundred and nineteen individuals are served in a year, with an average duration of 6 months. Cost to the agency is estimated at $75.00 per individual.

**CLIENT CHARACTERISTICS:** Approximately 80% of client families live below the poverty level, and half are families headed by a single parent. Child neglect and abuse, mental retardation, poverty, and emotional problems chararacterize families served.

**STAFF:** The Child Welfare Program is staffed by 1 coordinator, 3 full-time and 1 part-time social workers, and 1 parent aide. Caseloads average between 25 and 30.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The program budget of $166,000 is 100% federally funded.

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## FAMILY GROWTH ALTERNATIVES — OREGON

Christie School
Lavignon Hall
PO Box 133
Maryhurst, OR 97036

Nell Babcock, Program Director
503/635-3416

**GOALS:** To provide intensive family services to families whose children are at risk of out-of-home placement and to prevent future placement.

**BACKGROUND:** The program, which is sponsored by the Children's Service Division of Oregon and the Christie School, was begun in June 1980 to provide an innovative approach to working with families rooted in the belief that families can learn to solve their own problems.

**PROGRAM DESCRIPTION:** Families referred for intensive family services have been approved by the state Children's Service Division County Branch Office as imminently at risk of out-of-home placement. Trained family therapists, using a strategic-structural family therapy approach, provide families with 3 hours of service a week, 1 of which is in-home. The duration of therapy is 3 months. Program staff also work with agencies in the community to establish linkages in behalf of client families. Approximately 100 families are served in a year. Follow-up calls are made at 3, 6, and 12 months.

**CLIENT CHARACTERISTICS:** The families involved in the project are 90% Caucasian; 60% are single-parent and step-parent families. Primary problem areas include adolescent misbehavior, incest, abuse, and substance abuse. The geographic area served is Clackamas County, Oregon.

**STAFF:** The program staff includes a 1/3-time Supervisor/Director, 3 full-time family therapists with an average caseload of 9, and a full-time office manager. Training includes weekly in-service, live supervision.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The FY 1983 program budget is $104,000, representing 7% of the parent organization's budget, and is derived entirely from a state purchase-of-services contract. The average cost per family for services is $1040.00.

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HIGH IMPACT SERVICES OREGON

Children's Services Division
198 Commercial St., SE
Salem, OR 97310

Marcia Allen, Family Services Specialist
503/378-3016

**GOALS:** To prevent family disintegration and improve family functioning through home-based family treatment.

**BACKGROUND:** The High Impact Services program was begun in August 1982, and borrows the techniques and philosophy of the agency's specialized Intensive Family Services Unit. Where IFS works with families whose children have been recommended for placement, High Impact Services are targeted to families before placement becomes an issue or whose children are already in placement and is the Division's response to the need to improve preventive services and expand the family service model to a larger population.

**PROGRAM DESCRIPTION:** Core services provided include family therapy and parent training. All possible community resources and support systems such as the extended family are utilized to help families gain or regain control of their lives and to assume responsibility for their and their children's behavior. Full advantage is taken of motivational factors in the family's early involvement with the agency. Cases are closed as soon as basic gains are achieved since it is believed that it is more fruitful to repeat services at a new point of crisis and motivation than to work for long-range, low-level gains. No services are purchased from other agencies. The average duration of services is 3 months. Families receive an average 2.2 hours of service per week, most of which is in-home.

**CLIENT CHARACTERISTICS:** The program has no financial or geographic eligibility requirements. Twenty-five percent of families receive AFDC; 21% earn less than $999/month; 38% earn between $1,000 and $1,999/month. Approximately 39% of families are single-parent headed; 61% are 2-parent families with 24% of these blended families. Primary problem areas are lack of or poor communications, child management problems and abuse and neglect.

**STAFF:** The program is currently staffed by 27 CSD social workers with caseloads of 11 families each, plus supervisory staff. Teams are composed of social workers and agency therapists and community volunteers from social service agencies. The intention is to gradually increase the number of High Impact Service workers. Training includes 4 days of family therapy using family systems theory, multiple impact, structural family and strategic therapy techniques and communications theory.

**EVALUATION:** Data is currently being collected for program evaluation purposes. Thus far, 488 families have been served, a figure that is expected to triple by the end of 1985. Branch-level program reviews are underway. A detailed program description is available.

**FUNDING:** Sixty-six percent of the program budget is federally funded; 34% is state funded.

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## INTENSIVE FAMILY SERVICES PROGRAM OREGON

Children's Services Division
198 Commercial Street, SE
Salem, OR 97310

William H. Showell, ACSW, Intensive Family Services Specialist
503/378-3016

**GOALS:** To provide time-limited, in-home family therapy to families when a child is at risk of substitute care.

**BACKGROUND:** This specialized unit of Oregon's public child welfare agency was begun in March 1980.

**PROGRAM DESCRIPTION:** All services in this program are time-limited to 90 days. Each family is expected to receive up to 35 hours of direct treatment. A structured, systemic methodology is used, and the entire family is the focus of treatment. Theories of intervention used are Multiple Impact Therapy, Structural Family Therapy, Strategic Brief Therapy, and Communication Theory. Homemaker, parent training, family networks and social service networks are used to meet family needs. Twelve of the 17 IFS programs are contracted through purchase-of-service agreements. Contracts stipulate the approach to be used, the caseload size, success rates, etc. Families receive 2 hours of therapy a week, three-fourths of which are in-home. Staff are available 24 hours.

**CLIENT CHARACTERISTICS:** IFS is limited to families with children who have been approved by the local Child Services Development branch substitute-care committee as at imminent risk (3 months) of placement. Of client families served, 12% are Black, 85% Caucasian, 3% other. The average income ranges between $901 and $1,200 gross monthly. The average family size is 4.2 members. Of primary problem areas, 92% of families communicate poorly, 91% of parents are unable to manage their children's behavior. Fifty percent of parents are not married at the time of treatment. The program serves the entire state of Oregon.

**STAFF:** IFS employs 36 full-time equivalent (FTE) family therapists, each FTE serving 8.37 families per month. Each family has 1 primary therapist and 1 secondary therapist. Co-therapy is conducted on an as-needed basis. The Children's Services Division provides 4 full days of family therapy training. The first 2 days focus on theory and the treatment model. The second 2 days focus on strategies and techniques for working with families.

**EVALUATION:** A program evaluation is available. The agency has collected and analyzed considerable data, with results of analysis indicating both program effectiveness and efficiency. Client follow-up data is also available. The program served 1,189 families in the last 12-month reporting period.

**FUNDING:** The FY 1983 program budget is $1,321,344, representing .01% of the total agency budget. Eighty-four percent is federally derived; 26% is state. The average cost per famiy served in the IFS program is $900.

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Tressler-Lutheran Service Associates
25 W. Springettsbury Avenue
York, PA 17403

Barabara Tremitiere
717/845-2384

**GOALS:** To recruit and prepare families for adoption of special needs children and to ensure successful placement through support services.

**BACKGROUND:** The program was begun in November 1967 and has evolved from a traditional adoption program into a "home-finding" service with content and techniques designed to strengthen family interaction and to better prepare applicants for the challenges of adopting children with special needs.

**PROGRAM DESCRIPTION:** The Adoption Service places children referred from other agencies with families who have met together in groups of 5 - 7 couples and/or single applicants for a series of nine sessions. Panel sessions of adoptive parents discuss with applicants "parenting the child who is a challenge." The following sessions are devoted to values clarification, transactional analysis, and such topics as acceptance, value-building, the need for support from others, and the realities of actual placement. Applicants also write "feeling biographies," answer vital questions about attitudes and expectations, and write numerous "thought sheets" which are handed out as part of the course. Children are selected by parents, not social workers. Counseling and other supportive services are available to families after placement and finalization of the adoption. The program sponsors parent support and situational groups and publishes 2 specialized newsletters.

**CLIENT CHARACTERISTICS:** The geographical area served includes 26 counties in central Pennsylvania. Income ranges from upper to lower, and single- and two-parent families are served. Children placed with adopting families are principally Caucasian, Korean, South American, Native American, and Vietnamese. Primary problem areas include adoption adjustment ("foster care hang-over"). Criteria for acceptance is the desire to parent the children that are available for adoption, or as the director states, "live bodies willing to offer themselves as a living sacrifice for a waiting child!"

**STAFF:** The Adoption Service is staffed by a Director, secretary, 2 social workers, and two case aides. The average caseload is 50 families. Teams composed of a social worker and adoptive parent are also used. Training on process and developments in permanency planning and adoption are made available to staff as needed.

**EVALUATION:** Between 1972 and 1981, 1,382 children were placed. All were referred by other agencies through direct referrals and through adoption exchange books. The disruption rate ranges from 2% to 6%, with replacement of almost all children who face disruption. Formal program evaluations and statistical information are available. Approximately 100 families a year are served by the program. Average agency cost per family is $1,600.

**FUNDING:** The FY 1983 budget is $244,848, representing 1.1% of the total agency budget. Of these funds. 4.68% are local and 95.32% are private.

## FAMILY BASED SERVICE AND APARTMENT SERVICE PENNSYLVANIA

Crittenton Family Support Center of Youth Service, Inc.
410 N. 34th Street
Philadelphia, PA 19104

Gail Purdie, Director
215/848-6200

**GOALS:** To provide long-term intensive concrete and counseling services to neglectful, dependent and multiproblem families in their home environment in order that families can be re-united or remain together.

**BACKGROUND:** In-Home, Family Based Services began in January 1974 for families with vulnerable children where capacity for change is indicated. The Apartment Service was begun for adolescent mothers who can benefit from a supported, independent living situation.

**PROGRAM DESCRIPTION:** The program's counseling service uses modified family therapy and traditional reality based social work approaches. The agency provides individual and family counseling, education in parenting techniques, household management, utilization of community resources, vocational and educational planning, health care and group services. All referrals are made by the the Philadelphia County Children and Youth Agency because there is concern about emotional or physical abuse or neglect. Parent(s) must sign a contract agreeing to work on certain goals and to be available at specified times. Approximately 100 families are seen per year. The average duration of services is 19 months. All of the average 3.5 hours a week are provided in-home or at a community resource.

**CLIENT CHARACTERISTICS:** Of the program's client families, 72% are Black; 18% are Caucasian; and 7% are Hispanic. Three percent are inter-racial families. All families are on public assistance, SSI or Social Security. One-third of families have an adult male in the home; there are an average 3 children per family. Problems center around severe child neglect, inadequate parenting skills, problems in school, housing, budgeting and medical care. Families tend to be isolated with few positive relationships or support systems.

**STAFF:** The program's staff includes 2 supervisors with caseloads of 5-6 families, 5 social workers with caseloads of 12 families, and 4 family care workers with 6 cases each. Training includes 2 hours a month in parenting, group work, resource information, first aid, CPR for family care workers, and 2 hours a month in family treatment, group work, client assessment and CPR for each social worker. Approximately a quarter of the families are assigned to a social worker and a family care worker. A decline in available funding has forced this reduction.

**EVALUATION:** No formal program evaluation is available.

**FUNDING:** The FY 1983 budget is $389,720, 66% of which is local and 34% of which is private. The cost of services per family is approximately $5000 per year.

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## FAMILY SUPPORT CENTER PENNSYLVANIA

2 Baily Road
Yeadon, PA 19050

Yvonne Fraley, Executive Director
215/622-5660

**GOALS:** To prevent abuse, avoid foster care placement, and reduce developmental delays in participating children.

**BACKGROUND:** The Family Support Center, established in 1976, was initiated by a committee of volunteers from the Junior League of Philadelphia, assisted by professionals from a variety of children's service agencies. The program focuses on preschool children and families at high risk for abuse and neglect.

**PROGRAM DESCRIPTION:** The program consists of 3 components: home-based services, a family school, and peer support groups. Initially, approximately 3 months of home visits allow parents and professional home visitors to set concrete goals. Family school sessions run 2 days a week for 14 weeks and include activities for both parents and children. Following successful completion of the family school, parents form peer support groups which meet monthly. These are run by parents and promote socialization, mutual support and leadership. Families generally participate in the program for 10 months, although this varies according to the particular family's needs. The Family Support Center serves 36-50 families each year, including 50-75 children.

**CLIENT CHARACTERISTICS:** Eligible families must meet the following criteria: reside in southwest Philadelphia; have at least 1 child under 4 years of age who resides at home; have at least 1 parent and preschool handicapped or developmentally delayed child able to attend the Family School Program. A child may also be at risk for maltreatment based on the presence of at least 5 out of 28 stress factors. The client population is racially mixed, and primarily working class.

**STAFF:** The program is staffed by 14 paid employees and 10 volunteer paraprofessionals. Service is provided through a multi-disciplinary team consisting of social workers, pediatric nurse counselors, teachers, a parent educator, a speech therapist, and child development specialists. Volunteers are trained by the agency and receive 22-24 hours per year of training.

**EVALUATION:** A 3-year evaluation, conducted between 1978 and 1981, revealed substantial cost savings from the prevention of foster care, maltreatment injuries, and special education costs. An outcome evaluation conducted in 1981 demonstrated reduced incidence of child abuse and reduction in family stresses during program participation.

**FUNDING:** The Family Support Center has received funding through the Pennsylvania Department of Health, the United States Bureau of Education for the Handicapped, the Office of Human Development Services, and corporate and foundation grants.

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## FRIENDS ASSOCIATION'S THE TOWNHOUSE PENNSYLVANIA

Friends Association for Care and Protection of Children
202 N. Church St.
West Chester, PA 19380

Cleona Jackson, Program Manager
215/696-2623

**GOALS:** To provide short-term emergency housing for families with children to avoid child placement due to lack of housing.

**BACKGROUND:** The program is a pilot project of the parent agency and was begun in January, 1982.

**PROGRAM DESCRIPTION:** Room, board, clothing and counseling are provided to whole families who lack housing and whose children might otherwise have to be placed in foster care as a result. Service is time-limited to 30 days and the average duration of services is 21 days. Shelter is available 24 hours.

**CLIENT CHARACTERISTICS:** Referrals must come from other community agencies such as the Salvation Army, Health and Welfare Council, Department of Public Welfare, etc. Ninety percent of those served are county residents; the remaining 10% are transient families. Seventy percent of families served are Caucasian; 90% are Title XX eligible. Seventy percent are single-parent families; 30% are 2-parent families. The primary presenting problem is a lack of housing.

**STAFF:** The program is staffed by 1 manager and 1 assistant. No specific training is offered to staff.

**EVALUATION:** No formal program evaluation is available. The Townhouse has a 12-bed capacity and served 49 families (168 individuals) in the past year.

**FUNDING:** The program operated on a $65,000 budget in FY 1983, representing one-third of the total agency budget. One-sixth of funding is state, one-sixth is locally funded, and two-thirds are privately derived. The per-day cost for each individual receiving services is $23.50.

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Children's Aid Society of Montgomery County
1314 DeKalb St.
Norristown, PA 19401

Selma Cohen, Supervisor In-Home Program
215/279-2755

**GOALS:** Intensive Services to Children in their Own Homes has four objectives: to prevent neglect or abuse of children at risk; to prevent foster care placement; to prevent family break-up; and to improve family functioning.

**BACKGROUND:** The Children's Aid Society of Montgomery County is a private, non-profit children and youth agency serving primarily residents of Montgomery County. Since 1980 the agency has developed innovative programs as alternatives to family break-up. Intensive Services to Children in their Own Homes is one such program.

**PROGRAM DESCRIPTION:** Families which have become dysfunctional to the point that children are at risk of physical and/or emotional harm or neglect are eligible to receive in-home service. Service focuses on two major areas: environmental conditions and family-focused counseling. An educational approach is emphasized, with a trained family worker teaching by doing tasks and exercises along with the family. Two levels of service are available, determined by the family's degree of need. In Level I up to 8 hours/week of service is provided, with families generally seen at least twice a week. Level II is a less intensive service in which a family receives 4 hours of service per week, usually one time per week. Referrals are initiated from the Children and Youth Services agency to the supervisor of In-Home Programs, and the family is seen within 10 days of receiving referral.

**CLIENT CHARACTERISTICS:** Clients must be residents of Montgomery County and designated "at risk" by Montgomery County Children and Youth Services in order to be eligible for participation.

**STAFF:** Seven workers and 2 second-year Master's social work students are available to provide intensive in-home services. Two supervisors oversee the work of the in-home staff.

**EVALUATION:** Program evaluation information is not available.

**FUNDING:** The program is supported primarily with county funds.

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## SUPPORTIVE CHILD/ADULT NETWORK, INC. PENNSYLVANIA

SCAN Center
420 Service Drive
University of Pennsylvania
Philadelphia, PA 19104

E. Peter Wilson, MD, Program Director
215/596-9538

**GOALS:** To prevent and treat child abuse and neglect through intensive, in-home service to families.

**BACKGROUND:** The program had its beginnings in February 1975, as a program of the Philadelphia General Hospital. The SCAN program was formed in June 1977, when the hospital closed, and utilizes Kempe and Helfer's multi-disciplinary child abuse treatment model.

**PROGRAM DESCRIPTION:** The SCAN program consists of outreach family services, a children's hospital clinic, and multi-disciplinary consultation and education. Outreach workers meet with families in their own homes and neighborhoods to identify areas in which families need help, provide counseling, support, perform in-home training and coaching for parenting and home management skills, and assist families in using other community resources. The SCAN clinic is used to obtain health care and for consultation about health problems which arise. Multi-disciplinary teams perform a variety of functions including assisting individuals, public, and private agencies with their child abuse prevention, recognition, reporting, and treatment activities. Clients are referred to the program because of incidents of child abuse, patterns of neglect or high risk of suspected abuse or neglect. Clients must be willing to meet with an outreach worker at least bi-weekly in order to participate. The program serves about 450 families annually, with an average duration of 9 months for a family. Families receive approximately 4.5 hours of service weekly, all in-home. Upon case closure, most clients are followed at scheduled intervals through the Children's Hospital outpatient clinics.

**STAFF:** SCAN is staffed by 3 pediatric consultants, 1 psychologist, 9 social workers, 2 caseworkers, and 5 paraprofessionals. Social workers carry average caseloads of 15. Teams composed of any combination of staff provide service to families.

**EVALUATION:** There is no formal program evaluation available.

**FUNDING:** Funding for SCAN is derived 90% from local sources through a purchase-of-services agreement with the Philadelphia Department of Public Welfare. The program budget was $575,000 in 1983.

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## PREVENTIVE (FAMILY CENTERED) SERVICES SOUTH CAROLINA

Beaufort County Department of Social Services
PO Box 1065
Beaufort, SC 29902

Henrietta S. Sanders, Social Service Supervisor
803/525-7338

**GOALS:** To prevent family disruption and to accelerate reunification of families when children are in substitute care.

**BACKGROUND:** Planning began in September 1981 with implementation in April 1982. This is one of several pilot preventive services programs which are operating in county agencies in South Carolina.

**PROGRAM DESCRIPTION:** Currently, the program is a specialized unit within the county's social services agency; however, the service philosophy is spreading. Principal services provided are family counseling, resource coordination and teaching/training by homemakers. The program accepts referrals from units within the agency, such as protective services and foster care, and from economic services (income maintanence) and allied community agencies. Priority is given to adolescent parents and families whose children are in foster care with the potential to return home if supportive services are made available. The intensity of services provided varies based on the families needs. Services are not time-limited.

**CLIENT CHARACTERISTICS:** Eighty-three percent of client-families are Black; the remaining families are Caucasian. All must be income eligible for services, based on SSBG guidelines. The majority of families served are single adolescent parents.

**STAFF:** The unit includes 1 social service worker I and 1 homemaker. Caseloads average 18 families. Training includes permanency planning, general child welfare services and protective services.

**EVALUATION:** The program uses a level of family functioning scale which is designed to assess level of functioning in 10 areas at the beginning of services and at 3 subsequent time intervals. The program serves approximately 25 families a year.

**FUNDING:** Preventive Services is funded by the state's social services block grant. Clients are not assessed fees for service but must meet SSBG eligibility requirements.

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HOME BASED SERVICES/WEST RIVER CHILDREN'S CENTER SOUTH DAKOTA

Children's Home Society
3209 South Prairie
Sioux Falls, SD 57105

Elizabeth Thorn, Director
605/343-5422

**GOALS:** To assist dysfunctional families through intensive counseling in the home, to prevent inappropriate separation of children from their families.

**BACKGROUND:** This program began in July 1979. It utilizes a systems approach as well as reality therapy and principles of behavior management.

**PROGRAM DESCRIPTION:** Core services offered include child management skills training for parents, family groups, individual and marital counseling and supportive services such as nutrition education, budgeting, job skills/career counseling, chemical dependency counseling and collateral consultation. Eligible families are those who are at risk of losing a child, are willing to participate in the program, and who have exhausted other less-intensive community resources. Geographic area served is restricted to a 50-mile radius of Rapid City. Court service families are assessed a fee for service, which is determined by the presiding judge according to family income. Follow-up is provided 1-3 months following termination, through home visits or phone calls. The average duration of service is 6-9 months, with families receiving 10-12 hours of service per week.

**CLIENT CHARACTERISTICS:** Client population is primarily Caucasian and Native American, generally from lower socioeconomic levels. The main problem areas experienced by client families are lack of parenting skills, chemical dependency, marital discord, and acting out behavior in children.

**STAFF:** Four full-time and 1 part-time worker staff the program. Each full-time worker has primary case responsibility for 3-4 families and secondary responsibility (co-therapist) for 3 families. Treatment is provided by 2-person teams.

**EVALUATION:** There is no formal program evaluation.

**FUNDING:** Funding for the Home Based Services program is comprised of 40% state, 50% local and 10% private monies (court services, school systems, and insurance payments, respectively).

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## INDIAN CHILD WELFARE PROGRAM

SOUTH DAKOTA

American Indian Services, Inc.
100 W. 6th St., Suite 101
Sioux Falls, SD 57102

Gloria Hart Buckanaga, Child Welfare Specialist
605/334-4060

**GOALS:** To strengthen families and reunify families whose children have been placed outside the home.

**BACKGROUND:** The Indian Child Welfare Program has existed since May 1980. The program uses indigenous workers who are sensitive to the values and behaviors of Indian families.

**PROGRAM DESCRIPTION:** Core services provided by the program are advocacy, family counseling, child development education, employment development and advocacy, and community outreach. Supportive services available include emergency assistance (in the form of food, clothing, shelter, and transportation), parent training, court liaison, and social/recreational activities. Families with a Native American child (as defined by the Indian Child Welfare Act) are eligible for service. Average length of service is 12 months, with families receiving 2 hours each week. Approximately 35 families or 200 individuals are helped annually. The program serves 9 counties in southeast South Dakota.

**CLIENT CHARACTERISTICS:** Clients are all Native Americans, generally with low incomes and less than complete high school education. Two-thirds of the families are headed by a single parent. Eighty percent of clients are unemployed. Families are experiencing such problems as alcoholism, poor health care, and inadequate housing.

**STAFF:** Two Indian child welfare specialists with average caseloads of 30 and 1 child development specialist with a caseload of 15 staff the program. Each worker receives 45 hours of training in Indian child welfare, physical and sexual abuse, parenting, and early childhood development.

**EVALUATION:** There is no formal program evaluation available.

**FUNDING:** A combination of federal (40%), local (10%) and private monies (50%) fund the program, which has an annual budget of $78,000.

**INTENSIVE PLACEMENT PREVENTION PROGRAM** SOUTH DAKOTA

South Dakota Department of Social Services
405 South Third
Box 1504
Sioux Falls, SD 57101

Mike Kelly, Program Specialist
605/773-3227

**GOALS:** To prevent foster care placement in neglectful and abusive families and to return children to their families from foster or group care.

**BACKGROUND:** The Intensive Placement Prevention Program (IPP) began as a demonstration project in October 1981. The program is now implemented statewide, based on the National Resource Center's service delivery model.

**PROGRAM DESCRIPTION:** Intensive in-home treatment to protective service families allows families to resolve the problems they face and avoid needless out-of-home placement. Therapeutic service by the IPP social worker as well as supportive services provided by parent aides are the main components of the program. All clients are referred by the Protective Services Unit of the local department of social service. Families in which one or more children are at risk for removal from the home are eligible for service at no cost.

**CLIENT CHARACTERISTICS:** The client population is Caucasian and Native American, and ranges from low to middle income. Family structure is single- or two- parent headed, with an average of 2 children. Abuse and neglect are the primary problems experienced by families.

**STAFF:** There are 7 social workers on the staff (at the Sioux Falls program), each of whom carries a caseload of 5-6 families.

**EVALUATION:** No formal program evaluation is available. Follow-up is provided either by the protective services unit, or monthly by the Intensive Placement Prevention worker for 1 year.

**FUNDING:** The Intensive Placement Prevention Program is funded by federal and state monies.

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# PREVENTING ADOLESCENT PLACEMENT THROUGH FUNCTIONAL FAMILY THERAPY AND TRACKING

UTAH

Valley West Social Services
Field Services Office Community Operations
Utah Department of Social Services
4115 W. 5295 South
Kearns, UT 84118

Bonita K. Lantz, Child Welfare Supervisor and Project Director
801/969-7201

**GOALS:** To reduce the incidence of placement and court referral of adolescent delinquents for whom other forms of home-based service have been unsuccessful.

**BACKGROUND:** The pilot program began in January 1982 and received federal support for FY 1983. Functional Family Therapy is a behavioral and systems model developed by James Alexander and Bruce Parsons. Pilot project and administrative staff in the Field Service Office adapted the model for children and families who have not benefited from less intensive intervention.

**PROGRAM DESCRIPTION:** The program coordinates with the juvenile court and referring agency in working with youth and their families. Tracker/advocates are in daily contact with youth, assisting them with their daily living needs and in school. Intensive family therapy is provided and includes all family members. Workers report to the court on the family's progress and develop linkages with community services. Short-term, time-out emergency foster care placements are used when needed. Tracker and family therapy intervention are provided by the project team, and services are coordinated with the Granite School District Youth in Custody Program. Referrals are made when the Juvenile Court Screening committee determines that the child is in need of out-of-home placement. The average duration of services is 6 months. Families receive 5-7 hours of service per week, 1-3 of which are in-home. Service intensity diminishes over time.

**CLIENT CHARACTERISTICS:** Families are predominantly Caucasian with some Hispanic, Native American, and Black families. Incomes range from low to middle. Family composition includes one- and two-parent households with a child between 12 and 18 years old. Problem areas include status offenses and minor delinquency.

**STAFF:** The project staff includes 1 half-time director; 1 full-time MSW therapist trained in the Functional Family Therapy Model who carries a caseload of 12; and 2 full-time tracker/advocates (paraprofessionals) with a caseload of 6 or less. The family therapist and tracker/advocates team together to share information and work with families. Training for the project staff was provided by Dr. James Alexander of the University of Utah, Director of Western States Family Institute. Team meetings and training take place weekly; other staff members and staff of community organizations have been given basic training in procedures and treatment matters. Training for state Field Service staff will be offered in 1984.

**EVALUATION:** No formal program evaluation is available at this time.

**FUNDING:** The FY 1983 budget is $94,294, 75% federal and 25% state.

## COMMUNITY BASED SERVICES VERMONT

Baird Center for Children and Families
1110 Pine St.
Burlington, VT 05401

Linda Clark, Treatment Team Coordinator
802/863-1326

**GOALS:** To develop or improve the ability of parents to care for children in their own homes by teaching parents child management methods and to assist in the resolution of problems affecting family interaction.

**BACKGROUND:** Community Based Services has been operating since September 1982. The program is modeled after the Home and Community Treatment Program, Mendota Mental Health Institute of Madison, Wisconsin.

**PROGRAM DESCRIPTION:** Community Based Services is designed to assist families in dealing with those patterns of community, individual and family living that are situational and stress-producing. Parents are taught effective and appropriate child management methods, through individualized treatment plans based on needs identified during the assessment process. Interventions may include teaching child management skills, family or individual therapy, training in social skills, behavioral programming and facilitating community involvement. A major area of emphasis is the child's successful performance in school. The intensive nature of this program distinguishes it from other services available in the community. Twenty-five to 30 families are served annually by the program at an estimated cost of $6,000 per family. Four and one-half to 5 hours of weekly service are provided to each family, approximately 3 of these in the home. Sixty percent of participating families are in the program for 1 year or less; 40% are involved for longer than 1 year.

**CLIENT CHARACTERISTICS:** Families served are those in which there is a child experiencing difficulty at home, in the school and/or community, and in which the parent(s) are interested in working with the team to develop and work through a treatment program. Families must live within one hour's travel time from the agency and have a child between the ages of 6 and 14 who is experiencing problems.

**STAFF:** Community Based Services is staffed by 2 Master's level social workers, 2 Master's level consulting teachers, and 1 family educator. Teams may consist of any combination of the above staff, depending on each family's particular needs. Team members receive on-going training sponsored by the agency.

**EVALUATION:** A program evaluation is being developed.

**FUNDING:** The program is funded through state educational monies, United Way, and private contributions. The annual budget of $175,000 represents 17% of the total agency budget.

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## FAMILY ADVOCACY PROGRAM

Community Based Services, Inc.
PO Box 1417-A-48
Alexandria, VA 22313

James Solomon, Program Director
703/385-4272

**GOALS:** To prevent out-of-home placement, improve interpersonal interaction, and help families learn how to manage resources.

**BACKGROUND:** Community Based Services, Inc. is a private social service agency which provides a residential program, training, consulting, and technical assistance services in addition to the Family Advocacy Program. This program began in July 1983.

**PROGRAM DESCRIPTION:** The program is based on the beliefs that families must be afforded every opportunity to stay together and that all parents want to be good parents. Individualized treatment plans are developed to meet each family's particular needs, and services are provided in the home environment. A family worker enters the family system as a primary support and a role model for all members. The worker observes the family and helps identify crucial problems that are contributing to the family's dysfunction. The family worker spends between 10 and 15 hours per week with each family and is available on a 24-hour, 7-day basis. The program also operates a Family Advocacy House that is used for crisis intervention, family/parenting workshops and social events. The program serves 36 families a year with an average service duration of 3-6 months. Families are contacted at 1, 3, 6, 9, and 12 months after discharge as follow-up.

**STAFF:** Staff members of the Family Advocacy Program include a program director, 3-4 family workers with caseloads of 4, a social worker, nurse, and educational psychologist. All staff participate in 3 hours of training per week in such subjects as family therapy, limit-setting, special populations, assessment, interpersonal relationship development, working with unmotivated families, advocacy, working with multi-problem families.

**EVALUATION:** There is no formal program evaluation available.

**FUNDING:** The Family Advocacy Program is funded through a purchase-of-services agreement with the Department of Social Services. Private clients are assessed a fee equal to the public payment rate. The 1983 program budget was $116,064.

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## FAMILY FOCUS: THE WINCHESTER-FREDERICK COUNTY REPLACEMENT PROJECT

VIRGINIA

Frederick County Social Services
117 W. Boscawen
Winchester, VA 22601

James Gillespie, Project Manager
703/662-8518

**GOALS:** To support families in meeting their responsibilities, preserving the integrity of the family unit and reducing the need and expense for foster care.

**BACKGROUND:** The Family Focus Project began in August 1983 as a pilot project sponsored by the Frederick County and Winchester City Departments of Social Services. The approach is based on short-term, intensive interaction. Family counseling utilizes a structural-strategic approach.

**PROGRAM DESCRIPTION:** This is an 18-month pilot project which offers pre-placement preventive services to families whose children are at high risk of foster care placement. Core services provided include intensive family counseling, educational family services (parent skills training, housekeeping, child development and discipline and budgeting) and networking of community resources. Services are generally limited to 3 months (which can be extended in specific cases) and staff are available to families 24 hours a day. Approximately 60 families will be served in 1 year. The family home is the setting for therapy, family education and service planning whenever possible. The project is enlisting volunteers to serve in the capacity of "parent aides."

**CLIENT CHARTACTERISTICS:** Families served by the project are those at imminent risk of having a child removed from the home. Approximately 10% of client families are Black, 90% Caucasian. Most families are poor or working class, and 50% are headed by a single parent. Poor housekeeping skills, ineffective or inappropriate discipline, and parent/child conflict are characteristic problems of families served. All families reside in Winchester City or Frederick County, Virginia.

**STAFF:** Family Focus is staffed by 1 project manager/family counselor with a caseload of 9 families, and a family services specialist, also with 9 families at a time. The 2 staff function as a team. The project has training funds available for staff to attend training offered throughout the state. Five to 10 volunteer parent aides, a newer addition to the program, will receive specialized training in such areas as child care and development, discipline, nutrition, budgeting, housekeeping, and active listening skills.

**EVALUATION:** The project has built in 2 mechanisms to measure its effectiveness: a questionnaire to obtain feedback from clients, and a Goal Attainment Scaling worksheet which asks for worker assessment of the family's needs. Families who complete their service contract will be tracked for a 2-year period. Estimated cost per family is $625.

**FUNDING:** FY 1983 program budget was $30,423, representing 2% of the agency's budget.

**ROANOKE CITY P.A.C.T. PROJECT** VIRGINIA

Lutheran Children's Home of the South
PO Box 151
Salem, VA 24153

Ron Herring, ACSW, Executive Director
703/389-8646

**GOALS:** To prevent foster care placements of children from families identified as "at risk."

**BACKGROUND:** The program was implemented in March 1983 with an 18-month demonstration grant from the Commonwealth of Virginia's Division of Social Services. The program is sponsored by a consortium of agencies which include the Roanoke City Department of Social Services (the grantee), Family Services of Roanoke and Lutheran Children's Home of the South.

**PROGRAM DESCRIPTION:** The program receives and screens referrals of families from the Roanoke City Department of Social Services' protective services unit. Core services provided are in-home family counseling and homemaker/parent training. Services are limited to 90 days, although extensions for special circumstances can be made. An average 15 hours of service per week are provided to each family, approximately 80% of which are in-home.

**CLIENT CHARACTERISTICS:** Families served are 70% Caucasian and 30% Black, and are generally low-income. The primary presenting problems involve child abuse and neglect. The geographic area served is Roanoke City.

**STAFF:** The program staff includes 1 full-time family counselor employed by Lutheran Children's Home of the South, 1 full-time parent/homemaker employed by Family Services of Roanoke, and 1 part-time crisis intervention worker employed by the Roanoke Department of Social Services. Services are provided by this team to 6-8 families at a time. Training has been made available through the consortium.

**EVALUATION:** Baseline data for program evaluation is being collected using instruments developed by the state. The program serves 30 families a year.

**FUNDING:** The FY 1983 budget is $37,500, and is state-funded.

## WYTHE COUNTY HOME BASED SERVICES PROGRAM VIRGINIA

Wythe County Department of Social Services
275 South 4th St.
Wytheville, VA 24382

Michael Hall, Director
703/228-5493

**GOALS:** To prevent foster care placements for children identified as "at risk."

**BACKGROUND:** The program began in October 1983 with an 18-month prevention services demonstration grant from the Commonwealth of Virginia's Division of Social Services. The program is modeled after a similar one begun in Roanoke, Virginia, the previous year, and is contracted for through Lutheran Children's Home of the South, which is part of the original Roanoke consortium.

**PROGRAM DESCRIPTION:** Families whose children are at risk of placement are referred by the Wythe County Department of Social Services agency and the Juvenile and Family Court system to the program's staff, which screens cases for inclusion in the program. The core services provided are in-home family counseling and parenting/home management. Families receive an average of 15 hours of service a week, 80% of which is in-home. Service is limited to 90 days per family, although extensions may be considered up to 120 days.

**CLIENT CHARACTERISTICS:** Families served by the program are 90% Caucasian, 10% Black and tend to be low-income. Family composition varies.

**STAFF:** The program is staffed by 1 full-time counselor and 1 full-time homemaker/parent aide, who work as a team with 6 to 8 families at a time. Both are employed by Lutheran Children's Home of the South in Roanoke but live in the Wytheville community. Family therapy and homemaker training are provided by the program.

**EVALUATION:** The program expects to serve 30 families over 12 months. Baseline data is being collected using evaluation instruments developed by the state for demonstration grantees. Interim evaluation results should be available in Fall 1984.

**FUNDING:** The 18-month grant from the state is $50,000.

## BENTON-FRANKLIN HOMEBUILDERS WASHINGTON

Lutheran Social Services
Plaza 1, Suite 700
320 N. Johnston St.
Kennewick, WA 99336

H. Thomas Anderson, Clinical Supervisor
509/735-6446

**GOALS:** To prevent placement of "youth-at-risk" in severely dysfunctional families through use of intensive in-home, structural family therapy.

**BACKGROUND:** The program was begun in March 1977 and was modeled after the the Homebuilders program of Pierce County, Washington. Over the ensuing 7 years, the program diverged somewhat from the original Homebuilders model, incorporating a greater emphasis on structural family therapy and intermixing in-home sessions with office sessions, which are observed through one-way mirrors and videotaped. The model was also adapted to the more rural environment of Kennewick, Washington.

**PROGRAM DESCRIPTION:** Six to 8 weeks of intensive, structural family therapy are provided, involving 5-10 hours a week of counseling to families with adolescents, beginning with multiple-impact intake. Three hours a week of the family therapy process occur in the office, where group supervision using the "live one-way mirror" technique is used. Referrals of adolescents and their families come through the state's Family Reconciliation Services intake staff at the local DSHS office. Follow-up contact is made by telephone at 2-week, 1-month, 3-month, 6-month, and 1-year intervals. Sixty-five families, out of 95 referrals, were seen in the last reporting year. Staff are available 24 hours; a paging system is used.

**CLIENT CHARACTERISTICS:** The client-family population is predominantly Caucasian, with some Black and Hispanic families, and covers the entire economic range represented in the community. Step-parent families with more than one child predominate. Primary problem areas include runaways, school truants, alcohol/drug abusers and lack of parenting skills. The geographic area served includes Benton and Franklin counties.

**STAFF:** The program staff includes 2 full-time, salaried staff persons plus 3 contract staff (2 FTE's), all with MSW's or equivalent. Caseloads average 6 families. Workers team to conduct multiple-impact intake; cases are then handled by individual staff. Intensive Family Therapists receive 2 hours a month of individual "live" supervision using videotape, 1-way mirror and clinical supervision, 80 hours of intensive structural therapy practicum (Philadelphia Child Guidance Clinic Curriculum), and 3 hours a week group supervision with the treatment team and clinical supervisor.

**EVALUATION:** A formal program evaluation is available. Evaluation of the past two years is being completed at this time.

**FUNDING:** The FY 1983 program budget is $110,000, 90% of which is derived from a purchase-of-services contract with the state. Ten percent of these funds are local. The program budget represents 40% of the total agency budget. The per family cost of services is approximately $1700.

**FAMILY RECONCILIATION SERVICES** **WASHINGTON**

Department of Social and Health Services
PO Box 5127, N31-1
Everett, WA 98206

Nancy Zahn, Casework Supervisor
206/259-8515

**GOALS:** To provide crisis intervention services to families in conflict and to runaway youth with the goal of reconciling families.

**BACKGROUND:** The program began in July 1978 and was modeled after 24-hour juvenile justice models.

**PROGRAM DESCRIPTION:** Immediate, 24-hour crisis intervention services are provided by teams of social workers to divert and avoid unnecessary placement of adolescents. Crisis counseling and temporary crisis placements are provided over a maximum 30-day period. Five to 6 hours per week of counseling are provided to each family in office. Services are seldom provided in-home. Approximately 720 clients are served in a year. Support services to families are coordinated as a function of the worker's case management activities.

**CLIENT CHARACTERISTICS:** All races and income groups are served; however, families are predominantly Caucasian and middle-income. Most families are single-parent or step-parent. The primary problem areas involve adolescent conflict issues.

**STAFF:** The program is staffed by 2 psychiatric social workers, 1 MSW social worker, 1 Master's level caseworker, 2 Bachelor's caseworkers, all with an average caseload of 15 families. Caseworker and psychiatric social workers team to work with families. Training is provided by the state office; however, the curriculum is that which is offered to all child welfare social workers.

**EVALUATION:** No formal evaluation has occurred.

**FUNDING:** The funding is equivalent to 6 full-time-equivalent salaries. Sources of funding are federal and state governments.

**HOMEBUILDERS** **WASHINGTON**

Behavioral Sciences Institute
1717 South 341st Place, Suite B
Federal Way, WA 98003

David Haapala and Jill Kinney, Co-Directors
206/927-1550

**GOALS:** To reduce the need for out-of-home placement in foster, group or institutional care.

**BACKGROUND:** The Homebuilders program began in 1974, founded by the Behavioral Sciences Institute, a non-profit agency which promotes and studies the development of community-based, psychoeducationally-oriented services. The theories of intervention used by the program include an integration of behavioral, Rogerian and cognitive approaches.

**PROGRAM DESCRIPTION:** Homebuilders is an intensive in-home crisis intervention and family education program. Only clients for whom all other community efforts have failed to prevent placement are eligible for service. Referrals may come from a variety of agencies and sources; referring personnel and potential client families must concur that out-of-home placement is likely without intensive intervention. Treatment plans are developed on an individual family basis and limited to 4-6 weeks. Homebuilders adheres to the philosophy that no family is hopeless. With professional assistance, the most troubled families can gain the skills necessary to live together. After termination of services, families are tracked at 3 months and 12 months. Between 1975 and 1981, Homebuilders served 1184 cases. Three months after termination, 92% had avoided placement. In 1982, 208 client children were served by the program at a cost of approximately $1800 per individual. Each family receives an average of 25 hours/week of service, 14 of them in the home.

**CLIENT CHARACTERISTICS:** Families in 3 Washington counties (King, Pierce and Spokane) are eligible for service. The client population is 83% Caucasian, 11% Black and 6% other minority families. Families represent a wide range of socioeconomic levels, and most families consist of 3-5 persons. Child abuse/neglect and family conflict are the most significant problems.

**STAFF:** Homebuilders employs 18 Master's level therapists, each with a caseload of approximately 2 families. Low caseloads facilitate truly intensive services to seriously troubled families. Staff receive both initial and advanced training in such areas as crisis intervention therapy, the strategies of the Homebuilders model, therapist preparation and stress management, structuring before, during, and between home visits, multi-problem family assessment, goal attainment scaling, communication and negotiation skills, assertiveness training, and topics of special interest. Supervisors participate in a different training program in areas relevant to supervisory tasks.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** Homebuilders is funded 100% by state funds, through purchase-of-service contracts with the state department of social services. The FY 1983 program budget of $750,000 comprises 85% of the total agency budget.

**PARENT AIDE PROGRAM - CENTRALIZED CHILDREN'S SERVICES** **WASHINGTON**

Department of Social and Health Services
2809 26th Avenue South
Seattle, WA 98144

Carol Haynes, Community Resource Coordinator/Parent Aide Program
206/721-4243

**GOALS:** To prevent child abuse and neglect by offering support and friendship to high risk, socially isolated parents.

**BACKGROUND:** The Seattle Parent Aide Program began in March 1980 and serves the greater Seattle area, north and west King County. The model is based on Ray Helfer's "lay therapist" concept and a number of programs which similarly identify the personal growth and development of the parent as the essential element in stopping child abuse and neglect.

**PROGRAM DESCRIPTION:** The Parent Aide Program uses volunteers to work with parents, offering warmth, friendship and support. The relationship which develops between the parent and worker helps break down the parent's social isolation, improving the parent's self-esteem and creating an increased ability on the parents' part to successfully care for their children. The parent/parent aide relationship often grows in stages, beginning with the parent aide performing a "re-parenting" function and developing into a more equitable relationship. Families are referred for service by a child protective service worker and must be active cases in that unit. Voluntary participation by the client is essential, and families exhibiting behavior which might endanger the volunteer are ineligible (violent behavior, substance abuse, mental illness). Service ranges from 1-2 years in duration, with participating families receiving 2-4 service hours per week.

**CLIENT CHARACTERISTICS:** Seventy-five percent of families are Caucasian; Black, Asian and Native American families comprise the remaining 25%. Families are primarily low income and headed by a single female parent.

**STAFF:** The program coordinator, volunteer parent aides, and child protective social worker coordinate their efforts, though they do not foramlly function as teams. Volunteers receive training in such topics as child abuse and neglect, sexual abuse, communication skills, human development, helping relationships, and locating community resources. Volunteers are men and women over age 21 who have enjoyed a parenting or child care experience and are familiar with normal child development. They commit 4-6 hours per week for a minimum of one year to the program.

**EVALUATION:** The program does not have a formal evaluation.

**FUNDING:** There is no separate budget for the Parent Aide Program. Costs are minimal since workers are volunteers. The Department of Social and Health Services reimburses parent aides for their travel expenses.

Skagit Preschool Association for the
Rehabilitation of Children (SPARC)
PO Box 131
Burlington, WA 98233

Joan Martin, Executive Director
206/755-9611

**GOALS:** To provide parents and other family members of disabled young children with educational, support and referral services, and to help them feel that they are in control of their circumstances.

**BACKGROUND:** The Parent Program component of SPARC was begun in 1976. SPARC was begun in 1964 by parents of severely disabled children who were unsuccessful in locating day care and stimulation programs.

**PROGRAM DESCRIPTION:** SPARC's Parent Program attempts to involve parents in each aspect of the SPARC program, which includes education, physical and occupational therapy, speech therapy, an infants and toddlers stimulation program and social and recreational activities. Parents are invited to attend classes dealing with various areas of child development and disabilities. Families participate in an average 4 hours of service a week, 1 of which is in-home. The average duration of services is 2 years.

**CLIENT CHARACTERISTICS:** Families are Caucasian, Hispanic, and Native American, and represent all socioeconomic levels and family composition characteristics. All families who are eligible for services through SPARC are eligible for the Parent Program. SPARC serves Skagit and Island Counties.

**STAFF:** The Parent Program is staffed by 2 full-time workers and 1 part-time worker with caseloads of 25, 25, and 5 respectively. Training is made available to staff outside the agency or on an as-needed basis.

**EVALUATION:** The program is in the process of developing formal evaluation procedures. No program evaluation is currently available.

**FUNDING:** The FY 1983 budget is $35,000, representing 13% of the total agency budget. Funding is 70% federal, 20% state and 10% local. The program has a small purchase contract with the state. Client families are not assessed fees for service.

**ADOLESCENT CRISIS TEAM** WISCONSIN

Milwaukee County Department of Social Services
1220 W. Vliet St.
Milwaukee, WI 53205

Mary Goldberg, Unit Supervisor
414/289-6929

**GOALS:** To prevent out-of-home placement by strengthening family relationships through intensive counseling and use of community resources.

**BACKGROUND:** The Adolescent Crisis Team (ACT) uses a crisis intervention approach to handling adolescent/family conflicts.

**PROGRAM DESCRIPTION:** Services are provided to prevent the placement of adolescents out of the home. Eligible families are those in which either parents or child want to separate with the child being placed out of the home. Both parties must be open to counseling in order to resolve the interpersonal relationships. The program expects to serve 672 families, with an average duration of 3 months per family. An average of 3 hours of service per week, 2 of these in the family's home, will be provided.

**CLIENT CHARACTERISTICS:** The client population is 50% minority and 50% recipients of public assistance. The characteristic family structure is single parent, with between 3 and 5 children present. Family relationships, school attendance, and substance abuse are the primary problems experienced. All families are Milwaukee County residents.

**STAFF:** ACT is staffed by 6 caseworkers and 6 social workers, with an average caseload of 12 families per worker. Teams consisting of a social worker and a caseworker provide service.

**EVALUATION:** Formal evaluation procedures are being developed.

**FUNDING:** County funds are used to finance the 1983 program budget of $644,954, representing 3.5% of the total agency budget.

Ashland County Department of Health and Social Services
Courthouse, Room 101
Ashland, WI 54806

Patricia Chase, Social Work Supervisor
715/682-2761

**GOALS:** To prevent out-of-home placement of children from dysfunctional families or with exceptional needs.

**BACKGROUND:** This is a new program which has been encouraged by the state of Wisconsin and which is adapted from the University of Iowa model. The program emphasizes crisis intervention and prevention through a multi-disciplinary assessment approach.

**PROGRAM DESCRIPTION:** Family Directed Services relies on consumer participation in planning help with respite care, daily living skills, day care, supportive home care, transportation, and other service needs. Department of Social Service staff may be paired to fit the needs of individual families, and paraprofessionals with good parenting and homemaker skills are used to provide consumer-directed services to network natural family and community support systems. Consumer participation is a key ingredient to all services. Psychological, psychiatric, and medical consultation is available. Referrals are taken from any source. No fees are assessed and no family is denied casework services, though the program is designed for families with incomes under 70% of the state median. Duration of treatment is determined by need; reassessment of services occurs every 3 months. Services are primarily provided in-home. Over the pilot project's duration, 20 families will be served.

**CLIENT CHARACTERISTICS:** Client families are 40% Native American, 60% Caucasian. Problem areas include abuse, neglect, family violence, poor parenting skills, children with exceptional needs, and substance abuse.

**STAFF:** All staff are drawn from the parent agency and include 1 agency intake worker, 1 head social worker and 1 social work supervisor. The current staff of 5 will reorganize to work in pairs when appropriate, with 1 worker designated as manager. Homemakers and volunteers may be used as necessary. The average caseload for agency social workers is 20.

**EVALUATION:** The program is being evaluated by the State.

**FUNDING:** FY 1983 budget is $44,000 drawn from Title IVB funds awarded competitively by the State. This represents approximately 10% of agency budget.

## FAMILY SUPPORT PROJECT WISCONSIN

Red Cliff Band of Lake Superior Chippewas
PO Box 529
Bayfield, WI 54814

Patricia R. DePerry, Project Coordinator
715/779-5805

**GOALS:** To build strong, healthy, family lifestyles through parent training classes; to increase knowledge of the causes of behaviors and attitudes of families; and to increase communication skills and prevent family break-up.

**BACKGROUND:** The pilot program was begun in November 1982, and is designed to develop and use the skills of volunteers to help themselves and tribal families in need.

**PROGRAM DESCRIPTION:** Sixteen weeks of highly structured training in family dynamics and parenting skills using an adaptation of the University of Pennsylvania's Communication and Parenting Skills (CAPS) curriculum are provided to volunteers who are then available to talk with troubled parents. Active listening and communication skills are taught. The in-home approach is currently being tested with those participants who are uncomfortable in groups and appears to be working well. This self-help, volunteer program averages 4 hours a week of training for participants.

**CLIENT CHARACTERISTICS:** Families are principally Native American and are living in poverty. The average family includes 6 members. Primary problem areas include lack of communication skills, low self-esteem, alcohol abuse, lack of problem-solving skills and lack of meaningful employment. Years of forced dependency on federal/state hand-outs make positive change difficult, according to the agency spokesperson. Services are available to the Native American population on and around the Red Cliff Indian Reservation; however, the program is available to non-Native Americans.

**STAFF:** The program employs 1 instructor/coordinator.

**EVALUATION:** The Family Support Project serves 40-50 client families a year. A formal program evaluation exists.

**FUNDING:** The FY 1983 program budget is $20,800, representing 72% of the total agency budget. Funding is 100% locally derived.

## HIGH RISK MOTHER INFANT PROGRAM

Milwaukee County Department of Social Services
1220 W. Vliet St.
Milwaukee, WI 53205

Mary Ellen Luxem, Unit Supervisor
414/289-6327

**GOALS:** To prevent potential child abuse and neglect by early intervention with identified high-risk mothers.

**BACKGROUND:** This program was initiated in December 1983 as 1 of 14 prevention programs sponsored by the Wisconsin Division of Community Services.

**PROGRAM DESCRIPTION:** Intensive in-home services focus on assisting "high risk" mothers with income, health, nutrition, child care and other related family problems prompted by the birth of a child, in order to help prevent abuse and/or neglect of the infant or its siblings. At-risk mothers are those experiencing drug/alcohol problems, poverty, and lack of parenting skills. The program is appropriate for mothers in their 6th month of pregnancy through the end of the infant's first year. Families must reside within Milwaukee County to be eligible for service.

**CLIENT CHARACTERISTICS:** The client population is two-thirds minority and low income (under $10,000 per year). One-sixth of the families served are intact.

**STAFF:** Two caseworkers with an average caseload of 12 staff the High Risk Mother Infant Program. The budget includes funds for supplemental training for these caseworkers, outside of the agency.

**EVALUATION:** Project evaluation will be accomplished through an annual allocation of $1,200. Graduate students will assist in data collection.

**FUNDING:** The program budget of $100,000 is funded 100% with state funds.

## HOME AND COMMUNITY SERVICES

WISCONSIN

Lutheran Social Services of Wisconsin and Upper Michigan
2001 West Broadway
Madison, WI 53713

John Borquist, Program Director/Family Therapist
608/221-8786

**GOALS:** To reduce unnecessary placements of troubled adolescents in substitute care through the provision of comprehensive in-home services in coordination with community services.

**BACKGROUND:** The Home and Community Services program (HCS) began in 1975 in cooperation with the Dane County Department of Social Services. It has since expanded, and currently serves 14 counties. Home and Community Services uses a total milieu treatment approach involving the whole family in resolving problems of the troubled adolescent. This is the first program of its kind which focuses on adolescents in Wisconsin.

**PROGRAM DESCRIPTION:** Home and Community Services is a program for adolescents aged 10-16 with severe problems in adjusting to their families, schools, and communities who need intensive comprehensive services. The program provides services to the adolescent and family in their natural surroundings and strives to prevent the removal of these adolescents from their families to foster or group homes, treatment centers, or correctional facilities. If placement is necessary, however, HCS also functions as an aftercare program, helping to reunify the adolescent with his/her family. Services are provided by teams of professionally trained and experienced family workers, youth specialists and education specialists. In-home assessment, individual, family and group therapy, and liaison work with social agencies, schools and courts are among the team's functions. Referrals are initiated by county departments of social services. Eligible families are those in which there is a high risk of imminent out-of-home placement of an adolescent. The average duration of services is 6-9 months, at a cost of approximately $3000 per famiy. Payment is made by the county or through clients' private insurance companies. Approximately 300 families throughout Wisconsin are served each year.

**CLIENT CHARACTERISTICS:** Clients served are primarily Caucasian, with some Black, Native American, and Asian families. Although all socioeconomic levels are represented, clientele are primarily lower- to lower-middle income. Major problem areas are: interpersonal conflicts, substance abuse, educational difficulties, law violations and mental health problems. Both rural and urban counties throughout Wisconsin are served by HCS.

**STAFF:** Approximately 35 staff, statewide, work for the HCS program. On the average, 3 staff (family therapist, youth specialist and educational specialist) are responsible for 12 families. All staff participate in training sessions several times annually, with specific training needs determined on an individual basis.

**EVALUATION:** There is a formal program evaluation.

**FUNDING:** HCS is funded with 20% state and 80% county monies. The 1983 program budget of $400,000 represents 20% of the total agency budget.

Mendota Mental Health Institute
301 Troy Drive
Madison, WI 53704

Mary Ann Fahl, Unit Chief
608/244-2411

**GOALS:** To prevent emotional disturbance in children under 10 years of age and to treat and remedy identified emotional disturbance in children 3-10 years of age within the context of the problem-causing environment.

**BACKGROUND:** The Home and Community Treatment (HCT) program was developed in 1969 as an innovative alternative to residential treatment for seriously disturbed children. HCT works with children and families in the home and school settings in order to render treatment more effectively. The model is based on social learning theory.

**PROGRAM DESCRIPTION:** HCT serves families with children between the ages of 3 and 10 who have been diagnosed as having emotional or behavioral problems. Referrals, channeled through the community mental health board of Dane County, are made by private practitioners, clinics, school systems or social agencies. To qualify for admission, all household members must agree to participate and must reside within Dane County.

**CLIENT CHARACTERISTICS:** Approximately half of the clients consist of children with physical or neurological problems who come from intact families; the other half are more disturbed families with poor coping skills for whom other treatment efforts have failed.

**STAFF:** The program is staffed by 4 professionals: 1 social worker, 1 occupational therapist, one Registered Nurse and 1 behavior specialist. Treatment is provided in teams of two.

**EVALUATION:** According to an evaluation in May 1983, the average cost of service per family is $10,000. An in-depth evaluation entitled Facilitating Family Change: A Look at Four Agencies Working Intensively with Families, by Patricia W. Cautley and Mary Beth Plane, is available from the Wisconsin Department of Health and Social Services, Division of Community Services.

**FUNDING:** The program is primarily funded with state monies, with contributions from private insurance and client fees. The FY 1983 budget is estimated to be $150,000, 1.3% of the total agency budget.

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Milwaukee County Department of Social Services
1220 W. Vliet St.
Milwaukee, WI 53205

Robert Van Susteren, Unit Supervisor
414/289-6423

**GOALS:** To prevent placement in institutions or foster care.

**BACKGROUND:** Home and Community Treatment is modeled after the Mendota Mental Health Institute's program of the the same name. Behavior management techniques for children 12 years of age and younger are the focus of service.

**PROGRAM DESCRIPTION:** Parents experiencing behavioral problems in one or more children are instructed in effective behavioral management techniques, primarily through in-home contacts. Voluntary participation is essential, with documented (verbal or written) child management problems which are likely to result in the removal of the identified problem child(ren) from the home. There are no financial limits on service eligibility, and clients are not assessed fees for service. A 6-month limitation is generally placed on service, unless there is a demonstrated need for an extension. Each year approximately 374 families are served. The average duration of services is 6 months, with 4 hours per week (3 of these in-home) for each family.

**CLIENT CHARACTERISTICS:** Clients are predominantly Caucasian, and all income levels are represented. Most families served are single parent, with 2 or 3 children at home. The primary problem is unmanageable behavior in one or several children. Families must be residents of Milwaukee County to qualify for the program.

**STAFF:** The Home and Community Treatment Program is staffed by 3 Master's level social workers. The average case load is 12 families per worker. Workers provide service in teams of 2.

**EVALUATION:** A formal evaluation process is being developed.

**FUNDING:** Local funds finance the program's 1983 budget of $578,743.

Family and Children's Center
2507 Weston St.
La Crosse, WI 54601

John Burgess, Director
608/788-6333

**GOALS:** To prevent or shorten out-of-home placement, facilitate reunification, and provide treatment for foster children.

**BACKGROUND:** Home Based Services employs a systems perspective and is a specialized unit within the Family and Children's Center.

**PROGRAM DESCRIPTION:** Home Based services uses team treatment to provide family therapy, a behavior management program, parent training, and coordination of community resources, including schools, clinics, mental health programs and churches. Services also include a variety of support groups and psychological and psychiatric consultation. The program serves 43 families per year. Treatment time is limited, with length determined after 30-day assessment and averaging 4-9 months. Estimated cost is $5,000-$6,000 per family. The referring agency contracts for services and may require the family to pay for a portion of the costs.

**CLIENT CHARACTERISTICS:** All families live within 2 hours of La Crosse. Clients are mostly Caucasian and low income. Family issues include alcoholism, divorce, and incest, with a child in imminent danger of more restrictive placement.

**STAFF:** A half-time director, 2 family therapists (MSW's), and 5 homebased workers (BSW's) work in teams of 2. Home-based workers carry 5 cases each and therapists 12.5 families each. Training is limited, but specific to family case needs.

**EVALUATION:** Repeated assessments are made by the agency (2 per month), by the referring agency and by the families themselves. Data for last year indicated a 75% success rate in preventing placement.

**FUNDING:** The program budget was $152,000 for FY 1983, 100% from local sources, representing 12.5% of the total agency budget.

**IN HOME PARENTING PROGRAM** **WISCONSIN**

Fond du Lac County Department of Social Services
63 Western Avenue
Fond du Lac, WI 54935

Mary Jane Leu, Coordinator
414/929-3449

**GOALS:** To teach and/or improve parenting skills and to assist families to remain intact; to reduce alternative care placements and the length of placement.

**BACKGROUND:** Following the reorganization of the county's Department of Social Services from specialized units to a generalized family service system, it was found that a family training program was needed to provide in-home intensive services to families experiencing acute crises. Fond du Lac is a rural community.

**PROGRAM DESCRIPTION:** Individualized diagnosis of family dysfunctioning is made and contracts are developed to achieve specific, mutually agreed upon goals. Positive behavior management skills are taught to parents and family members using approaches tailored to each family's needs. Referrals to IHPP are made by the access (intake) unit worker. The average number of service hours per week for a family is 4, 3 of which are in-home. The duration of services is from 6-12 months.

**CLIENT CHARACTERISTICS:** Families served include a teenager (12-18 years) who is a status offender or alleged or adjudicated delinquent. Most families are considered "multi-problem," are largely Caucasian and span all socio-economic classes. Beginning in March 1984, the program will extend services to families with a developmentally disabled child and protective services families.

**STAFF:** The In-Home Parenting Program includes 2 in-home counselors (20 hours a week) and 1 program coordinator. The average caseload is 4 families. In March 1984, 4 family trainers and a trainer/coordinator will be added. Staff are hired under service agreements with, and are supervised by, the county agency.

**EVALUATION:** The program is monitoring client change over time and proposes to conduct formalized follow-up after families have left the program. The program has not been in operation long enough for a formal evaluation.

**FUNDING:** The FY 1983 program budget is $9,091, 100% of which is from state and county sources.

## INTENSIVE HOME INTERVENTION PROGRAM WISCONSIN

Northern Pines Unified Services Center
1065 W. 7th Avenue
Cumberland, WI 54829

Ron Beckman, Associate Director
718/822-4747

**GOALS:** To improve family functioning and reduce or eliminate delinquent behavior and to reduce the institutional placement of adolescents.

**BACKGROUND:** This program is a joint effort by the Burnett County Department of Social Services and Northern Pines Unified Services Center (a guidance clinic) and was begun in October 1980 to counter the lack of success noted in more traditional models that are supposed to help adolescents and their families. Also, because the area served is rural, distance was a barrier to family and community involvement, while for residential treatment, distance wasn't a factor. The program sought to eliminate this barrier by providing services in-home. In 1980 the program won an award from the National Association of Counties for its work.

**PROGRAM DESCRIPTION:** A family specialist, hired by the program, works out of the Guidance Clinic and lives in Burnett, Wisconsin, population 11,000. In-home family therapy is provided to families whose children have been adjudicated delinquent by the county Juvenile Court and who have been screened for referral by the Department of Social Services. Referral families become clients of the Guidance Clinic. The average duration of services is 6 months. Families receive an average of 3 hours of service a week, half of which is provided in-home. Services are not time-limited and staff is available 24 hours.

**CLIENT CHARACTERISTICS:** Families involved in the program are Caucasian, two-parent, poor, and have an adolescent who is involved with the court. Community and family adjustment, evidenced by delinquecy, are the primary problems encountered by the program therapist.

**STAFF:** The program staff includes a Master's level family therapy specialist who works with 6-7 families at a time. Psychiatric and psychological consultation services are available, and consultants sometimes team with the family specialist.

**EVALUATION:** The success of the program and achievement of its goals have been measured in two ways: 1) the global assessment scale by Rothman, Sarrells and Heldman is used to measure overall change in adolescent functioning, and 2) incidence of placement or replacement is used as an indicator of program success. A formal program evaluation is available.

**FUNDING:** The FY 1983 program budget is $30,000, 90% of which is state-provided and 10% local.

## INTENSIVE IN-HOME PROGRAM WISCONSIN

Family Service Association of Brown County, Inc.
1546 Dousman St.
Green Bay, WI 5[illegible]

Jim Goetz, Program Supervisor
414/437-7071

**GOALS:** To provide an alternative to out-of-home placement of children with severe emotional and behavioral problems.

**BACKGROUND:** This program, initiated in March 1982, is funded by the Brown County Department of Social Services. Since its inception, the program has expanded to serve more families.

**PROGRAM DESCRIPTION:** The program provides intensive therapy to a selected and limited number of families in danger of having a child taken from their home. The Social Service Department determines and selects families for referral to program staff for assessment and treatment contract formulation. In-home services often represent the last hope for families who have exhausted traditional treatment. Eligible clients must live in Brown County and be referred by the Department. Participating families are not assessed fees for service. Client progress is measured using a goal attainment scaling method. After case closure, periodic telephone contact is maintained. The average length of service is 12 months, with 4-5 hours per week provided in-home. The average cost to the agency per family is $5900, with 21 families served per year. The agency estimates that over $275,000 in out-of-home placement costs were saved in the first 12 months of operation.

**CLIENT CHARACTERISTICS:** Families served are predominantly Caucasian, with a small Native American population. Families vary in socioeconomic status; approximately 30% have low incomes. Approximately 30-40% of the client families are headed by a single parent. Primary problem areas are discipline, communication, parental control, pre-delinquent activities, and psychological/psychiatric problems.

**STAFF:** Team-oriented service is provided by the staff of 1 part-time supervisor, 1 part-time family life educator, and 3 full-time therapists. Each therapist serves 6 families at a time. All staff members have MSW degrees and experience in family therapy. The agency sponsors a staff development program of in-service training and selected workshops in such areas as dealing with resistance, family therapy, substance abuse, brief therapy, and marital therapy.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The FY 1983 program budget of $107,000 represents 8% of the total agency budget. Funding is 100% local, through a purchase-of-service contract with the county department of social services.

Brown County Department of Social Services
300 South Adams St.
Green Bay, WI 54301

William R. Miller, Director
414/437-4700

**GOALS:** To reduce the need for alternate care through maintaining the family structure.

**BACKGROUND:** The Intensive In-Home Treatment program began in March 1982.

**PROGRAM DESCRIPTION:** Intensive In-Home Treatment uses a team approach to treatment which incorporates counseling, advocacy, group work, community organization and family life education into an integrated service plan designed to meet the unique needs of each family. Eligible clients are families who live within Brown County and meet the following criteria: they have utilized all other appropriate and less-intensive community resources; they are on the verge of break-up; and they participate in the program willingly. There is no fee for service. Follow-up is accomplished by phone contact shortly after termination and by written contact within 1 year following termination. Service duration varies from 6 months-1 year per family and serves 24 families each year at an approximate cost of $4000-$5000 each. Two-thirds of service hours are provided in the family home.

**CLIENT POPULATION:** The client population is predominantly Caucasian (95%) with some Native Americans (5%). Families are primarily low income and headed by a single parent. Treatment issues include parent/child and parent/teenager relationships and teenage anti-social behavior.

**STAFF:** The program is staffed by 1 half-time supervisor, 3.5 counselor/therapists (with an average caseload of 6 families per worker), and 1 part-time family life educator.

**EVALUATION:** A formal program evaluation is available.

**FUNDING:** The program budget of $228,703 represents 3.4% of the total agency budget and a combination of federal and state funds.

**MULTIPLE MODE PROGRAM** **WISCONSIN**

Milwaukee County Department of Social Services
1220 W. Vliet St.
Milwaukee, WI 53205

Gene Seidel, Unit Supervisor
414/289-6320

**GOALS:** To prevent out-of-home placement and to strengthen family relationships by providing intensive counseling and utilization of appropriate community resources.

**BACKGROUND:** The Multiple Mode Program (MMP) has been operating since August 1981. It is a specialized project in the Milwaukee County Department of Social Services, and is based on crisis intervention theory.

**PROGRAM DESCRIPTION:** Families experiencing severe adolescent/parent conflict to the extent that there is potential for out-of-home placement are provided intensive counseling and supportive services to avoid placement and restore family functioning. MMP serves 711 families each year. Service duration averages 6 months, and each family receives 3 hours of service a week, 2 of these in-home.

**CLIENT CHARACTERISTICS:** Fifty percent of families are minorities headed by single parents or in blended families. Family relationships, substance abuse, and truancy are characteristic problems. To be eligible for service, families must reside in Milwaukee County and be experiencing severe conflict.

**STAFF:** The program is staffed by 6 social workers and 6 caseworkers who function in teams of 2. Each worker handles 14 cases, and each team has responsibility for 24 families.

**EVALUATION:** A formal program evaluation exists.

**FUNDING:** The 1983 program budget is $644,934, representing 3.5% of the agency's total budget.

## FAMILY SUPPORT PROJECT WYOMING

Natrona County Department of
Public Assistance and Social Services
475 South Spruce
Casper, WY 82601

Judith Owens, Family Resource Services Supervisor
307/261-2100

**GOALS:** To prevent placement or re-placement of adolescents, to teach coping skills and new behaviors which will help members achieve family stability.

**BACKGROUND:** The Family Support Project was conceptualized by Natrona Department of Public Assistance and Social Services in Spring 1983 in response to rising rates of adolescent child abuse/neglect complaints, to increasing requests by other agencies to assess adolescents for residential placements, and to the recognition that placement could have been avoided in many cases if families had been helped earlier. The Family Support Project is an extension of the Natrona County In-Home Services Program.

**PROGRAM DESCRIPTION:** Brief, short-term family therapy is the primary intervention used. Crisis intervention and family assessment is provided by the agency's social worker and trained paraprofessional aides (family workers). Counseling and respite care services are purchased in the community. The trained family worker assists the family to integrate what they learn in counseling to every-day living and to use the community's resources effectively. Families receive an average of 4-5 hours service a week, 75% of which is provided in-home. Service duration is limited to one year. Six-month follow-up occurs following completion of counseling. Department of Public Assistance and Social Services has developed Family Dynamics Questionnaires for parents and children, a family assessment form and a social history form that collects information on extended family members as well as the nuclear family. Approximately 26 families are served in a year.

**CLIENT CHARACTERISTICS:** The client population reflects the demographic characteristics of Casper, Wyoming. Families are Caucasian, middle-income, intact or blended families and have an adolescent in pre-delinquent crisis.

**STAFF:** The project staff includes of 1 social worker and 4 paraprofessional aides/family workers. Initial training of a day and a half includes family dynamics with adolescent children, child management, adolescent abuse and neglect.

**EVALUATION:** Baseline data is being collected; a formal program evaluation is in progress.

**FUNDING:** The project is supported by federal Jobs Bill funds and costs approximately $2,000 per family. A portion of the counseling costs are supported by fees assessed to families, based on their ability to pay.

## IN-HOME SERVICES PROJECT

WYOMING

Natrona County Department of
Public Assistance and Social Services
475 South Spruce
Casper, WY 82601

Judith Owens, Family Resource Services Supervisor
307/261-2100

**GOALS:** To reduce use of and time spent in foster care, to implement an alternative case management model in long-term cases, and to demonstrate program cost effectiveness.

**BACKGROUND:** The program, based on the home based services concept, was begun in November 1980.

**PROGRAM DESCRIPTION:** Families who have abused/neglected their children or are at risk of doing so may be referred to the In-Home Services Project by the investigator. Following a 2-4 week assessment period, during which several in-depth interviews are conducted, a planning staffing occurs. The purpose of the staffing is to develop agreement on the goals and objectives for in-home involvement with the family. Goal attainment scaling is used. Family workers under a social worker's supervision and using a case plan then help parents with home management, parenting and problem-solving skills development and with self-advocacy and transportation needs. A formal review process has been developed to monitor progress. When the family has achieved their primary objectives, contact is phased-down to random contacts. The Department of Public Assistance and Social Services has developed a set of instruments for use by workers in the program. The average duration of services is 9 months; services to each family average 5 hours a week, all of which are in-home.

**CLIENT CHARACTERISTICS:** The program's service population is 98% Caucasian, 2% minority, low income, with children in the home. Primary problem areas include parenting, under-employment, unemployment and emotional problems. Approximately 50 families a year are served in the program.

**STAFF:** The program staff includes a half-time supervisor, a full-time social worker and 9 paraprofessional aides/family workers. Family workers are teamed with the social worker and other community service workers such as public health nurses. The program has an 8-day (2-1/2 hours/day) training program for the in-home service team in addition to twice monthly presentations on specific topics of value to team members.

**EVALUATION:** No formal program evaluation is available.

**FUNDING:** The program has a $50,000 per annum budget which derives from the state's Social Services Block Grant. The average monthly cost per family is $179.00.

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